



Concussion Protocol

Concussion is a type of traumatic brain injury. Care of concussed students is of utmost importance here at Scranton Prep. Student health and academic success go hand in hand, and we work to help with recovery of their injury and return to normal academic processes. Communication between home and school are essential for the students' success. Please reach out to us at any time you have a concern.

With that in mind, the following procedure is in place for students who are suspect of having a concussion. This will include those injured in sporting events, within athletics at Scranton Prep, or by other mode of injury, outside of school.

1. Events where a blow or hit to the head or fall, striking ones' head are to be reported to the athletic training staff, if associated with Prep sports, or to the nurse, during the school day, should the injury occur otherwise.
2. Evaluation and triage of the injury, and notification of parent takes place. Summon 911 as condition requires.
3. Students and parents are reminded:
 - a. Students on Prep athletics teams who sustain concussions/head injuries will be under the care of the Athletic Training Staff.
Prep sports related injuries must be reported to the athletic trainer. At that time instructions will be given for care and follow up as needed per their standard.
 - b. Students who sustain concussions/head injuries that occur outside of school, during activities other than Prep sports should report such injury to the nurse or Academic Dean, in order to follow our return to learn protocol. School protocol paperwork is given to student, to pass along to their physician as indicated.
4. The Athletic Trainer will document the sports related injury in a report to the Academic Dean and/or nurse, that an injury has occurred and follow up is required.

If student is diagnosed with concussion:

- a. Return to school paperwork is completed via the athletic trainer and/or students' healthcare provider.
- b. Recommendations/restrictions are noted in that document.
- c. Student returns the paperwork to the nurse and/or Academic Dean, so that accommodations can be made if necessary. Athletic training staff keeps lines of communication open with their process of care. Implementing changes in a timely manner has proven to improve success in recovery and return to normal processes.
- d. Delay in implementation may slow the individual's recovery, making return to regular academic work, more challenging, which sometimes can be stressful to the student.
- e. Support from the nurse for medical needs, which would include rest breaks or medicine as prescribed.
- f. Support from the Academic Dean and faculty for allowance of any accommodations the individual may need as they recover. Again, communication between the Dean and the student are of great importance. The Academic Dean communicates with faculty, and shares restrictions, etc.
- g. As symptoms improve, changes, as per written documentation from the healthcare provider will be implemented. Communication will be shared regarding return to play, via the athletic department.
- h. Full return to play should/will not occur until return to learn (academics) is reached.
- i. Follow up with written documentation from healthcare provider is required, with clearance to return to activity and academics, as appropriate.