

# What's on the Menu?



JANUARY 12<sup>TH</sup>-16<sup>TH</sup> LUNCH MENU

plant power



Monday	Tuesday	Wednesday	Thursday	Friday
<b>AMERICAN CLASSICS</b>				
Mashed Potato Bowl	Italian Spaghetti	Salisbury Steak	Beef tostados	Chicken Jerk
Biscuit Corn	Carrots	RICE Peas	Green Beans	Pinto Beans Rice
<b>2MATO</b>				
CHEESE PIZZA	CHEESE PIZZA	CHEESE PIZZA	CHEESE PIZZA	MEAT LOVERS PIZZA
PEPPERONI PIZZA	PEPPERONI PIZZA	PEPPERONI PIZZA	PEPPERONI PIZZA	PEPPERONI PIZZA
<b>GRILLED</b>				
CHEESEBURGER	CHEESEBURGER	CHEESEBURGER	CHEESEBURGER	CHEESEBURGER
CHICKEN BURGER SANDWICH	SPICY CHICKEN BURGER SANDWICH	CHICKEN BURGER SANDWICH	SPICY CHICKEN BURGER SANDWICH	CHICKEN BURGER SANDWICH
WAFFLE FRIES	FRIES	WAFFLE FRIES	FRIES	WAFFLE FRIES
<b>ON THE GO</b>				
TUNA SALAD TOASTED FLATBREAD	CHICKEN WRAP	POPCORN CHICKEN SALAD TOASTED FLATBREAD	CHICKEN WRAP	TUNA SALAD TOASTED FLATBREAD
<b>EXTRA EXTRA</b>				
FRUIT MIX	PEARS	APPLE	ORANGE	BANANA
ORANGE	MIXED FRUIT	PINEAPPLE	PEACHES	MIXED FRUIT
BABY CARROTS & CELERY STICKS	CUCUMBER	CORN SWEET PEPPER SALAD	BABY CARROTS & CELERY STICKS	TOMATO WEDGES
TOMATO WEDGES	GARBANZO & KIDNEY BEANS SALAD	BROCCOLI	GARBANZO BEANS	CORN SWEET PEPPER SALAD



Deli Bar:  
TURKEY, HAM,, WG BREAD , SUB ROLL, AMERICAN CHEESE, PROVOLONE CHEESE,  
LETTUCE TOMATO

Offered Daily: Low-fat White Milk or Non-fat Chocolate Milk

chartwells  
serving up happy & healthy

This institution is an equal opportunity provider