

Hitchcock ISD School Health Advisory Council Meeting held on April 3, 2024

The meeting was called to order.

Members in attendance: Karen Peterson RN (faculty), Zoey Bryan and E'lia Bell (students) and Jennifer Alvarado (community member).

Minutes reviewed from February 7, 2024 meeting.

Topics for Discussion - Eight components of coordinated school health should be the priority focus area for the SHAC:

- 1 - Nutrition Services - Services good, no changes suggested.
- 2 - Health Services - Blood drive scheduled for April 12th. Seniors completing CPR requirements.
- 3 - Healthy & Safe School Environment - New door installed on the Theater room.
- 4 - Counseling & Mental health Services - Available on each campus.
- 5 - Staff Wellness Promotion -
- 6 - Parent & Community Involvement - The Food Bank is scheduled to be at KFHS each month at 3 pm. All volunteers are welcome. KFHS is collecting clothes and shoes for all sizes and ages. Under garments and socks must be new. Their program is trying to service the whole family if needed in our District.
- 7 - Physical Education - Sports physicals for the 2024-25 school year are currently being completed every other Tuesday. The forms can be picked up in the nurses clinic at HHS, the Field House and coaches. They need to be completed and signed by the parent and returned to the clinic to schedule with one of the UTMB doctors when they come to the clinic. The student can also take the form to his/her own physician.

The new community member to join our meeting, Jennifer Alvarado, is a 1995 HISD graduate. She is a member of LULAC Mainland Chapter. Some of their activities are: they raise money for scholarships, Adopt a Senior and LULAC Food Bank

Future Meeting Dates are to be announced for the beginning of the 2024-25 school year. .
Meeting was adjourned.