Preferred Affection Communication Strategy

In order to identify how someone prefers for people to communication affection and praise, it is important to go directly to the source. Below is a paragraph that provides instructions for completing a series of controlled choice survey items about individual preferred affection communication strategies. ***Remember, some of these statements will apply for situations at home and some will apply for situations at school.*** The goal is to get an overall sense of how you prefer to receive affection and praise. Please read the paragraph below carefully:

"Let's suppose that you have worked hard on something, and you think that you have done a super job. If a grown-up that you care about (like a parent or teacher) were to reward your behavior, which of the two things below would you most like to happen? Please choose the **one** from each pair that you would like best."

Section 1

1.		Ask: Would you like a side hug?	A
		Be told: You are terrific	B
2.		Say: There is a special birthday present for you!	C
		Say: I will help you with your project	D
3.		Ask: Want to go to a movie with me?	E
		Ask: Would you like a high five?	A
4.		Say: You are so smart!	B
		Ask: Have you made your holiday wish list?	C
5.		Ask: Would you like to help me cook dinner?	D
		Say: I like going fun places with you!	E
6.		Ask: Would you like to come sit next me?	A
		Say: You are #1!	B
7.		Say: I have a surprise for you.	C
		Ask: Would you like to make something fun together?	D
8.		Ask: Want to watch TV together?	E
		Say: Tag, you're it!	A
9.		Say: You did a great job!	B
		Say: You earned a special surprise!	C
10.		Say: You can invite your friends.	D
		Say: Let's go to your favorite restaurant!	E

Add up Section 1:

A =		B =		C =		D =		E =	

Modified from: Chapman, G. D., & Campbell, R. (2012). The five love languages of children. Moody Press

Section 2

11.		Ask: Would a hug be helpful?	A
		Say: You are an awesome kid!	B
12.		Say: I brought your favorite food.	C
		Say: I checked your homework and it looks great!	D
13.		Say: You are so fun to spend time with!	I
		Say: I will race you!	E
14.		Say: Wow! You did it!	A
		Say: I put a special treat on your desk.	C
15.		Say: I cleaned up your space for you.	D
		Say: Let's play a game together.	E
16.		Say: Would you like to sit next to me?	A
		Say: You can do it! Don't give up!	B
17.		Ask: What would you like for your birthday?	C
		Say: Let's bring your friend with us to the movies!	D
18.		Say: I always like doing stuff with you.	E
		Ask: Would you like a fist bump?	A
19.		Say: How did you know to do that? You are brilliant!	B
		Say: I can't wait for you to see the surprise I got for you!	C
20.		Say: Don't worry. I will pick you up on time.	D
		Say: You get to pick what we are going to do today!	E

Add up Section 2:

A =		B =		C =		D =		E =	

Thank you for taking the time to complete this survey.

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Reinforcement Inventory

Scoring Key

Add up all four sections here:

Section 1	A =		B =		C =		D =		E =	
Section 2	A =		B =		C =		D =		E =	
Grand Total	A =		B =		C =		D =		E =	

Using the scoring chart above, number the following from 1-5 with 1 having the highest total score and 5 having the lowest total score.

_____ Physical Contact (A)

_____ Words of affirmation, praise (B)

_____ Gifts, items (C)

_____ Service and support (D)

_____ Quality Time (E)