



YMCA OF SNOHOMISH COUNTY  
**STINGRAYS**



Registration includes four 30-minute lessons during reserved time in your Y's pool

# ADAPTIVE Swim Lessons

As the nation's largest provider of swim lessons, the YMCA offers inclusive programs for all ages and abilities, focusing on building confidence and water safety. In partnership with the YMCA of Snohomish County Stingrays, we provide adaptive swim lessons for youth with intellectual and developmental disabilities, led by certified instructors and volunteers and encouraging family involvement when appropriate. These subsidized lessons are designed to prepare youth for swimming in a supportive and caring environment, making water safety accessible to everyone.

Scan the QR code or visit [ymca-snoco.org/aquatics](https://ymca-snoco.org/aquatics) to learn more.



**School District Disclaimer:**  
The Stanwood-Camano School District has neither reviewed nor approved the program, personnel, activities or organizations announced in this flier and undertakes no responsibility to supervise these events. This information is provided as a community service at the request of the event sponsor and organizer. This is not a district sponsored or endorsed event.