

JANUARY MENU MIDDLE/HIGH

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | DAILY OFFERINGS |
|--|---|---|--|---|---|
| 5 | 6 | 7 | 8 | 9 | BREAKFAST DAILY CEREAL FRUIT JUICE CHOICE OF MILK LUNCH DAILY CHOICE OF MILK T/TH CHEF SALADS |
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | |
| Student's Virtual | Breakfast Burrito Salsa pack Banana | Donut Sausage Link Tangerines | Scrambled Eggs 1/2c Toast 1oz Grits Plum | Sausage Biscuit Applesauce | |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | |
| Student's Virtual | Chicken Nuggets Fish Sandwich Cheesy Potatoes Sliced Carrots Oranges/Plums Roll | Chicken Wrap Grilled Cheese Vegetable Soup Romaine Salad Applesauce/Grapes Garlic Toast | Chicken & Sausage Gumbo Rice Grilled Chicken Sandwich Green Beans Roasted Squash Peaches/Green Apples Garlic Toast | Frito Pie Pizza/Marinara Chili Beans Corn Banana/Mandarin Oranges | |
| 12 | 13 | 14 | 15 | 16 | BREAKFAST DAILY CEREAL FRUIT JUICE CHOICE OF MILK LUNCH DAILY CHOICE OF MILK T/TH CHEF SALADS |
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | |
| Pancake Bites Sausage Link Apples | Breakfast Pizza Blueberry Parfait Tangerines | Breakfast Rounds Yogurt Mixed Fruit | Chicken Fried Steak Biscuit White Gravy Banana Parfait Banana | Egg Bites Toast Fresh Pear | |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | |
| Hotdog/ Chili Cheese Dog Chicken Sandwich Chili Beans Sliced Carrots Mxed Fruit/ Pears | Beef Tips and Rice Cheezy Hots Mustard Greens Field Peas Peaches/Grapes Cornbread | Crispitos/ Salsa Pepper Jack Enchiladas Romaine Salad Fiesta Corn Applesauce /Banana | BBQ Chicken Corndog Baked Beans Roasted Zuchini Orange/ Diced Pears Roll | Cheeseburger/ LTP Pizza/ Marinara Tater Tots Broccoli/Ranch Tropical Fruit/Apples | |
| 19 | 20 | 21 | 22 | 23 | BREAKFAST DAILY CEREAL FRUIT JUICE CHOICE OF MILK LUNCH DAILY CHOICE OF MILK T/TH CHEF SALADS |
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | |
| MLK Holiday | Egg Bites Toast Strawberries | Honeybun Sausage Patty Oranges | Grits Toast Smoked Sausage Banana | Sausage and Cheese Toaster Mixed Fruit | |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | |
| MLK Holiday | Hamburger Steak Corndog Rice/Gravy Mustard Greens Roasted Squash Diced Pears/Frozen Fruit Cup Cornbread | Tacos/ taco cup Chicken Cheese Quesadilla Refried Beans Salsa Peaches/ Grapes Sweet Potato Bread | Chicken Tetrizzini Buffalo Chicken / Marinara Romaine Salad Candied Sweet Potatoes Strawberries/ Banana Roll | Chicken Sliders BBQ Ribette Baked Beans Coleslaw Apples/Tropical Fruit | |
| 26 | 27 | 28 | 29 | 30 | BREAKFAST DAILY CEREAL FRUIT JUICE CHOICE OF MILK LUNCH DAILY CHOICE OF MILK T/TH CHEF SALADS |
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | |
| Chocolate Swirl Pears | Sausage/Cheese Croissant Orange Wedges | Breakfast Pizza Mixed fruit | Chicken Biscuit Banana | English Muffin with Egg/Cheese Plums | |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | |
| Chili Cheese Nachos Taco Snack Burrito Salsa Chili Beans Pears/Mandarin Oranges | Red Beans Smoke Sausage Rice Taco Stick Sliced Carrots Cornbred Oeaches/Apple | Chicken Sandwich Grilled Nugget Wrap Broccoli w/Cheese Seasoned Fries Blueberry Crumble/Banana | Chicken Wings Steak Fingers Mashed Potatoes w/Gravy Lima Beans Sweet Potato Bread Applesauce/Tangerines | Pizza Grilled Cheese Corn Tater Tots Grapes/Diced Pears | |
| | National Chocolate Cake Day | | | National Croissant Day | |

This institution is an equal opportunity provider.
This menu is subject to change based on availability.