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## WHEN TO KEEP CHILDREN HOME DUE TO ILLNESS

It can be hard to know when to send children to school if they tell you that they do not feel well. Usually, the best place for them is in school, but there are times when keeping them home to rest or calling for an appointment with your doctor or health care provider is recommended.

### Please keep your child home and/or contact your doctor or health care provider for

- Fever greater than 100.4°F.
- Vomiting or diarrhea within the last 24 hours.
- Severe sore throat along with fever.
- Honey-crusted sores around the nose or mouth.
- New onset of large amounts of mucous (liquid) coming out from the nose.
- Severe ear pain or fluid coming from the ear.
- Eye redness with pus.

Please keep children home for 24 hours after the fever ends or they have completed 24 hours of medication if prescribed by your health care provider.

If your child has a fever, it is not a good idea to give them medicine like Tylenol or Advil and send them to school because, as soon as the medicine wears off, the fever may return, and you will be called to come and pick up your child.

If your child frequently asks to stay home from school and there do not appear to be any physical symptoms, or appears anxious about school, contact your school nurse and your health care provider to discuss your concerns.

### Need More Information?

If you need more information, the contact information for your child's school nurse is on the HPCSD Health Services webpage located at <https://www.hpcsd.org/departments/health-services>. You can also scan this QR code with your phone or tablet to see their contact information.



We look forward to working with you to keep your child healthy.  
Hyde Park Health Services Staff