



## Department of Purchasing

100 N. Main Street, 2<sup>nd</sup> Floor  
Suffolk, VA 23434  
(757) 925-6762 Fax (757) 942-4333

### NOTICE Sole Source Purchase

**Date:** January 13, 2026

**For:** Certification Preparation Material and Exam

**Vendor Name:** National Academy of Sports Medicine (NASM)

**Requested by:** Instruction

**Description:** Certification and preparation study materials and examination in, among other fields, personal training through its Certified Personal Trainer offerings (the "CPT"). The CPT is a comprehensive program providing study tools and a certification examination.

**Cost:** Not to exceed \$25,000.00 per year

**Justification:** NASM is the producer and sole distributor of the NASM CPT in the United States.

**Approved By:**

  
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Robin Booth, MAOL, VCA  
Buyer

  
\_\_\_\_\_  
Date