

ARPS Family Center

Resources for families

2025-2026



Survival Center

138 Sunderland Rd, Amherst, MA 01002

(413) 549-3968

*The survival center has a food pantry that you can register for. They offer in person shopping, curbside pick up, and delivery. Register today!

For those who have recently relocated to the area, we are able to write vouchers to the Hadley Salvation Army for up to \$150.00. These vouchers can be used for either clothing or household items. We typically write vouchers on Tuesdays from 2-3pm, however, we can also schedule an appointment if that works better for the family

1. Bridge Family Resource Center

413.549.0297

101 University Drive, Suite A3

M-F, 9AM-5PM

Free kids clothes, diapers, programming & resources.

2. Family Outreach of Amherst

413.549.5548

401 Main Street

M-F, 9AM-5PM

Housing, healthcare, information & referrals

3. Community Action Family Center

90 Federal Street, Greenfield, MA

413.475-1555

M, T 9AM-6PM. W 9AM-4PM. F 9AM-3PM.

2nd & 4th Sat 9AM-12PM

School Readiness, Literacy, Parenting Skills & Support, Free Clothes & Diapers & Family Fun

4. Community Action WIC Program

CRESS

Community Responders for Equity, Safety, and Service

[Amherst Website](#) Click on the  CRESS button to get to the CRESS page


Phone: 413.259.3370

Email: info@amherstma.gov

Address: Town Hall; 4 Boltwood Avenue, Amherst, MA 01002

[CRESS full resource guide](#)

Please click the link above for a detailed resource guide on the resources listed below

- Housing
 - Food/Life Needs
 - Children/Families
 - Mental Health/Recovery
 - Domestic Violence/Advocacy
 - Elder Care/Services
 - Legal Services
 - Immigration/Education Services
 - Identity/Gender Services
- 

2025/26

THE PUZZLE OF PARENTING



Free workshops designed to support parents, grandparents and caregivers of children from birth to kindergarten age.



Positive Solutions

This is an evidence-based series of six sessions developed by the Center on the Social and Emotional Foundations for Early Learning (CSEFEL). It is designed to help parents and caregivers promote their young child's social and emotional development and to better understand young children's challenging behaviors. Parents and caregivers will learn how to use positive approaches to improve their interactions with their child; help children learn appropriate behavior; and to build their child's confidence and self-esteem. Thereby, preparing children for successful early learning experiences.

WHEN: 2/24/26, 3/3/26, 3/10/26, 3/17/26, 3/24/26,
3/31/26; 6:30-7:30pm

WHERE: VIRTUAL

Pre-registration is
required and
helps us to plan.

Thank you!

PLEASE REGISTER AS IT HELPS US PLAN. SIGN UP WITH YOUR CFCE SPECIALIST OR:

CALL: 413-588-5568 | E-MAIL: earlychildhood@collaborative.org | ONLINE: <http://bit.ly/pop2026>



CES · CFCE
COORDINATED FAMILY AND COMMUNITY ENGAGEMENT

Funded by a Coordinated Family and Community Engagement grant from the MA Department of Early Education and Care, administered by Collaborative for Educational Services





CES·CFCE

COORDINATED FAMILY AND COMMUNITY ENGAGEMENT



FAMILY CENTERS & PLAYGROUPS

Places to grow for families and children from birth to kindergarten

FREE AND OPEN TO THE PUBLIC

[Belchertown Playgroup](#)

Contact: Caylin Haley
chaley@collaborative.org
413-206-9454
facebook.com/belchertown.cfce/

[Easthampton Family Center](#)

Contact: Kelly Brown
kebrown@collaborative.org
facebook.com/
EasthamptonFamilyCenter

[Goshen/Chesterfield Playgroup](#)

Contact: Greta Zane
gzane@collaborative.org
facebook.com/HRSDCFCE

[Granby Playgroup](#)

Contact: Marti Wiechman
mwiechman@collaborative.org
413-247-4742

[Hatfield Playgroup](#)

Contact: Marti Wiechman
mwiechman@collaborative.org
413-247-4742

[N. Amherst Playgroup](#)

Contact: Marti Wiechman
mwiechman@collaborative.org
413-247-4742

[Palmer/Monson Family Network Playgroup](#)

Contact: Donna Jasak
djasak@collaborative.org
facebook.com/
palmermonsonfamilynetwork

[Pelham Playgroup](#)

Contact: Caylin Haley
chaley@collaborative.org
413-206-9454
facebook.com/pelhamlibraryplaygroup

[South Hadley Playgroup](#)

Contact: Debbie Mendes
dmendes@collaborative.org
facebook.com/SouthHadleyCFCE

[Southampton Playgroup](#)

Contact: Greta Zane
gzane@collaborative.org
facebook.com/HRSDCFCE

[Ware Family Center](#)

Contact: Laurie Desjardins
ldesjardins@collaborative.org
413-239-4023
facebook.com/WareFamilyCenter

[Warren West Brookfield Playgroup](#)

Contact: Laurie Desjardins
ldesjardins@collaborative.org
413-239-4023
facebook.com/WarrenWest-Brookfield-
Playgroup

[Westhampton Playgroup](#)

Contact: Greta Zane
gzane@collaborative.org
facebook.com/HRSDCFCE

[Williamsburg Playgroup](#)

Contact: Greta Zane
gzane@collaborative.org
facebook.com/HRSDCFCE

[Información de CFCE y el apoyo a la programación en español:](#)

Rossana Salazar
rsalazar@collaborative.org

For general information:

Michelle Mendes: mmendes@collaborative.org • 413-206-2850
Emily Ortiz Bouvier: eortizbouvier@collaborative.org • 413-588-5568
facebook.com/ces.earlychildhood •
[Parent/Child Programs \(CFCE\) - Collaborative for Educational Services](#)
Or use the QR code to the right



2025/26

THE PUZZLE OF PARENTING



Free workshops designed to support parents, grandparents and caregivers of children from birth to kindergarten age.



Baby & Toddler Sign Language

Join us to learn how you can enhance communication with your young child before they are verbal by introducing and using ASL signs together.

WHEN: 1/15/26, 1/22/26, 1/29/26,
2/5/26 and 2/12/26; 6:30-7:30pm

WHERE: Virtual

Pre-registration is
required and
helps us to plan.

Thank you!

TO RESERVE YOUR PLACE SIGN UP WITH YOUR CFCE SPECIALIST OR:

CALL: 413-588-5568 | **E-MAIL:** earlychildhood@collaborative.org | **ONLINE:** bit.ly/pop2026 or



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ParentChild+

Equal Possibilities From The Start

FREE TOYS & BOOKS!

The ParentChild+ Program brings a visiting Early Learning Specialist to your home twice a week to share fun ways to help your child learn through play.

The Home Visitor will bring FREE educational toys and books for your child to keep.

Visits are 30-minutes long and can be scheduled at your convenience during the day or early evening.

There is NO COST to you

To find out if you are eligible for this special program that helps prepare children for later school success, please scan the QR code, return this form, or call:

Michelle Mendes,
PC+ Coordinator
mmendes@collaborative.org
(413) 206-2850

Apply now or make a referral



Yes, I have a child between the ages of 16 months and 3 years old and live in one of these communities:

Amherst, Belchertown, Chesterfield, Easthampton, Goshen, Granby, Hatfield, Monson, Palmer, Pelham, South Hadley, Southampton, Ware, Warren, West Brookfield, Westhampton, Williamsburg

**I would like to receive information about the ParentChild+ Program!
Please scan the QR code for fill out the form below:**

Parent's Name(s) _____

Street Address _____

Town _____ State _____ Zip _____

Phone Number (_____) _____

Email: _____

Child's Name _____

Child's Date of Birth _____

Language(s) Spoken at Home _____

Please return to the agency that gave you this flyer, or to:

ParentChild+ Program c/o the Early Childhood Department
97 Hawley Street • Northampton, MA 01060



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The ParentChild+ Program is administered by the Collaborative for Educational Services and is funded through a grant from the Massachusetts Department of Early Education and Care.

ParentChild+

Equal Possibilities From The Start

FREE TOYS & BOOKS!

ParentChild+ provides:

- A proven strengths-based home visiting early literacy program
- Skill-building for parents/caregivers on engaging children in learning through play
- Information on local community resources to promote family stability
- School readiness skills



CES·CFCE
COOPERATIVE EARLY AND COMMUNITY ENGAGEMENT



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