plant power

What's on the Menu?

Elementary January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
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5 **NO SCHOOL**	6 Chicken Tenders Dinner Roll Seasoned Fries Sweet Corn Applesauce Pears	7 Italian Spaghetti Breadstick Mixed Vegetables Salad Fruit Mix Banana	8 Cheeseburger Baked Beans Zucchini Pear Orange	9 Pizza Peppers Broccoli Red Apple Mixed Fruit
12 Enchiladas Brown Rice Pinto Beans Cucumber Mixed Fruit Orange	13 Beef A Roni Breadstick Roasted Veggies Tomato Wedges Pears Fruit Mix	14 Salisbury Steak Rice Corn Broccoli Red Apple Grapes	15 Corn Dog Carrots Squash Orange Fruit Mix	16 Cheeseburger Green Beans Coleslaw Applesauce Banana
19 **NO SCHOOL** 	20 Hot Dog Baked Beans Salad Fruit Mix Red Apple	21 Cheeseburger Tater Tots Zucchini Orange Applesauce	22 Pizza Fresh Stir Fried Veggies Baby Carrots & Celery Apple Fruit Mix	23 Pasta Casserole Dinner Roll Mix Veggies Broccoli Pear Orange
26 Chicken & Rice Tortilla Carrots Sliced Cucumber Pears Fruit Mix	27 Popcorn Bowl Dinner Roll Corn Carrots & Celery Apple Orange	28 Beef Tacos Black Beans Tomato Wedges Grapes Fruit Mix	29 Chicken Spaghetti Dinner Roll Green Beans Corn & Black Bean Salad Applesauce Red Apple	30 Chicken Nuggets Dinner Roll Tater Tots Broccoli Banana Pears

Daily Offerings

COLD

Garden Salads

Assorted Deli Sandwiches

Sun butter & Jam

"Extra Extra" Bar with fruit and veggie side options

MOOD BOOST

All meals served with milk. Menus are subject to change.

If you have a food allergy, please notify us.

*This **institution** is an equal opportunity provider.*

chartwells Discovery KITCHEN

FALFURRIAS ELEMENTARY SCHOOL

LASATER ELEMENTARY SCHOOL

chartwells
serving up happy & healthy