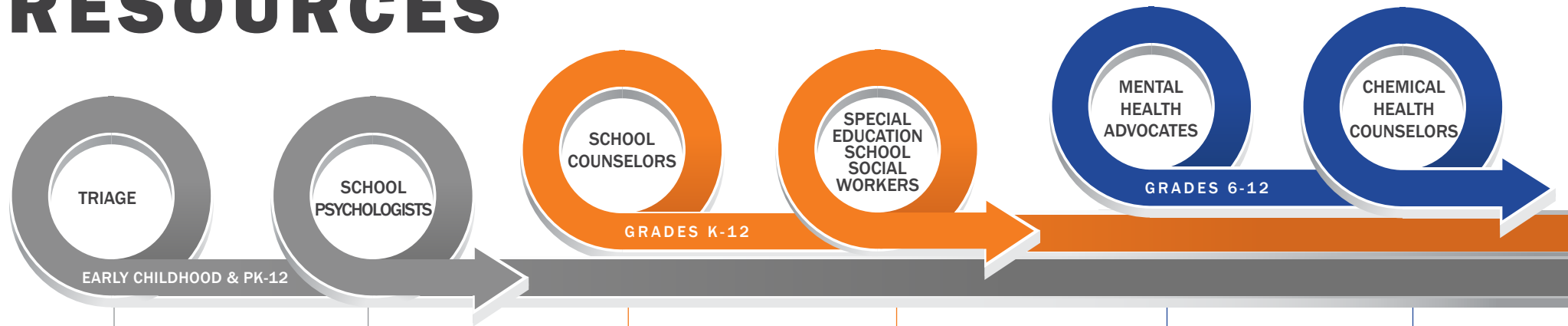


MENTAL HEALTH RESOURCES



Proctor mental health assessment to determine needs and appropriate supports

Provide assistance with setting up community mental health supports (psychiatry, diagnostic assessments)

Arrange crisis response in schools as needed

Facilitate screening and evaluation of students with academic, social, emotional, behavioral and/or mental health needs

Provide mental health support that may include crisis intervention, staff and family consultation, screening and assessing risk behaviors, or coordination with community providers and agencies

Provide academic supports

Offer social and emotional skills and counseling (individual and group)

Assist with college and career preparation

Connect students with other in-district mental health resources

Collaborate with families on student mental health resources and supports

Participate in screening and evaluation of students with social, emotional, behavioral and/or mental health needs

Provide direct and/or indirect services for students who qualify for special education services as specified on their Individualized Education Plan (such as individual and/or group mental health skills training, consultation and coordination with community providers/agencies, and providing crisis prevention & intervention)

Provide information and assist students and families with accessing school and community resources

Provide ongoing individual support to students to assist with coping skills, communication skills and skill building through individualized interventions and crisis management

Provide information and assist students and families with service coordination including (but not limited to) crisis intervention, targeted case management, advocacy, service linkage, and navigation

Respond to chemical violations occurring in-building and community

Provide resources and support for students and families around substance use issues

COMMUNITY RESOURCES

Crisis Text Line
Text "HOME" to 741741

Central MN Mental Health Center Crisis Line
Call 320-253-5555

Suicide Crisis Lifeline
Call 988

Trevor Project
Text "START" to 678678 or Call 866-488-7386

Central MN Mental Health Resources
www.helpingcentralmn.org

Call 911 if you need immediate assistance to stay safe.

