

NORTHWELL SCHOOL MENTAL HEALTH PARTNERSHIP

IN YOUR LANGUAGE: COMMUNITY EDUCATION SERIES 2025-2026



Topic: The Impact of Screens: Risks and Solutions for Healthy Use | El Impacto de las Pantallas: Riesgos y Soluciones para un Uso Saludable

Presenter: Juan Jose Villar, MD

Date: November 20th, 2025, 6:00pm – 7:00pm

Registration: [Click](#) here or scan the QR Code



Topic: Navigating Mental Well-being: A Parent's Introduction to Mental Health | 心理健康导航 心理健康和常见精神病诊断简介

Presenter: Chris Wang, MD

Date: December 11th, 2025, 6:00pm – 7:00pm

Registration: [Click](#) here or scan the QR Code



Topic: How to Navigate an Attention Déficit /Hyperactivity Disorder (ADHD) Diagnosis | Como Navegar el Diagnostico de Trastorno por Déficit de Atención e Hiperactividad (TDAH)

Presenter: Juan Jose Villar, MD

Date: January 20th, 2026, 6:00pm – 7:00pm

Registration: [Click](#) here or scan the QR Code



Topic: Stress Management for Parents: Find Calm in Parenting | Manejo del Estrés para Padres: Encuentra la Calma en la Crianza

Presenter: Priscilla Liriano-Tuftan LCSW

Date: February 9th, 2026, 6:00pm – 7:00pm

Registration: [Click](#) here or scan the QR Code



Topic: Helping Your Child Navigate Academic Stress and Prevent Burnout | 帮助孩子应对学业压力 · 预防倦怠。

Presenter: Chris Wang, MD

Date: March 10th, 2026, 6:00pm – 7:00pm

Registration: [Click](#) here or scan the QR Code



Topic: Helping Our Children with Big Emotions: Ayudando a Nuestros Hijos con sus Emociones Grandes

Presenter: Dani Ospina, LMHC

Date: May 12th, 2026, 6:00pm – 7:00pm

Registration: [Click](#) here or scan the QR Code



Frequently Asked Questions:

Is registration required for this program?

Yes. Registration is required for this webinar. Please use the link or QR code to complete registration.

When will I receive the webinar information for this program?

The webinar information will be sent to you after you register. Please do not share this information with others.

Will this session be recorded?

Due to the interactivity that we encourage during these lunch and learn sessions, to protect our participants privacy, we do not record these sessions. For recorded sessions, please visit our YouTube channel [here](#).