

Hitchcock ISD School Health Advisory Council Meeting held on October 5, 2022

The meeting was called to order.

Members in attendance: Sue Taylor and Krista Kilsby (parents), Anna Stewart and Gracie Mendoza (dietary), Melissa Arnold, Shelby Samuelson, Drewann Perales-LVN, Russell Mawby, Kelly Temple, Ginger Williams, Ryan Zuniga, Suzette Evans, Belinda Chambers and Karen Peterson RN (faculty) and Zoey Bryan and E'lla Bell (students).

Minutes read from May 13, 2022 meeting.

Explained the purpose of SHAC is to assist the district in ensuring that local community values are reflected in the district's health education instruction.

Krista Kilsby volunteered to act as Chairperson of the Council and was unanimously accepted.

New legislation regarding SHAC presented. House Bill 1525 - 1- Notification of all SHAC meetings is to be posted 72 hours in advance; agenda with meeting time and location and posted online and a central administration office of each campus. 2- Audio or video record meeting. 3- Minutes submitted to school district and posted online. 4- SHAC must have at least five members 5- Board can assign members and 6- The Chair or Co-Chair must be a parent.

Topics for Discussion - Eight components of coordinated school health should be the priority focus area for the SHAC: 1 - Nutrition Services, 2 - Health Services, 3 - Healthy & Safe School Environment, 4 - Counseling & Mental health Services, 5 - Staff Wellness Promotion, 6 - Parent & Community Involvement, 7 - Physical Education and 8 - Health Education.

Dietary reported that there is a new manager over dietary. They will have snacks and drinks now available at breakfast and lunch that the students can purchase.

Nurses Clinic at HHS, CMS and SES still have available free Covid testing to students and staff. Counselor, K. Temple, suggested assemblies for students with possible topics of Vaping Awareness; Sexting; Drug Awareness and Aim for Success.

Nurses Clinic presented the "It's Time Texas Community Challenge". ITT's Mission - We believe that Texas is best when Texans are healthy". The ITT Challenge is a free 8 week, statewide competition in which Texas communities compete to see which communities can demonstrate the greatest commitment to healthy living. The Challenge kicks off January 9th. Each person will receive points for healthy eating, physical activity and water consumption. There will be recognition for winning individuals, schools and communities. The program is App-based participation. There is the ability to refer friends, family and coworkers within the app.

A community Pep-Rally for Homecoming will be on Monday, October 17th after the Homecoming Parade.

Candy Bach is scheduled at the High School on Halloween from 5:30 PM - 7:00 PM.

Future Meeting Dates are scheduled for 1:00 PM on December 14, 2022, February 1, 2023 and March 29, 2023.

Meeting was adjourned.