

Hitchcock ISD School Health Advisory Council Meeting held on October 3, 2023

The meeting was called to order.

Members in attendance: Drewann Perales LVN, Melissa Arnold, Belinda Chambers, Karen Peterson RN (faculty), Zoey Bryan and E'lia Bell (students).

Minutes reviewed from March 29, 2023 meeting.

Topics for Discussion - Eight components of coordinated school health should be the priority focus area for the SHAC: 1 - Nutrition Services - New policy of no cash for lunch or snacks just lunch card. Money transferred to the card electronically, no cash. Some parents at lower grades were not happy after notification but staff believes that it is a better method.

2 - Health Services - Blood drive is scheduled for October 10th from 8 am to 2:30 pm in the gym. Covid testing is no longer available in the clinic. TEA ended the grant in August 2023. Several cases at the beginning of school but none reported in the last couple of weeks of September. HPS on a new program at lunch this year which allows each student fruit and vegetable selections. Stop the Bleed and CPR are being introduced to students in Chief Filidei's class. Nursing staff plan to schedule time to offer CPR to all High School students that want to attend. Suggested to schedule another Narcan training for all High School staff.

3 - Healthy & Safe School Environment - Crossing guards in place along FM 2004 near CMS and HS daily in the morning and afternoon.

4 - Counseling & Mental health Services - Counselors have noted many parents reaching out for outside mental health resources. UTMB Tchat or Gulf Coast Health have been used.

5 - Staff Wellness Promotion

6 - Parent & Community Involvement - The HISD Education Foundation is sponsoring the pumpkin patch from October 17th to November 1st. The Candy Bash will be on October 30th at the High School.

7 - Physical Education - The Cheerleaders assisted during the summer at the Hitchcock Roundup after returning from Cheer Camp.

Future Meeting Dates are scheduled for December 12, 2023; January 30, 2024 and March 26, 2024 at 1:00 pm. .

Meeting was adjourned.