

SUFFIELD PUBLIC SCHOOLS

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TELEPHONE 860-668-3800



Illness Guidelines

Illness	Stay Home? Or Go to School?	Details
Chicken Pox	Home	Child with chicken pox must stay home from school until <u>ALL</u> spots are dried and crusted, typically 5-6 days.
Cold with mild symptoms	School	Child may attend if he/she is fever free for 24 hours <u>AND</u> is able to participate in all school activities. Sending in extra tissues is always a good idea.
Cold with severe symptoms	Home	Child with cold symptoms that will affect his/her ability to perform in school should stay home. Severe symptoms include persistent coughing, copious nasal discharge, excessive sneezing, sore throat and exhaustion.
Persistent Cough	Home	If cough is persistent and irritating, it is disruptive to learning and child should stay home. Examples could be a constant barking or “croupy” cough, a cough with excessive mucous, etc.
Conjunctivitis (Pink Eye)	Home	Child with purulent discharge (pus) coming from the eye, should seek medical treatment. Child may return after 24 hours of being on medication, if prescribed and there is no further infected purulent discharge from the eye.
COVID-19	Home	Child who tests positive for COVID-19 should stay home until he/she is fever free for at least 24 hours without the use of fever reducing medication and symptoms have significantly improved.
Diarrhea	Home	Child should be kept home for 24 hours after the last episode of diarrhea without the use of medication.
Fever	Home	Child should stay home if temperature is 100.0 or more. Keep child home until <u>fever free for 24 hours without the use of medication</u>
Fifth’s Disease	School	By the time the rash appears, a child is no longer contagious and does not need to stay home. As long as child is fever free for 24 hours, he/she may return to school.
Flu	Home	Child must stay home until he/she is fever free for 24 hours without the use of medication <u>AND</u> free from flu related symptoms such as headache, chills, and body aches.
Hand, Foot and Mouth	Home	Child should stay home for 3 days from the onset of the rash and/or sores and may return when he/she is fever free for 24 hours without the use of fever reducing medication and if the sores are not oozing.
Impetigo	Home	Child may return to school 24 hours after treatment starts. Sores should be kept covered at school.
Lice	School	Lice is a nuisance, but it is not required that a child stay home while being treated. It is advised that you remove nits as completely as possible to prevent further spreading.
Ringworm	School	Child may come to school as long as the affected area is being treated and it is covered.
Strep Throat	Home	Child may return to school 12 hours after the antibiotics are started <u>AND</u> temperature is less than 100.0 degrees without the use of medication.
Vomiting	Home	Child should be kept home for at least 24 hours after the last episode of vomiting, associated with a gastrointestinal illness.