



# Bellevue Elementary

Bellevue City School District, Bellevue Ohio

December 2025

Dear Families, With Children at Heart,

"**Tech-Free Tuesday**" is a family activity that involves dedicating Tuesdays to **non-digital time** to connect and engage in offline activities. To participate, families can turn off phones, TVs, and computers for a set period, like one evening, and instead, play board games, go for a walk, cook together, read, or do other activities.

How to implement "Tech-Free Tuesday"

**Set clear guidelines:** Decide on the specific time period, like Tuesday evenings, and be clear about which devices are included.

**Plan activities in advance:** Having a list of backup activities can help prevent boredom and the temptation to turn on a screen.

**Start small:** If a full evening is too much, start with "Half-Tech Tuesdays," where you swap just one hour of screen time for family time.

**Make it a collaborative effort:** Involve the whole family in choosing activities, like cooking together, writing letters to family members, doing a craft, picking songs to sing together and following along to the lyrics, playing classic games, inside the house hide and go seek (yes, even mom finds a place to hide) or going to a park or the library.

You CAN do it! And you'll be so glad you did!

With Children at Heart,

*Mrs. Turner*, Principal

## A Look Ahead

Dec. 4th - 1st Dress up day for the 12 Days of December  
It's Beginning to look a lot like Christmas—wear white/white out (see back of newsletter for complete calendar)

Dec. 9th - Donuts with Dads 7:30-8:30 am

Dec. 10th - PTO Meeting 6 p.m.

Dec. 11th - Harris, Oddo, Ricci - 6:00 p.m. program  
Andres, Heuser, Hawkins - 7:15 p.m. program

Dec. 15th-Dec. 17th - BES Book Fair in the library, Children can visit during Library or P.E class

Dec. 16th - BES Choir Concert

Dec. 22nd - Jan. 2nd Winter Break

Thanks for the toys for inside recess!  
We love the games and puzzles.



# Careers on Display 25-26

