

Ontario-Montclair School District

CLASS SPECIFICATION Behavioral Health Therapist I

GENERAL PURPOSE

Under the direction of the Program Manager, Behavioral Health, the Behavioral Health Therapist provides behavioral health services to district students referred for assessment and assistance with the goal of facilitating and promoting appropriate behavioral health and personal growth.

DISTINGUISHING CHARACTERISTICS

A Behavioral Health Therapist identifies the behavioral health needs of students and develops therapy goals and objectives for implementation through an individual therapy plan. The Behavioral Health Therapist will participate in weekly individual and/or group clinical supervision through the Ontario-Montclair School District Behavioral Health Resource Center to meet requirements for internship hours.

ESSENTIAL DUTIES AND RESPONSIBILITIES

The duties listed below are intended only as illustrations of the various types of work that may be performed. The omission of specific statements of duties does not exclude them from the position if the work is similar, related or a logical assignment to this class. There will typically be an assigned schedule for these duties.

1. Provides individual, group and family therapy services; completes required documentation for students.
2. Provides high performance, customer service-oriented work environment which supports achieving District and site objectives and service expectations.
3. Works in collaboration with multiple District, city, county and private agencies in a school-based and school linked integration model to direct and manage the delivery of therapy services to at-risk youth and their families; refers students to other public/private community agencies.
4. Develops and maintains behavioral health programs to meet student needs; conducts interviews, assessments and observations.
5. Participates in special assessments, individual therapy plans, and other meetings. Participates in weekly individual and/or group clinical supervision.
6. Performs related duties as required.

QUALIFICATIONS

Knowledge of:

1. Theory, principles and practices of behavioral health.
2. Federal, state and local laws, regulations and codes regarding standards of practice for behavioral health and case management.
3. Community resources and services applicable to carrying out assigned case management and social services responsibilities.
4. Child, adolescent or developmental psychology and group dynamic theories and practices.

Ability:

1. To identify the behavioral needs of students and assess family case management needs.

2. To maintain accurate records; meet established time frames.
3. Establish and maintain effective relationships with those contacted in the course of work.
4. Obtain sensitive and confidential information through personal interview.
5. Interact effectively with parents and children of diverse backgrounds and experiences.
6. Counsel person on difficult, sensitive and confidential matters often involving issues that are emotionally upsetting.
7. Establish and maintain case records, files, reports and other materials.
8. Communicate effectively orally and in writing.

Education, Training and Experience:

A Master's degree in social work, psychology, marriage and family therapy, and/or related field. Experience working with behavioral health programs as a Board of Behavioral Sciences (BBS) trainee or student practicum intern.

Licenses; Certificates; Special Requirements:

Valid California Board of Behavioral Sciences (BBSE), Marriage Family Therapist Intern (MFT Intern) license, or Associate Clinical Social Worker (ACSW).

A valid California Class C driver's license, a good driving record and the ability to maintain insurability under the District's vehicle insurance policy. Preferred Bilingual/Spanish.

PHYSICAL AND MENTAL DEMANDS

The physical and mental demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this class. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

Physical Demands

While performing the duties of this class, an employee is regularly required to sit; talk or hear, in person, in meetings and by telephone; use hands to finger, handle, feel or operate standard office equipment; and reach with hands and arms. The employee is frequently required to walk and stand.

Specific vision abilities required by this job include close vision and the ability to adjust focus.

Mental Demands

While performing the duties of this class, the employee is regularly required to use written and oral communication skills; read and interpret complex data, information and documents; analyze and solve problems; observe and interpret people and situations; use math and mathematical reasoning; learn and apply new information or skills; perform highly detailed work on multiple, concurrent tasks with constant interruptions; work under intensive deadlines and interact with administrators, faculty, parents, students, representatives of other public and private agencies and others encountered in the course of work.

WORK ENVIRONMENT

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this class. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. The employee works under typical office conditions, and the noise level is usually quiet.

Board Approved: April 15, 2010