

# Rankin County School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Feb 1, 2026 thru Feb 28, 2026

Lunch Middle 6-8

Generated on: 1/13/2026 7:49:22 AM

	Portion Size	Carb (g)
Mon - 02/02/2026		
Lunch Middle 6-8	Total	
Hot Ham and Cheese Croissant	1 each	34.52
Pizza, Variety	slice	32.25
Potato Sidewinders, Bake M6167	1/2 cup	15.62
Glazed Carrots M5865	1/2 cup	8.91
Green Peas, Canned M6035	1/2 cup	14.34
Applesauce, M6555	1/2 cup	15.62
Rosey Applesauce M6565	1/2 cup	18.34
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Mustard, PC M8015	1 pouch	0.29
Weighted Daily Average		77.81
% of Calories		55.3%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Tue - 02/03/2026		
Lunch Middle 6-8	Total	
Fajita Chicken Wrap US M4345.1	1 wrap	22.78
Chicken Sandwich Variety RCSD	1 each	43.81
Potato Rounds, Baked M6095	1/2 cup	16.25
Whole Kernel Corn, CND M6010	1/2 cup	14.68
Pinto Beans Legumes M5550	1/2 cup	26.44
Chilled Peach Slices M6815	1/2 cup	17.49
Fresh Fruit Bowl Variety M6715	1 each	21.72
Saltine Crackers, ENR,CR M7020	2 4-count packs	18.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Ketchup PC M8000	1 each	3.0
Weighted Daily Average		68.98
% of Calories		50.2%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Wed - 02/04/2026		
Lunch Middle 6-8	Total	
Vegetable Beef Soup M4565	1 cup	11.25
Grill Cheese Sand 1oz	portions	30.46
Lunch Bites Ham 2 grain	serving	36.08
Chef Salad w/ Diced Ham	1 salad	17.37
CROUTONS, .5 GR CR Packet M7110	1 packet	9.0
Saltine Crackers, 1.5 grain	1.5 gr serving	24.0
Green Beans, Savory,CND M5745	1/2 cup	4.45
Carrots Baby w/dip RCSD	3 oz. bag	8.93
Chilled Pear Halves M6855	1/2 cup	18.23
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Ranch Dressing RCSD	1/4 cup	3.73

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Rankin County School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Feb 1, 2026 thru Feb 28, 2026

Lunch Middle 6-8

Generated on: 1/13/2026 7:49:22 AM

	Portion Size	Carb (g)
Weighted Daily Average		52.98
% of Calories		55.5%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Thu - 02/05/2026		
Lunch Middle 6-8	Total	
BBQ Pork Sandwich US M4210.1	1 each	39.34
Chicken Tenders Breaded M3190	3 tenders	15.0
Toast, Garlic WW M7115	1 slice	15.0
Mashed Potatoes w/Cheese M6075	1/2 cup	15.31
Broccoli Florets, FRZ M5610	1/2 cup	3.61
Strawberries, FRZ, PC M6940.1	1/2 cup	22.0
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Sauce, Variety, Dipping M8175	1 packet	9.58
Ketchup PC M8000	1 each	3.0
Weighted Daily Average		78.14
% of Calories		49.3%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Fri - 02/06/2026		
Lunch Middle 6-8	Total	
Hamburger 2 oz USDA F M4105.1	1 each	32.15
Cheeseburger 2 oz Patty M4100	1 each	32.68
Roasted Wings	3 wings	0.0
Knot, Garlic WG 2 oz, #1235	Knot	27.0
Southwest Potato Wedge M6125.1	1/2 cup	17.21
Baked Beans RCSD	1/2 cup	38.23
Chilled Mandarin Oranges M6795	1/2 cup	20.07
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Mustard, PC M8015	1 packet	0.29
Ketchup PC M8000	1 packet	3.0
Weighted Daily Average		80.21
% of Calories		46.0%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# Rankin County School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

Feb 1, 2026 thru Feb 28, 2026

Lunch Middle 6-8

Generated on: 1/13/2026 7:49:23 AM

	Portion Size	Carb (g)
Mon - 02/09/2026		
Lunch Middle 6-8	Total	
Hot Dog WG M4230	1 each	28.0
Pizza, Variety	slice	32.25
Potato Sidewinders, Bake M6167	1/2 cup	15.62
Glazed Carrots M5865	1/2 cup	8.91
Green Peas, Canned M6035	1/2 cup	14.34
Applesauce, M6555	1/2 cup	15.62
Rosey Applesauce M6565	1/2 cup	18.34
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Mustard, PC M8015	1 pouch	0.29
Ketchup PC M8000	1 each	3.0
Weighted Daily Average		67.83
% of Calories		53.6%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

	Portion Size	Carb (g)
Tue - 02/10/2026		
Lunch Middle 6-8	Total	
Walking Tacos USDA M1095.1	1 taco	36.27
Chicken Sandwich Variety RCSD	1 each	43.81
Potato Rounds, Baked M6095	1/2 cup	16.25
Whole Kernel Corn, CND M6010	1/2 cup	14.68
Pinto Beans Legumes M5550	1/2 cup	26.44
Chilled Peach Slices M6815	1/2 cup	17.49
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Ketchup PC M8000	1 each	3.0
Sour Cream PC M8115	1 each	0.82
Weighted Daily Average		86.54
% of Calories		51.3%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Rankin County School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 4

Feb 1, 2026 thru Feb 28, 2026

Lunch Middle 6-8

Generated on: 1/13/2026 7:49:23 AM

	Portion Size	Carb (g)
Wed - 02/11/2026		
Lunch Middle 6-8	Total	
Spaghetti & MeatSauce RCSD	1 serving	23.26
Knot, Garlic WG 2 oz, #1235	Knot	27.0
Yogurt Plate	plate	57.56
Chef Salad w/ Diced Ham	1 salad	17.37
Croutons,.5 GR CR Packet M7110	1 packet	9.0
Saltine Crackers, 1.5 grain	1.5 gr serving	24.0
Green Beans, Savory,CND M5745	1/2 cup	4.45
Carrots Baby w/dip RCSD	3 oz. bag	8.93
Chilled Pear Halves M6855	1/2 cup	18.23
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Ranch Dressing (Mix) M8080	ounce	4.32
Weighted Daily Average		87.38
% of Calories		54.0%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

	Portion Size	Carb (g)
Thu - 02/12/2026		
Lunch Middle 6-8	Total	
Chicken Tenders Breaded M3190	3 tenders	15.0
Steak Fingers, Baked M1045	4 each	17.9
Toast, Garlic WW M7115	1 slice	15.0
Mashed Potatoes M6070	1/2 cup	15.12
Brown Gravy, Package CPF M8130	2 ounces	3.1
Broccoli Florets, FRZ M5610	1/2 cup	3.61
Strawberries, FRZ, PC M6940.1	1/2 cup	22.0
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Sauce, Variety, Dipping M8175	1 packet	9.58
Ketchup PC M8000	1 each	3.0
Weighted Daily Average		67.68
% of Calories		50.6%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

	Portion Size	Carb (g)
Fri - 02/13/2026		
Lunch Middle 6-8	Total	
Hamburger 2 oz USDA F M4105.1	1 each	32.15
Cheeseburger 2 oz Patty M4100	1 each	32.68
Club Croissant	1 each	33.87
Southwest Potato Wedge M6125.1	1/2 cup	17.21
Baked Beans RCSD	1/2 cup	38.23
Chilled Mandarin Oranges M6795	1/2 cup	20.07
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Mustard, PC M8015	1 packet	0.29
Ketchup PC M8000	1 packet	3.0

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Rankin County School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 5

Feb 1, 2026 thru Feb 28, 2026

Lunch Middle 6-8

Generated on: 1/13/2026 7:49:23 AM

	Portion Size	Carb (g)
Weighted Daily Average		85.85
% of Calories		51.0%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Mon - 02/16/2026		
Lunch Middle 6-8	Total	
HOLIDAY	1	*N/A*
Weighted Daily Average		*N/A*
% of Calories		*N/A%*
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Tue - 02/17/2026		
Lunch Middle 6-8	Total	
Quesadillas Beef Pepper Jack	1 each	24.07
Chicken Sandwich Variety RCSD	1 each	43.81
Potato Rounds, Baked M6095	1/2 cup	16.25
Whole Kernel Corn, CND M6010	1/2 cup	14.68
Pinto Beans Legumes M5550	1/2 cup	26.44
Chilled Peach Slices M6815	1/2 cup	17.49
Fresh Fruit Bowl Variety M6715	1 each	21.72
Saltine Crackers, ENR,CR M7020	2 4-count packs	18.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Ketchup PC M8000	1 each	3.0
Weighted Daily Average		85.64
% of Calories		48.2%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Wed - 02/18/2026		
Lunch Middle 6-8	Total	
Catfish (USDA) and Hushpuppies	Servings	23.23
Knot, Garlic WG 2 oz, #1235	Knot	27.0
Lunch Bites Ham 2 grain	serving	36.08
Chef Salad w/ Diced Ham	1 salad	17.37
Croutons,.5 GR CR Packet M7110	1 packet	9.0
Saltine Crackers, 1.5 grain	1.5 gr serving	24.0
Green Beans, Savory,CND M5745	1/2 cup	4.45
Carrots Baby w/dip RCSD	3 oz. bag	8.93
Chilled Pear Halves M6855	1/2 cup	18.23
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Ranch Dressing (Mix) M8080	ounce	4.32

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Rankin County School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 6

Feb 1, 2026 thru Feb 28, 2026

Lunch Middle 6-8

Generated on: 1/13/2026 7:49:23 AM

	Portion Size	Carb (g)
Weighted Daily Average		76.84
% of Calories		51.6%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Thu - 02/19/2026		
Lunch Middle 6-8	Total	
Beef and Broccoli Rice Bowl	Servings	42.93
Chicken Tenders Breaded M3190	3 tenders	15.0
Toast, Garlic WW M7115	1 slice	15.0
Mashed Potatoes w/Cheese M6075	1/2 cup	15.31
Broccoli Florets, FRZ M5610	1/2 cup	3.61
Strawberries, Frozen M6945	1/2 cup	21.05
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Sauce, Variety, Dipping M8175	1 packet	9.58
Ketchup PC M8000	1 each	3.0
Weighted Daily Average		77.19
% of Calories		54.0%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Fri - 02/20/2026		
Lunch Middle 6-8	Total	
Hamburger 2 oz USDA F M4105.1	1 each	32.15
Cheeseburger 2 oz Patty M4100	1 each	32.68
Italian Dunkers #1101	2 breadsticks	28.0
Crinkle Cut Fries Baked M6110	1/2 cup	12.12
Baked Beans RCSD	1/2 cup	38.23
Chilled Mandarin Oranges M6795	1/2 cup	20.07
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Mustard, PC M8015	1 packet	0.29
Ketchup PC M8000	1 packet	3.0
Weighted Daily Average		89.28
% of Calories		54.3%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Rankin County School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 7

Feb 1, 2026 thru Feb 28, 2026

Lunch Middle 6-8

Generated on: 1/13/2026 7:49:23 AM

	Portion Size	Carb (g)
Mon - 02/23/2026		
Lunch Middle 6-8	Total	
Country Fried Steak Sand M4125	1 each	46.55
Pizza, Variety	slice	32.25
Potato Sidewinders, Bake M6167	1/2 cup	15.62
Glazed Carrots M5865	1/2 cup	8.91
Green Peas, Canned M6035	1/2 cup	14.34
Applesauce, M6555	1/2 cup	15.62
Rosey Applesauce M6565	1/2 cup	18.34
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Mustard, PC M8015	1 pouch	0.29
Weighted Daily Average		73.32
% of Calories		53.3%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Tue - 02/24/2026		
Lunch Middle 6-8	Total	
Southwest Dip & "Walking" Chips	1 serving	35.21
Chicken Sandwich Variety RCSD	1 each	43.81
Potato Rounds, Baked M6095	1/2 cup	16.25
Whole Kernel Corn, CND M6010	1/2 cup	14.68
Pinto Beans Legumes M5550	1/2 cup	26.44
Chilled Peach Slices M6815	1/2 cup	17.49
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Ketchup PC M8000	1 each	3.0
Weighted Daily Average		89.14
% of Calories		47.4%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Wed - 02/25/2026		
Lunch Middle 6-8	Total	
Chicken Mandarin M3055	1 Serving	19.53
Rice, Brown M7090	1/2 cup	23.09
Knot, Garlic WG 2 oz, #1235	Knot	27.0
Chef Salad w/ Diced Ham	1 salad	17.37
Croutons,.5 GR CR Packet M7110	1 packet	9.0
Saltine Crackers, 1.5 grain	1.5 gr serving	24.0
Yogurt Plate	plate	57.56
Green Beans, Savory,CND M5745	1/2 cup	4.45
Carrots Baby w/dip RCSD	3 oz. bag	8.93
Chilled Pear Halves M6855	1/2 cup	18.23
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Ranch Dressing (Mix) M8080	ounce	4.32

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Rankin County School District

Base Menu Spreadsheet  
Portion Values - Detailed

Page 8

Feb 1, 2026 thru Feb 28, 2026

Lunch Middle 6-8

Generated on: 1/13/2026 7:49:23 AM

	Portion Size	Carb (g)
Weighted Daily Average		79.34
% of Calories		59.9%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Thu - 02/26/2026		
Lunch Middle 6-8	Total	
Stromboli Supreme RCSD	1 slice	50.69
Chicken Tenders Breaded M3190	3 tenders	15.0
Toast, Garlic WW M7115	1 slice	15.0
Mashed Potatoes M6070	1/2 cup	15.12
Brown Gravy, Package CPF M8130	2 ounces	3.1
Broccoli Florets, FRZ M5610	1/2 cup	3.61
Strawberries, Frozen M6945	1/2 cup	21.05
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Sauce, Variety, Dipping M8175	1 packet	9.58
Ketchup PC M8000	1 each	3.0
Weighted Daily Average		77.64
% of Calories		51.9%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Fri - 02/27/2026		
Lunch Middle 6-8	Total	
Hamburger 2 oz USDA F M4105.1	1 each	32.15
Cheeseburger 2 oz Patty M4100	1 each	32.68
Mozzarella Cheese Sticks #1300	5 Sticks	43.4
Crinkle Cut Fries Baked M6110	1/2 cup	12.12
Baked Beans RCSD	1/2 cup	38.23
Chilled Mandarin Oranges M6795	1/2 cup	20.07
Fresh Fruit Bowl Variety M6715	1 each	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	0.61
Mustard, PC M8015	1 packet	0.29
Ketchup PC M8000	1 packet	3.0
Weighted Daily Average		96.27
% of Calories		54.4%
Nutrient Guideline		

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

Weighted Average		74.85
		51.9%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	74.85	51.92%						

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Rankin County School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 9

Feb 1, 2026 thru Feb 28, 2026

Lunch Middle 6-8

Generated on: 1/13/2026 7:49:23 AM

Portion Size	Carb (g)
-----------------	-------------

<sup>1</sup> - Provided for information purposes only. The effective date for the Added Sugars target will be July 1st, 2027.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**