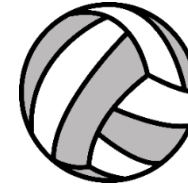


Southside Youth Volleyball Camp
July 20-22, 2026
1:00 pm - 3:00 pm
Wachter Middle School
Cost: \$65 before June 15 \$70 after
Athletes entering grades 3, 4, 5



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Camp Purpose:

The Southside Volleyball Camp is designed to provide the camper with the opportunity to develop and expand the individual and team skills necessary to compete on a volleyball team. Instruction will be given in the individual skills of serving, passing, setting, attacking, digging, and blocking.

Equipment:

- Volleyball Shoes
- Shorts, sweatpants, t-shirt, knee pads if desired
- Water Bottle

Must register by June 15 to guarantee a t-shirt

Questions?

Contact Alyssa Sauter at 701-290-0026
alyssa_sautner@bismarckschools.org

Please send registration to:

Southside Fitness and Training
PO Box 2543
Bismarck, ND 58502

Make checks payable to: **Southside Fitness and Training**

****No refund after June 25****

Registration information:

Participant's Name: _____

Grade (fall of 2026) _____ Shirt Size: _____ Youth/Adult
(Circle one)

Address: _____

City/State/Zip: _____

Parent/Guardian: _____

Phone Number: _____

E-mail: _____

(Please print email address legibly)

I CERTIFY that my child/participant is physically able to participate in all volleyball activities. I understand that there are certain risks of injury inherent with volleyball and I am willing to assume these risks on behalf of my child/ward. Bismarck Public Schools and the Southside instructors assume no responsibility for accidents or illnesses including contracting or exposure to Covid. The Bismarck Public Schools district and Southside coaching staff are not responsible for any medical expenses that may occur due to participation. No refund after June 25. I agree with all the conditions stated above.

Parent Signature _____