

# ATTENDANCE SPOTLIGHT

## COLD AND FLU SEASON IS HERE!

We all know kids get sick, but when should you keep them home versus sending them to school? Below are some tips from Wisconsin Department of Public Instruction for when to keep your child at home.

### REASONS TO STAY HOME



With a fever greater than 100.4 degrees. Students may return when fever-free for 24 hours (without use of fever-reducing medication).



Any unexplained vomiting episode. May return 24 hours after last episode.



Serious, unabated coughing, shortness of breath or difficulty breathing.



Any rash accompanied by a fever or drainage from a sore that can't be contained with a bandage. May return after it goes away or clearance from a health care provider.

### REASONS TO TRY SCHOOL

Many times when a student isn't feeling the best in the morning they are fine to try school. Once they get to school, they find out being with classmates can make them feel well enough to stay.



A stuffy or runny nose

An occasional or mild cough or sore throat



A mild headache

### School Health Room Contacts

#### Altmayer

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#### Heritage

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#### Dickinson

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#### Foxview

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#### High School

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### DISTRICT NURSE CONTACT

#### Altmayer, Heritage, Dickinson

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