AIM Services

- Center for Independent Living
  - Peer Counseling
  - Employment Services
  - Advocacy
  - Independent Living Skills
  - Youth Transition Services
  - Home Modifications
- Service Coordination
- Nursing Home Transition
- Children & Youth Services
- Agency with Choice
- Financial Management
- Vendor Payment Services

Abilities in Motion AIM

Who is AIM?

Abilities in Motion has been helping individuals with disabilities achieve their life's goals for almost 30 years. AIM provides the supports and advocacy that empowers people with disabilities to live independently and self-direct their own services. Abilities in Motion continually strives to broaden services, widen reach, improve quality, and increase awareness.

Abilities in Motion AIM

Abilities in Motion is a nonprofit, nonsectarian leader in the community on the issues of consumer choice and control. AIM empowers people with disabilities to enjoy self-directed, personally meaningful lives through consumer-controlled services and advocacy.

AIM is one of 18 Centers for Independent Living located throughout the state AIM's staff serves over 2,600 people with disabilities in 30 counties throughout PA.

Corporate Headquarters

210 North Fifth Street
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www.abilitiesinmotion.org

A Center for Independent Living

Abilities in Motion AIM

Abilities in Motion Pre-Employment Transition Services



What is Pre-Employment Transition Services?

Pre-Employment Transition Services (Pre-ETS) is the process of preparing students for life after they leave high school. Post-high school challenges can include further education, business school, job training, employment and community living.

Pre-ETS cannot start too early but often begins around age 14 as students begin career awareness and exploration activities, and start to explore what they want their post-school outcomes to be. Pre-ETS continues through high school to support the desired outcomes.

Transition is the bridge between school programs and the opportunities of adult life. Pre-ETS works to recognize an individual's strengths, interests, preferences, and needs and then identifies what services are necessary to reach their goals.

Abilities in Motion is a provider for pre-employment transition services through the Office of Vocational Rehabilitation. We provide modules in the independent living skills, work readiness skills, and self advocacy skills to youth who are customers of OVR or potentially eligible customers ages 14 to 21 years old.

Abilities in Motion AIM

Pre-ETS Activities

Independent Living Modules

- Fire Safety
- Transportation
- Credit Cards
- Bank Accounts
- Problem Solving
- Eating Healthy
- Finding Apartments
- Grocery Shopping
- Money Management
- Paying Bills
- Making Appointments
- Time Management
- Small Group Mass Transit Training

Job Exploration Modules

- Career Interest Inventory
- Understanding Careers
- Job Searching I (O*Net)
- Job Task Analysis
- Understanding the Labor Market
- Job Searching II

All Services funded by the PA Office of Vocational Rehabilitation.

Self-Advocacy Modules

- Know Your Rights
- Goal Setting
- Healthcare in Transition
- Support Systems
- Person-First Language
- Problem Solving
- Personality Types
- Future Planning
- Communication with Professionals
- Self Confidence
- Resources
- Accommodations and IEPs

Work-Readiness Modules

- Creating a Resume
- Social Media
- Texts and Emails
- Networking
- Job Searching
- Mock Interviews
- Body Language
- Clear Communication
- Teamwork
- Problem Solving
- Time Management
- Stress Management
- Small Group Mass Transit Training

How do I join?

All youth must complete an intake process by calling the Youth Transition Department at Abilities in Motion. Contact Jaclyn Nagle at 610-376-0010 x 104 or by email at jnagle@abilitiesinmotion.org.



Participating Counties

AIM offers Pre-Employment Transition Services o school districts in the following counties:

- Berks
- Chester
- Lancaster
- Montgomery
- Schuylkill
- York

In addition to the school districts in which we serve, Abilities in Motion also runs modules through our Teens Taking Flight groups.