



Did you know? Missing only 2 days a month adds up to 10% of the school year. Even small absences can make it harder for children to stay on track.

Tips for Attendance Success

Consistency at home makes it easier for children to attend school on time and ready to learn. Try these simple steps:

- ✓ Set a regular bedtime and morning routine.
- ✓ Turn off electronics (video games, phone, social media) early enough to allow for a good night's sleep.
- ✓ Lay out clothes and pack backpacks the night before.
- ✓ Plan ahead for how your child will get to school if something comes up.

Healthy habits and planning make a big difference!

- ✓ Keep your child healthy and up to date on required immunizations.
- ✓ Schedule non-urgent medical appointments and family trips when school is not in session.
- ✓ If your child must stay home due to illness, let the school know and request missed work so they don't fall behind.

Strong relationships and support help children want to come to school.

- ✓ Frequent absences can be a sign that a child is losing interest in school, struggling with classwork, facing peer conflict, or dealing with other challenges.
- ✓ Keep an eye on your child's social connections, especially on social media, since peer pressure, conflict, or feeling isolated can affect attendance.
- ✓ If your child seems anxious about going to school, reach out to school staff. They can help your child feel more comfortable and excited about learning.
- ✓ Encourage your child to take part in meaningful after-school activities to build friendships and confidence.

We are here to help!

Find contacts and resources to support your family at www.rcsdk12.org/attendance.