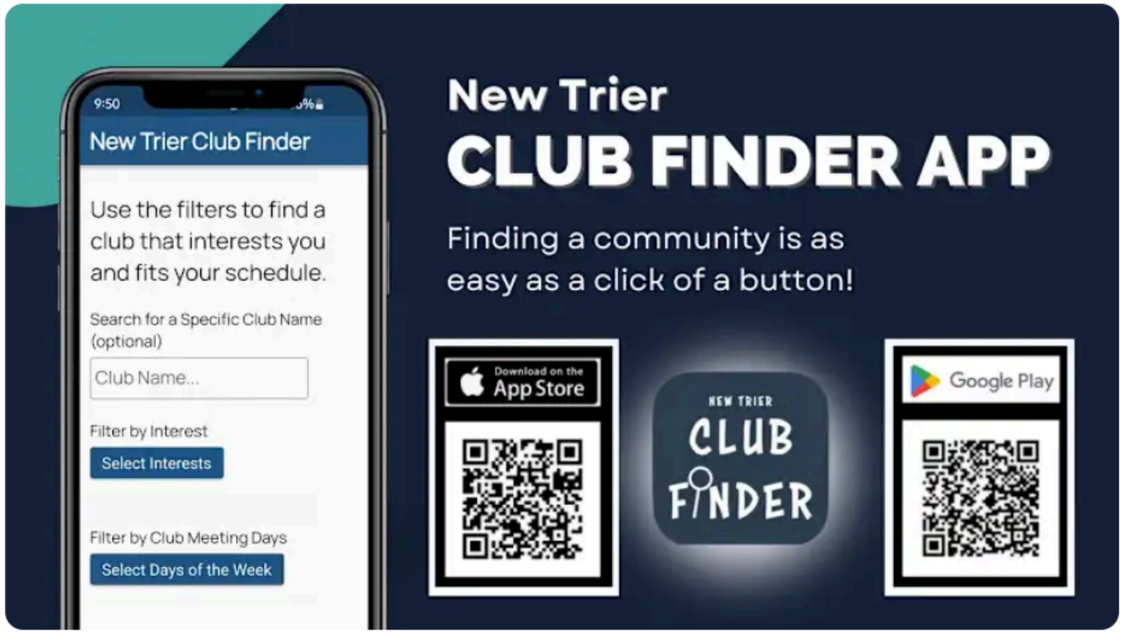
Fall Sports & Start Dates	
Boys Badminton	8/31/26
Boys Cross Country	8/10/26
Boys Golf	8/10/26
Boys Rowing	8/12/26
Boys Soccer	8/10/26
Cheerleading	8/10/26
Field Hockey	8/10/26
Football	8/10/26
Girls Cross Country	8/10/26
Girls Flag Football	8/10/26
Girls Golf	8/11/26
Girls Rowing	8/12/26
Girls Swimming & Diving	8/10/26
Girls Tennis	8/10/26
Girls Volleyball	8/10/26
Dance	8/10/26



Student Activities is proud to feature New Trier Club Finder App! Finding a community is as easy as a click of a button! Download here: **APPLE** & **ANDROID**

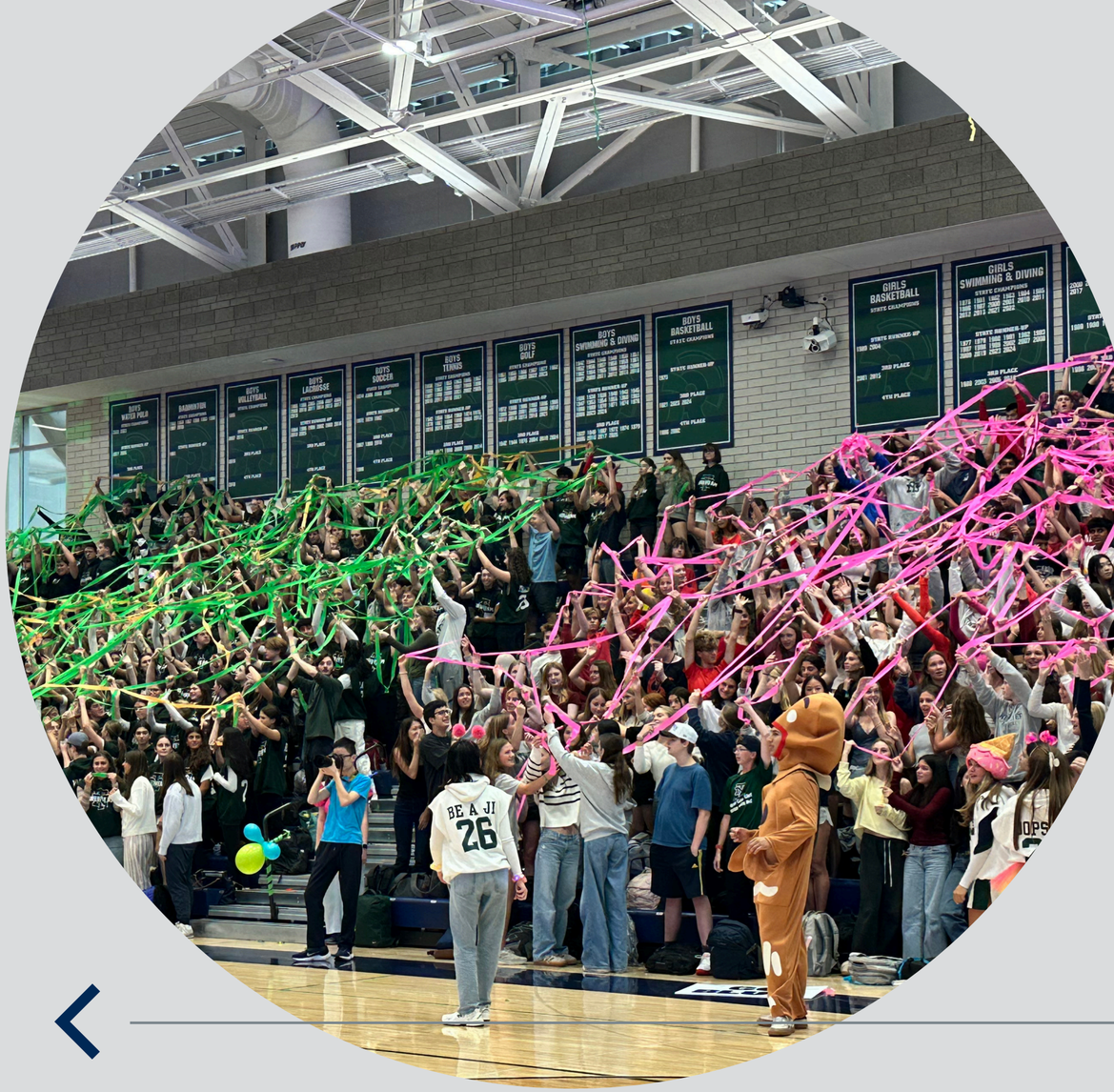
ATHLETICS
WEBSITE

ATHLETICS
REGISTRATION

ATHLETICS
SUMMER PROGRAMS

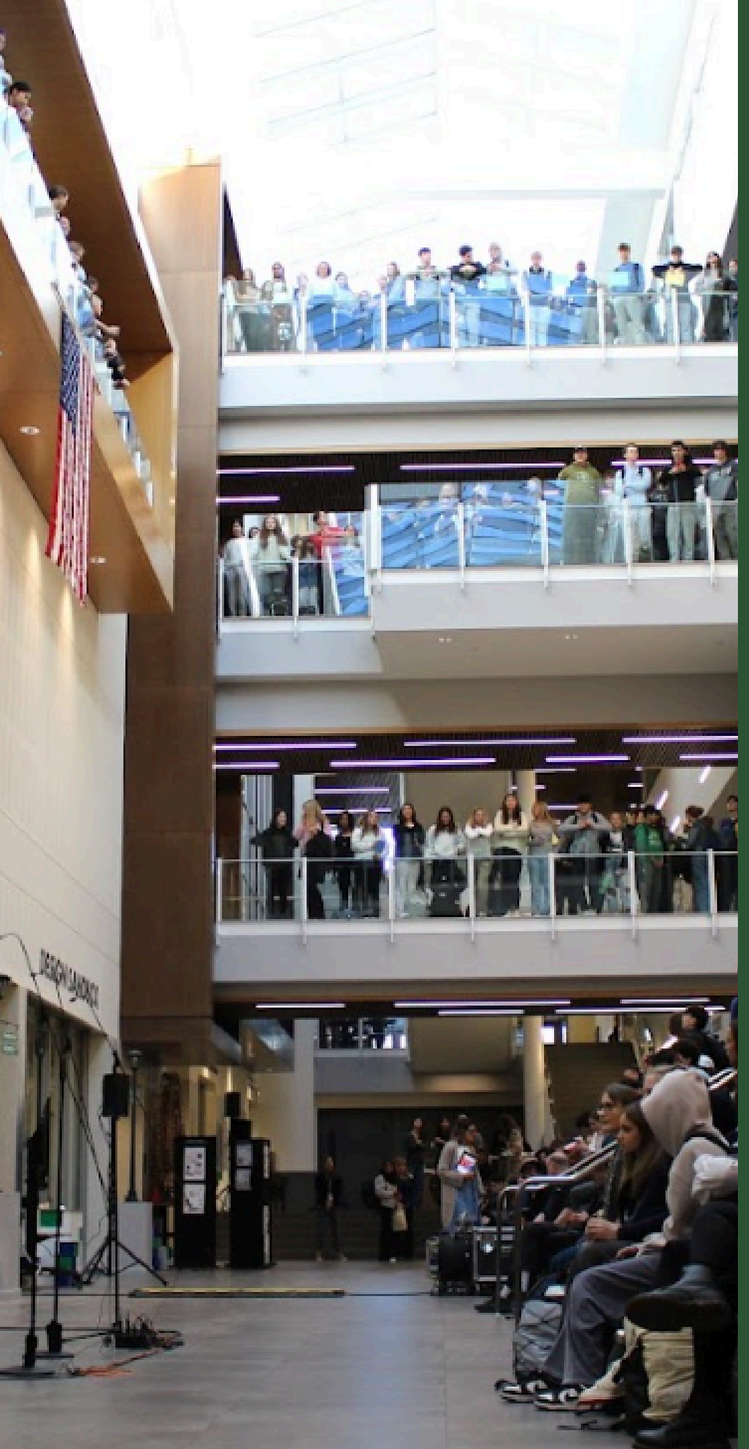
maialearning®

WELCOME CLASS OF 2029



January 12, 2026

NEW TRIER



Program

Visitation to Elective Programs

- Opportunities to learn and explore the elective programs

Program

- Our high school experience
- Course Registration Process for 2026-2027
- Meet the *Graduating Class Team of 2029*
- Your individual and unique personal journey
- What does it mean to be a Sophomore at NT?
- Senior Perspective *“What I would tell my sophomore self?”*

Then & Now







Course Registration

Date(s)	Activity	In School Activity	Home Activity
1/15 -1/30	Academic Advising in Adviser Rooms	Advisers conduct advising conversations and input into student course choices	Converstaions about course selection. Things to consider: Student's 4 Year Plan Teacher Recommendations Balance/Rigor
2/2-2/4	Adviser Course Request Entry	Advisers complete data entry for all advisees	No Action Needed
2/6-2/13	Course Request Verifiers Sent to Parents	Support communication around course choices if questions arise.	Check email, discuss courses with student and complete Course Verfication in PowerSchool before 2/13
May 2026	Draft Schedules are shared during Adviser Peroid	Adviser shares draft schedule with student	Conversations about draft schedule.

Documents and Resources

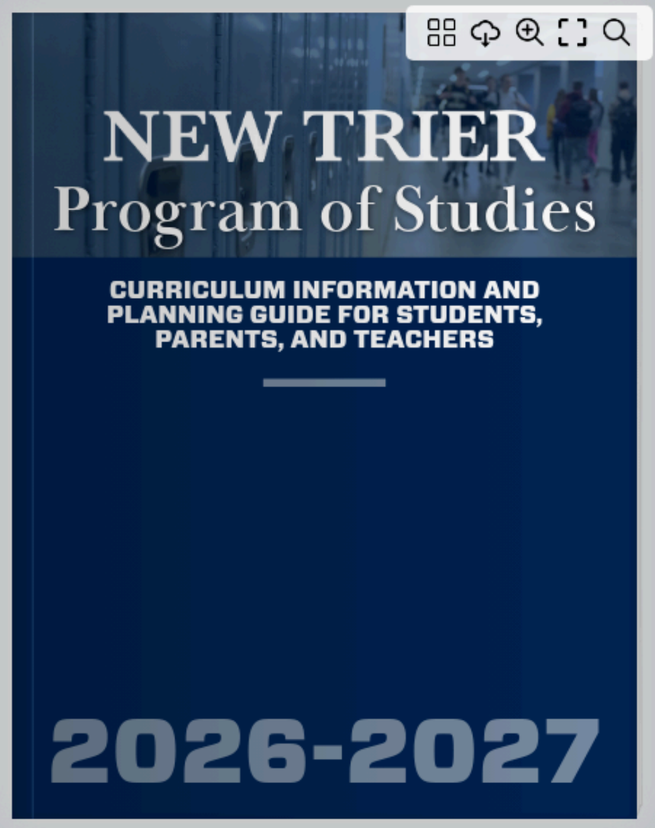
Post High School Planning Guide

Post High School and Career Exploration Framework

Program of Studies

The following are general examples; consult individual college websites for exact details

	NT Grad Requirements	Public Universities	Private 4-Year Colleges & Universities	Highly Selective Colleges
ENGLISH	4 YEARS	4 YEARS	4 YEARS	4 YEARS
MATH	3 YEARS junior high courses do not count	3 - 4 YEARS including junior high courses not on transcript	3 - 4 YEARS including junior high courses not on transcript	4-5 YEARS including jr high courses & enrollment thru senior year
LAB SCIENCE	1 YEAR biology & 1 YEAR physical science	3-4 YEARS	3-4 YEARS	4 YEARS
SOCIAL STUDIES	1 YEAR US history & 1 YEAR global/world history & 1 SEMESTER Civics	3 YEARS	3-4 YEARS	3-4 YEARS
FOREIGN LANGUAGE	NONE	2 YEARS of the same language	2 YEARS of the same language	3-5 YEARS of the same language including jr high courses
ELECTIVES	2 SEMESTERS fine or practical art	IF REQUIRED, 1 YEAR of the same arts course	NONE	NONE
OTHER REQUIRE-MENTS	Consumer Education & 4 YEARS of KW/Health	1-2 YEARS	2 YEARS	NONE



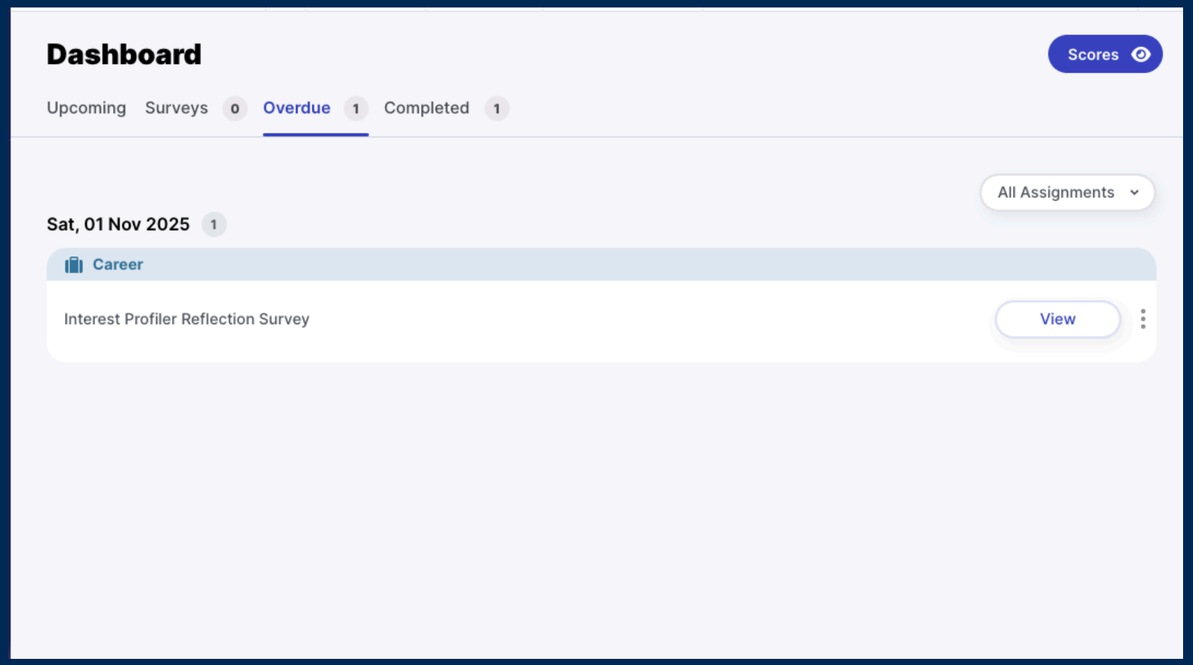
FOUR-YEAR PLANNING WORKSHEET*

	Graduation Requirement (years)	Recommended for College Admission ** (4 years)	Freshman	Summer	Sophomore	Summer	Junior	Summer	Senior
English	4	4							
Math	3	3-4							
Science	1 Biology 1 Physical Science (Chemistry, Environmental Geoscience, or Physics)	3-4							
Social Studies	1 World History 1 US History	3-4							
Modern & Classical Languages	0	2-4							
Kinetic Wellness	4								
Elective	2 Semesters	1-4							
Elective									
Civics	1 Semester								
Consumer Seminar	1 Semester								

*Four-year plans are individualized. However, common academic programs include 4 or 5 core academic courses + 1 or 2 elective courses + lunch + 1 free period. Students should keep in mind the time they will spend on extracurricular activities and other after-school commitments.

**Consult college websites and/or the Post-High School Counseling department for more information on individual admission requirements.

Maia Learning



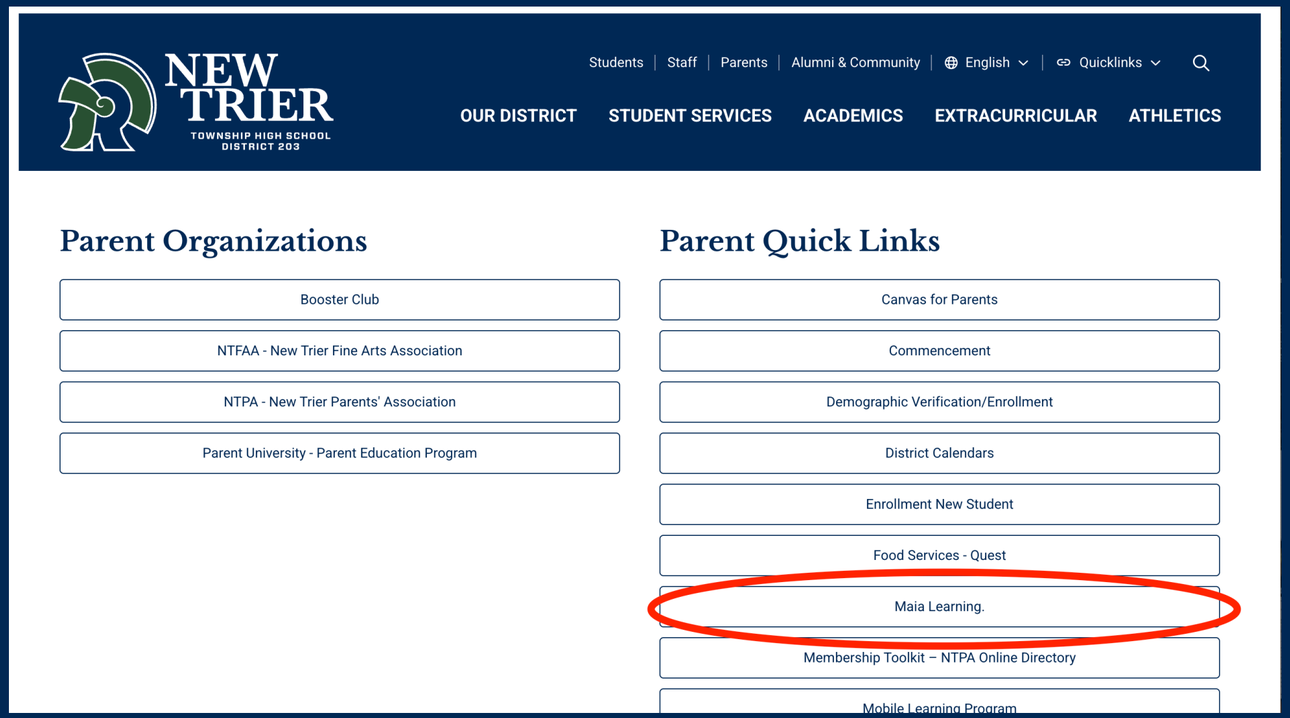
Freshman Year

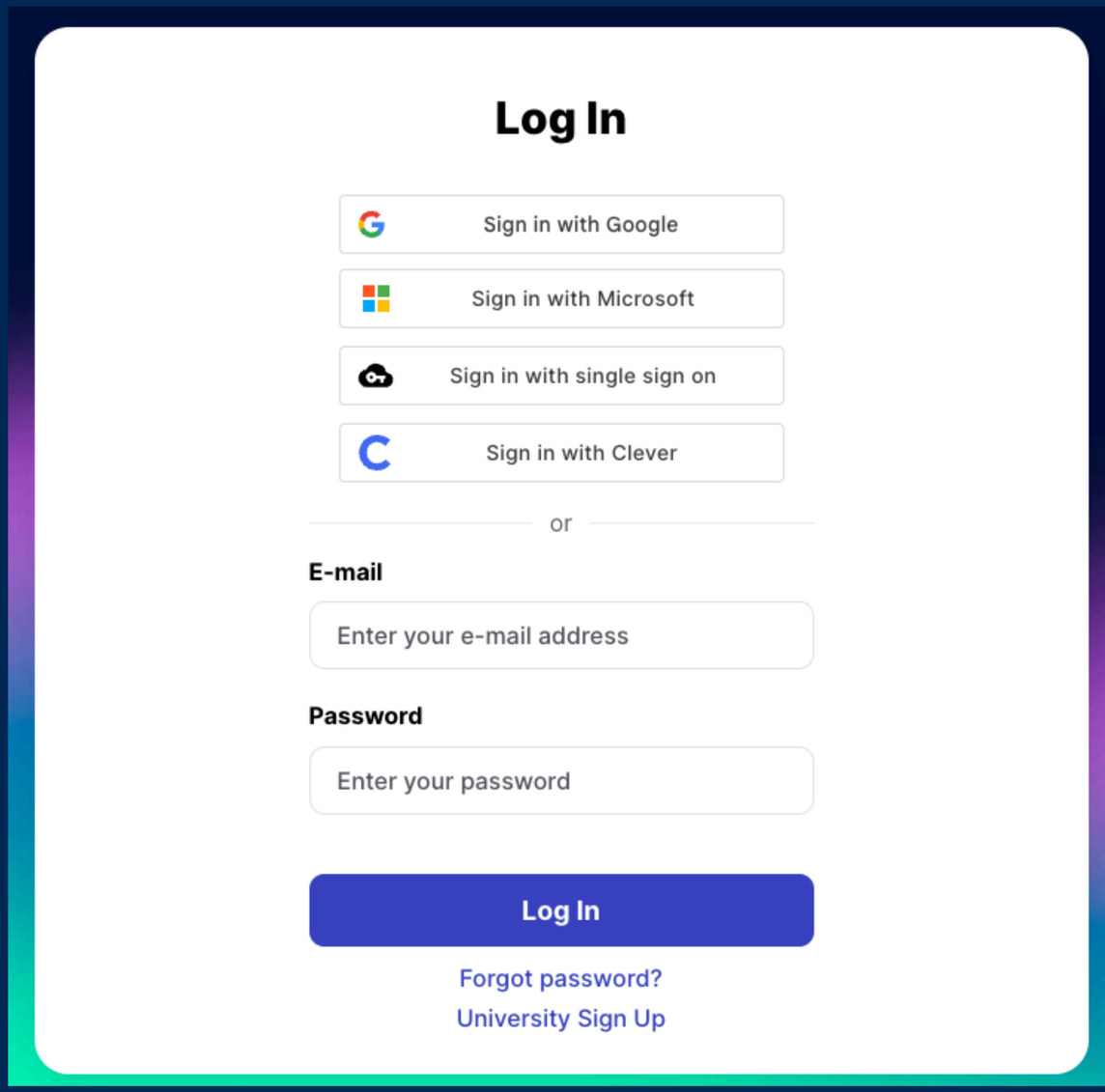
- Semester 1:
  - Interest Inventory Survey
  - Interest Reflection
- Semester 2:
  - Update Experiences Portfolio
  - End of Year Reflection

Sophomore Year

- Semester 1:
  - Retake Interest Inventory Survey
  - PHSC Assignment Notification (Winter Break)
- Semester 2:
  - Skill Assessment
  - Personality Assessment
  - End of the Year Reflection

Access to Maia Learning





Class of 2029



Matt Koulentes
Assistant Principal



Darrin Jeziorski
Adviser Chair



Julie Smith
Adviser Chair

Additional GCT Members: School Psychologist, Social Worker, MTSS Coaches, Post High School Counselors, and Special Education Liaison

Graduating Class Team

What's happening at Northfield?



Your Individual Journey

Find Places and Communities

Value True Friendships

Pursue Your Passions

Let Others Know You Care

Play to Your Strengths

Have Faith in Yourself



Parents





BIGGER CAMPUS

NEW EXPERIENCES AND OPPORTUNITIES

HIGH SCHOOL ENVIRONMENT

FOCUS

INTRAMURALS

FUN

CROWDED

ANXIETY

MEETING FRIENDS

CLASS

OTHER KIDS

CAMPUS SIZE

CHANGE

NEW ENVIRONMENT

NONE

BEHAVIORS

NOTHING

Students



CAMPUS
PEOPLE OPPORTUNITIES
NEW
BIGGER
FRIEND CLUBS
COURSES



OLDER
STUDENTS
FIND CROWD
MY WAY MEETING
SCHEDULE NEW
FRIENDS
DIFFERENT
WORKLOAD


BE PROUD
BE BRAVE
BE KIND
NEW RIVER


Critical Thinkers
Effective Communicators
Problem Solvers
Engaged Citizens
Resilient Individuals

Student Voice



Austin LeBoyer



William Schellenberg



Lily Dale



Q & A

FIRST DAY OF SCHOOL

Sophomore Orientation and Upper-Grade Programming

Sophomores arrive at 8:00 a.m.
(Upper grades-late start)

Adviser Room:

- Breakfast
- Reconnecting with Adviser Room
- Tour of School

