2023 GMLOKS Varsity Invite Meet - 4/27/2023

Grand Meadow High School

Results

Girls 100 Meter Dash

	Name	Yr	School	Finals	
Finals					
1	Anika Reiland		GrandMeadow/LeRc	12.16	10
2	Chantle Reiland		GrandMeadow/LeRc	12.37	8
3	Taylor Kurtz		DOEY	12.42	6
4	Hayley Lentsch	SO	Knights	12.76	4
5	Breanna Subbert	SO	Vikings	13.04	2
6	MacKenzie Geers		TRI	13.37	1
7	Vanessa Schmidt	JR	Knights	13.58	
8	Avy Agenten	FR	Knights	14.03	
9	Dilyn Bryant	SO	DOEY	14.07	
10	Ameryn Dostal		TRI	14.36	
11	ZaKayah Houston		Knights	x14.37	
12	Lucia Valesco	SR	LP	14.41	
13	Avery Stroup		GrandMeadow/LeRc	14.59	
14	Isabel Winfield	FR	Vikings	14.83	
15	Kaylin Mensink		GrandMeadow/LeRc	x14.85	
16	Maddie Watson	SO	DOEY	15.54	
17	Lily Halvorson	8t	Vikings	15.69	
18	Jada Leif	7	LP	15.71	
19	Addison Augustin	FR	Vikings	x15.98	
20	Anna Pauly	SR	BP	16.06	
21	Madi Klankowski	8	LP	16.14	
22	Heather Haselius	SR	RACE	16.52	
23	Kailyn Bissen	FR	BP	16.53	
24	Madison Corkill	FR	BP	16.92	
25	Jashary Leonardo Sandivol	JR	LP	x18.18	
26	Devyn Link		GrandMeadow/LeRc	x18.81	
---	Romina Medina		TRI	X14.53	
---	Holly Harvey		TRI	X17.38	

Girls 200 Meter Dash

	Name	Yr	School	Finals	
Finals					
1	Chantle Reiland		GrandMeadow/LeRc	26.01	10
2	Hayley Lentsch	SO	Knights	26.55	8
3	Lydia Redman		GrandMeadow/LeRc	27.83	6
4	Annaka Forsberg	JR	BP	27.89	4
5	Adella Schmoll	SO	RACE	28.14	2
6	Ava Cummings		TRI	28.52	1
7	Kailyn Schneider		GrandMeadow/LeRc	29.12	
8	Grace Soltau		GrandMeadow/LeRc	x29.45	
9	Avy Agenten	FR	Knights	29.63	
10	Kaylee Hagstrom	JR	RACE	29.98	
11	Isabel Winfield	FR	Vikings	30.16	
12	Kaylin Mensink		GrandMeadow/LeRc	x30.22	
13	Lila Huschle		Knights	30.27	
14	Lauryn Nauman		TRI	31.28	
15	Maddie Watson	SO	DOEY	32.50	
16	Isabel Dickel	SO	BP	32.75	
17	Kate Rauen	JR	LP	32.96	
18	Estella Reynolds	SR	RACE	34.74	
19	Madison Corkill	FR	BP	35.90	
20	Holly Harvey		TRI	37.04	
21	Ashley Lagunas	FR	LP	38.70	
22	Devyn Link		GrandMeadow/LeRc	x38.96	
23	Carli Sabatini	SR	LP	40.33	
24	Vicky Sanchez-Vazquez	SO	LP	x40.86	

Girls 400 Meter Dash

	Name	Yr	School	Finals	
Finals					
1	Hayley Lentsch	SO	Knights	1:03.25	10
2	Ava Cummings		TRI	1:04.25	8
3	McKenna Hendrickson		GrandMeadow/LeRc	1:06.77	6
4	Isabel Winfield	FR	Vikings	1:07.59	4
5	Holly Carlstrom		Knights	1:14.01	2
6	Lucia Valesco	SR	LP	1:14.66	1
7	Olivia Heard	SR	LP	1:22.88	
8	Daniela Camarena Gonzalez	FR	LP	1:23.99	
9	Vicky Sanchez-Vazquez	SO	LP	x1:36.94	
10	Molly Robins	JR	BP	1:40.46	

Girls 800 Meter Run

	Name	Yr	School	Finals	
Finals					
1	Sarah Baum	SR	RACE	2:30.29	10
2	Belle Alderman	SR	RACE	2:39.23	8
3	MacKenzie Geers		TRI	2:41.20	6
4	Kendyl Queensland		GrandMeadow/LeRc	2:43.90	4
5	Kaelynn Ryan	FR	Knights	2:47.49	2
6	Mari O'Connor		Knights	2:50.66	1
7	Kendahl Lewis	SR	LP	2:58.98	
8	Lexi Lewis	SO	LP	2:58.99	
9	Aviana Alexander	FR	Vikings	3:01.80	
10	Lila Quail	FR	BP	3:06.31	
11	Laney Huff		GrandMeadow/LeRc	3:08.76	
12	Taylor Thomforde		Knights	3:09.52	

Girls 1600 Meter Run

	Name	Yr	School	Finals	
Finals					
1	Sarah Baum	SR	RACE	5:40.25	10
2	Naomi Warmka		GrandMeadow/LeRc	6:05.38	8
3	Mari O'Connor		Knights	6:09.13	6
4	Kaylie Betts		GrandMeadow/LeRc	6:19.79	4
5	Heidi Haselius	FR	RACE	6:24.24	2
6	Norah Young	JR	RACE	6:26.90	1
7	Lexi Lewis	SO	LP	6:29.43	
8	Lily Peterson	FR	Knights	6:30.22	
9	Aubrie Schneider		GrandMeadow/LeRc	6:40.94	
10	Ashlyn Enright	JR	DOEY	6:44.90	
11	Abby Smith	SR	BP	6:47.52	
12	Gretchen Hubka		GrandMeadow/LeRc	x6:47.82	

Girls 3200 Meter Run

	Name	Yr	School	Finals	
Finals					
1	Gloria Hernandez		BP	12:50.94	10
2	Kirsten Koopal	SO	LP	13:04.84	8

2023 GMLOKS Varsity Invite Meet - 4/27/2023

Grand Meadow High School

Results

Finals ... (Girls 3200 Meter Run)

	Name	Yr	School	Finals	
3	Keyawin Stier		GrandMeadow/LeRo	13:47.90	6
4	Kaylie Betts		GrandMeadow/LeRo	14:07.17	4
5	Delaney Alden		GrandMeadow/LeRo	16:10.36	2

Girls 100 Meter Hurdles

	Name	Yr	School	Finals	
Finals					
1	Katelyn Hauser		GrandMeadow/LeRo	16.52	10
2	Breeley Galle		GrandMeadow/LeRo	17.26	8
3	Gracie Foster		GrandMeadow/LeRo	17.47	6
4	Kaylee Hagstrom	JR	RACE	18.21	4
5	Aidree Van Beek		TRI	18.32	2
6	Hanna Strom		TRI	18.44	1
7	Ava Robertson	JR	RACE	18.62	
8	Clare Rennie	SR	BP	19.25	
9	Olivia Weber		TRI	19.26	
10	Aviana Alexander	FR	Vikings	19.34	
11	Karlee Bolton		Knights	20.80	
12	Lily Halvorson	8t	Vikings	21.52	
13	Heather Haselius	SR	RACE	22.47	
14	Hannah Potter	FR	RACE	x22.96	

Girls 300 Meter Hurdles

	Name	Yr	School	Finals	
Finals					
1	Katelyn Hauser		GrandMeadow/LeRo	50.41	10
2	Breeley Galle		GrandMeadow/LeRo	50.47	8
3	Gracie Foster		GrandMeadow/LeRo	52.61	6
4	Adella Schmoll	SO	RACE	53.46	4
5	Olivia Weber		TRI	54.53	2
6	Fiona Robertson	FR	RACE	54.72	1
7	Hanna Strom		TRI	54.75	
8	Clare Rennie	SR	BP	54.87	
9	Aidree Van Beek		TRI	57.38	
10	Ava Robertson	JR	RACE	58.57	
11	Carmen Nerison	FR	Knights	58.68	
12	Lily Halvorson	8t	Vikings	1:06.92	
13	Heather Haselius	SR	RACE	x1:08.48	

Girls 4x100 Meter Relay

	Team	Relay	Finals	
Finals				
1	GrandMeadow/LeRo		51.92	10
	1) Lydia Redman	2) Katelyn Hauser		
	3) Chantle Reiland	4) Gracie Foster		
2	GrandMeadow/LeRo	B	x55.48	
	1) Kaylin Mensink	2) Avery Stroup		
	3) Kailyn Schneider	4) Rylee Kleeberger		
3	Triton		57.98	8
	1) Romina Medina	2) Brylee Reniker		
	3) Ameryn Dostal	4) Lauryn Nauman		
4	Blooming Praire		59.84	6
	1) Chloe Weber FR	2) Elizabeth Miner JR		
	3) Kailyn Bissen FR	4) Isabel Dickel SO		
5	Kenyon-Wanamingo		1:01.14	4
	1) Karlee Bolton	2) Elsie Braaten FR		
	3) Tatium Lair	4) Holly Carlstrom		
6	Lyle-Pacelli	B	x1:07.08	
	1) Jada Leif 7	2) Nathalie Daza da la Cruz 7		
	3) Kaylee Alfaro Hernandez 7	4) Abby Yepez Ramirez 8		
7	Lyle-Pacelli		1:07.18	2
	1) Arii DeLuna JR	2) Abby Christopherson SR		
	3) Jashary Leonardo Sandivol JR	4) Zuri Leonardo Sandivol FR		

Girls 4x200 Meter Relay

	Team	Relay	Finals	
Finals				
1	Triton		1:56.01	10
	1) Romina Medina	2) Ava Cummings		
	3) Maddison Maes	4) MacKenzie Geers		
2	GrandMeadow/LeRo		1:56.08	8
	1) Lydia Redman	2) Breeley Galle		
	3) Kailyn Schneider	4) Avery Stroup		
3	Triton	B	x2:02.04	
	1) Keanna Molina	2) Averee Henslin		
	3) Reagan Essig	4) Aidree Van Beek		
4	Kenyon-Wanamingo		2:07.37	6
	1) Tatium Lair	2) Holly Carlstrom		
	3) Lila Huschle	4) ZaKayah Houston		
5	Lyle-Pacelli		2:16.81	4
	1) Jada Leif 7	2) Zuri Leonardo Sandivol FR		
	3) Daniela Camarena Gonzalez FR	4) Audrey Wilde 8		

Girls 4x400 Meter Relay

	Team	Relay	Finals	
Finals				
1	GrandMeadow/LeRo		4:34.04	10
	1) Cassidy Redman	2) Naomi Warmka		
	3) Kendyl Queensland	4) Lauren Queensland		
2	RACE		4:50.04	8
	1) Fiona Robertson FR	2) Ava Robertson JR		
	3) Norah Young JR	4) Sarah Baum SR		
3	Triton		4:50.44	6
	1) Hanna Strom	2) Ameryn Dostal		
	3) Lauryn Nauman	4) Olivia Weber		
4	Blooming Praire		5:00.27	4
	1) Sophie Thomas JR	2) Abby Smith SR		
	3) Lila Quail FR	4) Chloe McCarthy SR		
5	GrandMeadow/LeRo	B	x5:03.90	
	1) Mya Walerak	2) Brynna Nelson		
	3) Gretchen Hubka	4) Alyssa Peterson		
6	Dover-Eyota		5:10.09	2
	1) Dilyn Bryant SO	2) Maddie Watson SO		
	3) Ashlyn Enright JR	4) Reese Barker JR		
7	Lyle-Pacelli		5:12.96	1
	1) Lexi Lewis SO	2) Kendahl Lewis SR		
	3) Liz Frederick SO	4) Kirsten Koopal SO		
8	Lyle-Pacelli	B	x5:29.66	
	1) Daniela Camarena Gonzalez FR	2) Meg Rauen JR		
	3) Audrey Wilde 8	4) Lucia Valesco SR		

2023 GMLOKS Varsity Invite Meet - 4/27/2023

Grand Meadow High School

Results

Girls 4x800 Meter Relay

	Team	Relay	Finals	
Finals				
1	Kenyon-Wanamingo		11:59.16	10
	1) Grace Nystuen JR	2) Julia Patterson JR		
	3) Kaelynn Ryan FR	4) Anna Syverson JR		
2	Lyle-Pacelli		12:07.29	8
	1) Madi Klankowski 8	2) Clare Bisanti 7		
	3) Kendahl Lewis SR	4) Liz Frederick SO		
3	GrandMeadow/LeRo		12:18.05	6
	1) Cassidy Redman	2) Naomi Warmka		
	3) Grace Soltau	4) Alyssa Peterson		

Girls 800 Sprint Medley

	Team	Relay	Finals	
Finals				
1	Triton		2:05.31	10
	1) Keanna Molina	2) Reagan Essig		
	3) Averee Henslin	4) Maddison Maes		
2	GrandMeadow/LeRo		2:11.43	8
	1) Rylee Kleeberger	2) Aubrianna Buttke		
	3) Mya Walerak	4) Brynna Nelson		
3	Blooming Praire		2:12.72	6
	1) Chloe Weber FR	2) Olivia Vaale FR		
	3) Elizabeth Miner JR	4) Lila Quail FR		
4	Lyle-Pacelli		2:16.28	4
	1) Kate Rauen JR	2) Olivia Heard SR		
	3) Ashley Lagunas FR	4) Kirsten Koopal SO		
5	RACE		2:22.43	2
	1) Magdalene Kjos SR	2) Hannah Potter FR		
	3) Heidi Haselius FR	4) Estella Reynolds SR		
6	Kenyon-Wanamingo		2:23.48	1
	1) ZaKayah Houston	2) Elsie Braaten FR		
	3) Lila Huschle	4) Holly Carlstrom		

Girls Distance Medley

	Team	Relay	Finals	
Finals				
1	Blooming Praire		4:43.70	10
	1) Chloe Weber FR	2) Elizabeth Miner JR		
	3) Chloe McCarthy SR	4) Gloria Hernandez		
2	RACE		4:43.96	8
	1) Fiona Robertson FR	2) Adella Schmoll SO		
	3) Kaylee Hagstrom JR	4) Belle Alderman SR		
3	GrandMeadow/LeRo		4:49.97	6
	1) Rylee Kleeberger	2) Grace Soltau		
	3) Cassidy Redman	4) Keyawin Stier		
4	Lyle-Pacelli		5:18.51	4
	1) Kate Rauen JR	2) Meg Rauen JR		
	3) Liz Frederick SO	4) Clare Bisanti 7		
5	Lyle-Pacelli	B	x6:30.87	
	1) Abby Christopherson SR	2) Zuri Leonardo Sandivol FR		
	3) Ashley Lagunas FR	4) Vicky Sanchez-Vazquez SO		

Girls High Jump

	Name	Yr	School	Finals	
Finals					
1	Kendyl Queensland		GrandMeadow/LeRo	5-00.00	10
2	Hanna Strom		TRI	4-06.00	8
3	Olivia Weber		TRI	4-06.00	6
4	Lauren Queensland		GrandMeadow/LeRo	4-06.00	4
5	Nevaeh Shaw		GrandMeadow/LeRo	4-06.00	2
6	Amber Ziegler	8t	Vikings	4-06.00	1
7	Aviana Alexander	FR	Vikings	4-04.00	
8	Vanessa Schmidt	JR	Knights	4-02.00	
9	Heidi Haselius	FR	RACE	4-02.00	
9	Grace Nystuen	JR	Knights	4-02.00	
11	Isabel Winfield	FR	Vikings	4-00.00	
12	Aidree Van Beek		TRI	4-00.00	
---	Holly Carlstrom		Knights	NH	
---	Aurora Wiskow	FR	Knights	NH	
---	Fiona Robertson	FR	RACE	NH	

Girls Pole Vault

	Name	Yr	School	Finals	
Finals					
1	Dilyn Bryant	SO	DOEY	7-06.00	10
2	Avery Stroup		GrandMeadow/LeRo	7-00.00	7
2	Clare Rennie	SR	BP	7-00.00	7
4	Evelyn Scheffler	JR	Knights	6-00.00	4
5	Reagan Essig		TRI	6-00.00	2
6	Nevaeh Shaw		GrandMeadow/LeRo	6-00.00	1
7	Rylee Kleeberger		GrandMeadow/LeRo	5-06.00	
8	Keanna Molina		TRI	5-06.00	
---	Maddison Maes		TRI	NH	

Girls Long Jump

	Name	Yr	School	Finals	
Finals					
1	Dilyn Bryant	SO	DOEY	17-07.50	10
2	Hayley Lentsch	SO	Knights	17-00.00	8
3	Anika Reiland		GrandMeadow/LeRo	16-03.75	6
4	Adella Schmoll	SO	RACE	15-09.00	4
5	Vanessa Schmidt	JR	Knights	15-06.00	2
6	Chantle Reiland		GrandMeadow/LeRo	15-05.50	1
7	Breanna Subbert	SO	Vikings	14-11.75	
8	Katelyn Hauser		GrandMeadow/LeRo	14-08.50	
9	Lauren Queensland		GrandMeadow/LeRo	x14-05.00	
10	MacKenzie Geers		TRI	13-09.50	
11	Kaylee Hagstrom	JR	RACE	13-08.50	
12	Chloe Weber	FR	BP	13-04.00	
13	Carmen Nerison	FR	Knights	13-02.50	
14	Amber Ziegler	8t	Vikings	13-02.00	
15	Sophie Thomas	JR	BP	12-07.25	
16	Tessa Erlandson	JR	Knights	x12-06.75	
17	Hannah Potter	FR	RACE	12-04.50	
18	Averee Henslin		TRI	12-01.50	
18	Lily Halvorson	8t	Vikings	12-01.50	
20	Maddie Watson	SO	DOEY	12-01.00	

2023 GMLOKS Varsity Invite Meet - 4/27/2023

Grand Meadow High School

Results

Finals ... (Girls Long Jump)

	Name	Yr	School	Finals
21	Elizabeth Miner	JR	BP	12-00.00
22	Anna Pauly	SR	BP	x11-11.50
23	Lexi Lewis	SO	LP	11-04.75
24	Madi Klankowski	8	LP	11-03.50
25	Addison Augustin	FR	Vikings	x10-09.50
26	Abby Christopherson	SR	LP	10-05.75
27	Audrey Wilde	8	LP	x9-05.50
28	Magdalene Kjos	SR	RACE	x8-10.00

Girls Triple Jump

	Name	Yr	School	Finals	
Finals					
1	Kendyl Queensland		GrandMeadow/LeRc	33-08.00	10
2	Breeley Galle		GrandMeadow/LeRc	33-02.00	8
3	Breanna Subbert	SO	Vikings	31-10.00	6
4	Amber Ziegler	8t	Vikings	30-04.50	4
5	Chloe McCarthy	SR	BP	30-02.50	2
6	Ameryn Dostal		TRI	29-04.25	1
7	Avy Agenten	FR	Knights	29-02.00	
8	Lauryn Nauman		TRI	28-10.00	
9	Keanna Molina		TRI	28-07.50	
10	Tessa Erlandson	JR	Knights	28-03.00	
11	Carmen Nerison	FR	Knights	27-07.00	
12	Norah Young	JR	RACE	24-09.50	
13	Addison Augustin	FR	Vikings	19-08.50	

Girls Shot Put

	Name	Yr	School	Finals	
Finals					
1	Calli Coolidge	SR	Vikings	34-06.00	10
2	Breanna Subbert	SO	Vikings	33-09.00	8
3	Reagan Essig		TRI	28-11.50	6
4	Becca Hoffman		GrandMeadow/LeRc	28-06.00	4
5	Lillian Beyer	JR	Vikings	28-04.50	2
6	Olivia Heard	SR	LP	26-06.50	1
7	Haylie Paul		GrandMeadow/LeRc	25-07.00	
8	Grace Nystuen	JR	Knights	24-09.00	
9	Dasa Brewster		GrandMeadow/LeRc	24-07.50	
10	Sierra Fish		TRI	23-08.00	
11	Julia Patterson	JR	Knights	22-05.00	
12	Estella Reynolds	SR	RACE	21-11.50	
13	Kendyl Beyer	FR	Vikings	x21-11.00	
14	Molly Robins	JR	BP	21-09.50	
15	Norah Young	JR	RACE	20-04.50	
16	Elise Carlisle	SO	RACE	20-02.00	
17	Katrina Uthke	SR	DOEY	20-00.00	
18	Diana Garcia		GrandMeadow/LeRx	19-06.00	
19	Molly Jorgenson		GrandMeadow/LeRx	18-05.50	
20	Mia Lowe		GrandMeadow/LeRx	17-05.00	
21	Eliahna Watson		GrandMeadow/LeRx	17-03.00	
22	Magdalene Kjos	SR	RACE	x16-11.00	
23	Evelyn Scheffler	JR	Knights	15-09.00	
24	Lily Hutter	JR	Knights	x15-08.00	
25	Tatum Stier		GrandMeadow/LeRx	11-04.50	

Girls Discus Throw

	Name	Yr	School	Finals	
Finals					
1	Calli Coolidge	SR	Vikings	105-08	10
2	Becca Hoffman		GrandMeadow/LeRc	105-03	8
3	Sophie Thomas	JR	BP	104-11	6
4	Brynn Sathre		GrandMeadow/LeRc	96-09	4
5	Haylie Paul		GrandMeadow/LeRc	95-06	2
6	Lillian Beyer	JR	Vikings	93-06	1
7	Ava Robertson	JR	RACE	82-00	
8	Sierra Fish		TRI	79-07	
9	Olivia Heard	SR	LP	72-05	
10	Julia Patterson	JR	Knights	67-00	
11	Katherine Hyrkas		GrandMeadow/LeRc	x65-00	
12	Dasa Brewster		GrandMeadow/LeRc	x63-05	
13	Eliahna Watson		GrandMeadow/LeRc	x63-04	
14	Elise Carlisle	SO	RACE	57-10	
15	Estella Reynolds	SR	RACE	57-05	
16	Kendyl Beyer	FR	Vikings	57-00	
17	Anabelle Lindquist	SR	Vikings	x56-00	
18	Anna Syverson	JR	Knights	54-04	
19	Katrina Uthke	SR	DOEY	51-03	
20	Molly Robins	JR	BP	49-10	
21	Evelyn Scheffler	JR	Knights	49-09	
22	Diana Garcia		GrandMeadow/LeRc	x45-05	
23	Mia Lowe		GrandMeadow/LeRc	x45-02	
24	Hannah Potter	FR	RACE	x44-10	
25	Tatum Stier		GrandMeadow/LeRc	x35-06	

Boys 100 Meter Dash

	Name	Yr	School	Finals	
Finals					
1	Jacob Schmoll	SR	RACE	11.29	10
2	Damon Bye	JR	DOEY	11.50	8
3	Kaaleem Reiland	FR	Gmloks	11.51	6
4	Cam Ruechel	SR	Gmloks	11.80	4
5	Beau Weirsma	JR	Gmloks	11.81	2
6	Kale Mensink	SR	Gmloks	x12.18	
7	Noel Hernandez		Knights	12.29	1
8	Cohen Heins	JR	Vikings	12.37	
9	Cole Wangen	SO	BP	12.43	
10	Andrew Wendt	JR	DOEY	12.45	
11	Brady Dessner	FR	DOEY	12.49	
12	Colten Lohman		Knights	12.58	
13	Bently Weirsma		Gmloks	x12.59	
14	Jacob Cornell	SO	DOEY	x12.68	
15	Jacob Aguirre	SO	RACE	12.71	
16	Malachi Young	SO	Gmloks	x12.75	
17	Kolby Vigeland	JR	BP	12.98	
18	JJ Bastyr	8	LP	12.99	
19	Hunter Garness		TRI	13.14	
20	Jesse Ehmke	FR	Vikings	13.21	
21	Mason Noaeill		TRI	13.24	
22	Myles Thompson	FR	Knights	13.26	
23	Nathan Roberts	SO	RACE	13.43	

2023 GMLOKS Varsity Invite Meet - 4/27/2023

Grand Meadow High School

Results

Finals ... (Boys 100 Meter Dash)

	Name	Yr	School	Finals
24	David Kenison		TRI	13.45
25	Marek Leif	7	LP	13.60
26	Gage Mullenbach	SO	BP	13.86
27	Colton Bryan	JR	Gmloks	x14.12
28	Peter Kjos	JR	RACE	x14.57
29	Alex Lagunas	7	LP	14.83
30	Landon Nauman		TRI	x15.12
31	Atem Achouth	8	LP	x15.36
32	Alexander Salazar	SO	Vikings	16.01

Boys 200 Meter Dash

	Name	Yr	School	Finals	
Finals					
1	Jacob Schmoll	SR	RACE	23.32	10
2	Ayden Howard	JR	Gmloks	23.96	8
3	Kaaleem Reiland	FR	Gmloks	24.14	6
4	Beau Weirsma	JR	Gmloks	24.31	4
5	Logan Carroll	SO	Knights	24.42	2
6	Seth Howard	SO	Gmloks	x24.94	
7	Isaac Potter	SR	RACE	25.06	1
8	Noel Hernandez		Knights	25.39	
9	Miguel Martinez		TRI	25.57	
10	Kale Mensink	SR	Gmloks	x25.62	
11	Brady Dessner	FR	DOEY	25.95	
12	Lupillo Martinez		TRI	25.99	
13	Winston Walkup	SR	LP	26.04	
14	Jacob Pauly	SO	BP	26.08	
15	Dylan Andring	SO	DOEY	26.15	
16	Cole Wangen	SO	BP	26.33	
17	Daniel Araoz	SO	RACE	26.34	
18	Varzaes Jackson		TRI	26.64	
19	Andrew Wendt	JR	DOEY	26.86	
20	Colten Lohman		Knights	26.88	
21	Jayden Renfro	JR	Gmloks	x26.95	
22	Devon Bye	FR	DOEY	x27.03	
23	Mason Noaeill		TRI	x27.62	
24	Jesse McGhee	FR	BP	28.20	
25	Josiah Bransfield	SO	RACE	x28.75	
26	Colton Bryan	JR	Gmloks	x29.49	
27	Charleton Stone	8	LP	30.14	
28	Cayden Hansen	SR	LP	30.41	
29	Rapha Asah Nja	8	LP	x33.39	

Boys 400 Meter Dash

	Name	Yr	School	Finals	
Finals					
1	Damon Bye	JR	DOEY	55.62	10
2	Buay Koak	SR	LP	56.02	8
3	Pierce Petersohn		TRI	56.77	6
4	Will Sunde	SO	BP	57.76	4
5	Miguel Martinez		TRI	58.16	2
6	Ty Forystek	JR	BP	58.55	1
7	Zachary Magnuson	JR	DOEY	1:00.59	
8	JJ Bastyr	8	LP	1:01.03	
9	Jack Reynolds	FR	RACE	1:01.23	
10	Winston Walkup	SR	LP	1:02.29	
11	Hunter Garness		TRI	1:04.27	
12	Sam Johnson	JR	RACE	1:05.24	
13	Ben Short	SO	Knights	1:05.80	
14	Josiah Bransfield	SO	RACE	1:05.82	
15	Jayden Renfro	JR	Gmloks	1:06.10	
16	Ben Dierks		Knights	1:07.59	
17	Cayden Hansen	SR	LP	x1:08.39	
18	Landon Nauman		TRI	x1:17.15	

Boys 800 Meter Run

	Name	Yr	School	Finals	
Finals					
1	Garrison Hubka	SR	Gmloks	2:02.63	10
2	Erik Shaw	JR	Gmloks	2:13.93	8
3	Alex Alderman	SO	RACE	2:15.92	6
4	Andrew Imm	SR	Gmloks	2:18.01	4
5	Dylan Schultz	JR	Gmloks	x2:24.12	
6	Yong Achouth	SO	LP	2:32.87	2
7	Timothy Roduner	JR	RACE	2:35.64	1
8	Mason Simon	JR	BP	2:36.42	
9	Dakota Robinson	SR	Vikings	2:36.86	
10	Peter Kjos	JR	RACE	2:39.85	
11	Abe Phillips	FR	Gmloks	x2:39.86	
12	Ethan Stern	SR	Gmloks	x2:42.75	
13	James Schulte	8	LP	2:44.84	
14	Kedi Oman	7	LP	2:45.93	
15	Alex Riley	SR	BP	2:46.09	
16	Alec Klingfus	8	LP	x2:46.99	
17	Seth Aldorffer		Knights	2:47.25	
18	Caleb Finley	JR	Vikings	2:51.14	
19	Jayden Renfro	JR	Gmloks	x3:01.00	
20	Noah Graves	FR	BP	3:12.14	
21	Ethan Campbell	JR	Vikings	3:20.41	

Boys 1600 Meter Run

	Name	Yr	School	Finals	
Finals					
1	Carter Glynn	FR	Gmloks	5:05.31	10
2	Eli Hicks	JR	RACE	5:24.89	8
3	Zach Watson	SR	DOEY	5:31.10	6
4	Breckin Cochlin	JR	BP	5:31.34	4
5	Steven Gillette	FR	Vikings	5:31.41	2
6	Andrew Frederick	JR	LP	5:36.81	1
7	Grayson Bickler	FR	LP	5:45.61	
8	Dakota Robinson	SR	Vikings	5:51.20	
9	Isaac Johnson	7	LP	6:05.33	
10	Samuel Michaud	SR	BP	6:16.20	
11	Caleb Finley	JR	Vikings	6:30.72	
12	Isaac Wendt	SO	DOEY	6:32.04	
13	Jamie Hoffman	FR	Knights	6:45.95	
14	Cole Reid	FR	Gmloks	7:03.45	
15	Ethan Campbell	JR	Vikings	x7:28.37	

2023 GMLOKS Varsity Invite Meet - 4/27/2023

Grand Meadow High School

Results

Boys 3200 Meter Run

	Name	Yr	School	Finals	
Finals					
1	Comlan Assogba	8	LP	11:21.13	10
2	Ryan LaCanne	FR	Knights	13:31.40	8
3	Drew McGee	SR	BP	14:05.26	6
---	Teague Alden	SO	Gmloks	X11:33.51	

Boys 110 Meter Hurdles

	Name	Yr	School	Finals	
Finals					
1	Ayden Howard	JR	Gmloks	16.38	10
2	Harry Sackett	JR	RACE	19.51	8
3	Brady Bauer	JR	Knights	22.44	6

Boys 300 Meter Hurdles

	Name	Yr	School	Finals	
Finals					
1	Logan Carroll	SO	Knights	44.47	10
2	Zach Reiland	SO	Gmloks	45.83	8
3	Daniel Araoz	SO	RACE	48.10	6
4	Samuel Perry	SO	RACE	48.54	4
5	Harry Sackett	JR	RACE	50.76	2
6	Malachi Young	SO	Gmloks	50.82	0.5
6	Masyn Hanson	SO	Knights	50.82	0.5
8	Andre Cortez		Knights	51.33	
9	Stephen Fennel	SR	BP	51.56	
10	Tyler Anderson	FR	BP	53.45	
11	Alex Tichy	FR	RACE	x53.46	
12	Myles Thompson	FR	Knights	x56.55	
13	Diego Ibarra		TRI	59.90	

Boys 4x100 Meter Relay

	Team	Relay	Finals	
Finals				
1	Blooming Praire		46.99	10
	1) Sam Smith SR	2) Derek Kubicek JR		
	3) Cade Christianson SR	4) Micah Donnelly SR		
2	Blooming Praire	B	x51.76	
	1) Kolby Vigeland JR	2) Kaiden Chicos JR		
	3) Gage Mullenbach SO	4) Cannon Wacek FR		
3	Dover-Eyota		54.46	8
	1) Devon Bye FR	2) Dylan Andring SO		
	3) Zachary Magnuson JR	4) Drew Adams FR		
4	Gmloks		55.11	6
	1) Cody Hyrkas FR	2) Brady Hyrkas FR		
	3) Cole Reid FR	4) Abe Phillips FR		
5	RACE		55.30	4
	1) Alex Tichy FR	2) Sam Johnson JR		
	3) Peter Kjos JR	4) Josiah Bransfield SO		
6	Triton		56.33	2
	1) Brady Staub	2) Landon Nauman		
	3) Alan Ortiz	4) Craig Knutson		
7	Lyle-Pacelli		58.51	1
	1) Atem Achouth 8	2) Rapha Asah Nja 8		
	3) Alex Lagunas 7	4) Marek Leif 7		

Boys 4x200 Meter Relay

	Team	Relay	Finals	
Finals				
1	Blooming Praire		1:36.68	10
	1) Sam Smith SR	2) Derek Kubicek JR		
	3) Cade Christianson SR	4) Micah Donnelly SR		
2	Gmloks		1:36.95	8
	1) Andrew Imm SR	2) Ayden Howard JR		
	3) Zach Reiland SO	4) Kaaleem Reiland FR		
3	Dover-Eyota		1:41.49	6
	1) Brady Dessner FR	2) Jacob Cornell SO		
	3) Andrew Wendt JR	4) Damon Bye JR		
4	Gmloks	B	x1:41.50	
	1) Josh Meskill SR	2) Nathaniel Drees		
	3) Erik Shaw JR	4) Tate Goergen		
5	Triton		1:42.19	4
	1) Brady Staub	2) Pierce Petersohn		
	3) Lupillo Martinez	4) Miguel Martinez		
6	Kenyon-Wanamingo		1:45.15	2
	1) Andre Cortez	2) Noel Hernandez		
	3) Colten Lohman	4) Masyn Hanson SO		
7	Blooming Praire	B	x1:53.80	
	1) Tyler Anderson FR	2) Vincent Hernandez SO		
	3) Jesse McGhee FR	4) Drew McGee SR		
8	Triton	B	x1:56.07	
	1) David Kenison	2) Diego Ibarra		
	3) Alan Ortiz	4) Craig Knutson		
9	Lyle-Pacelli		2:02.50	1
	1) Atem Achouth 8	2) Rapha Asah Nja 8		
	3) Charlie Bissen 8	4) Alex Lagunas 7		

Boys 4x400 Meter Relay

	Team	Relay	Finals	
Finals				
1	Gmloks	B	x3:47.52	
	1) Garrison Hubka SR	2) Andrew Imm SR		
	3) Josh Meskill SR	4) Tate Goergen		
2	RACE		3:50.32	10
	1) Isaac Potter SR	2) Lincoln Fulton FR		
	3) Alex Alderman SO	4) Jacob Schmoll SR		
3	Lyle-Pacelli		3:54.25	8
	1) Grayson Bickler FR	2) Andrew Frederick JR		
	3) Winston Walkup SR	4) Buay Koak SR		
4	Gmloks		3:54.95	6
	1) Jayden Brink JR	2) Odear Granle SR		
	3) Nathaniel Drees	4) Bently Weirsma		
5	Blooming Praire		3:58.05	4
	1) Stephen Fennel SR	2) Will Sunde SO		
	3) Christian Quail FR	4) Ty Forystek JR		
6	Triton		4:08.64	2
	1) Hunter Garness	2) Mason Noaeill		
	3) Lupillo Martinez	4) Pierce Petersohn		

2023 GMLOKS Varsity Invite Meet - 4/27/2023

Grand Meadow High School

Results

Finals ... (Boys 4x400 Meter Relay)

	Team	Relay	Finals	
7	Dover-Eyota		4:14.94	1
	1) Jacob Cornell SO	2) Dylan Andring SO		
	3) Zach Watson SR	4) Isaac Wendt SO		
8	Lyle-Pacelli	B	x4:30.24	
	1) Yong Achouth SO	2) James Schulte 8		
	3) Comlan Assogba 8	4) Alec Klingfus 8		

Boys 4x800 Meter Relay

	Team	Relay	Finals	
Finals				
1	RACE		9:19.36	10
	1) Eli Hicks JR	2) Samuel Perry SO		
	3) Lincoln Fulton FR	4) Alex Alderman SO		
2	Blooming Praire		9:59.96	8
	1) Breckin Cochlin JR	2) Ty Forystek JR		
	3) Christian Quail FR	4) Will Sunde SO		
3	Lyle-Pacelli		10:33.64	6
	1) Yong Achouth SO	2) James Schulte 8		
	3) Comlan Assogba 8	4) Alec Klingfus 8		

Boys 800 Sprint Medley

	Team	Relay	Finals	
Finals				
1	Gmloks		1:42.43	10
	1) Cam Ruechel SR	2) Seth Howard SO		
	3) Beau Weirsma JR	4) Nathaniel Drees		
2	Blooming Praire		1:46.34	8
	1) Micah Donnelly SR	2) Cade Christianson SR		
	3) Sam Smith SR	4) Derek Kubicek JR		
3	Lyle-Pacelli		1:52.78	6
	1) Cayden Hansen SR	2) Dylan Christianson SO		
	3) JJ Bastyr 8	4) Buay Koak SR		
4	RACE		1:53.75	4
	1) Isaac Potter SR	2) Daniel Araoz SO		
	3) Timothy Roduner JR	4) Jacob Aguirre SO		
5	Kenyon-Wanamingo		1:55.06	2
	1) Gage Thompson SR	2) Brady Bauer JR		
	3) Logan Carroll SO	4) Ben Short SO		
6	Gmloks	B	x2:03.11	
	1) Cody Hyrkas FR	2) Brady Hyrkas FR		
	3) Cole Reid FR	4) Abe Phillips FR		

Boys Distance Medley

	Team	Relay	Finals	
Finals				
1	Gmloks		4:09.98	10
	1) Ethan Stern SR	2) Jayden Brink JR		
	3) Dylan Schultz JR	4) Odear Granle SR		
2	Blooming Praire		4:14.85	8
	1) Jacob Pauly SO	2) Cannon Wacek FR		
	3) Mason Simon JR	4) Stephen Fennel SR		
3	RACE		4:26.06	6
	1) Alex Tichy FR	2) Sam Johnson JR		
	3) Timothy Roduner JR	4) Lincoln Fulton FR		
4	Kenyon-Wanamingo		4:54.58	4
	1) Ben Dierks	2) Devon Kreisler SO		
	3) Maynor Guzman SR	4) Ryan LaCanne FR		

Boys High Jump

	Name	Yr	School	Finals	
Finals					
1	Sam Snitker	JR	Gmloks	6-00.00	10
2	Sam Smith	SR	BP	5-10.00	8
3	Pierce Petersohn		TRI	5-08.00	6
4	Rowan Sween	SO	Gmloks	5-02.00	4
5	Zachary Magnuson	JR	DOEY	5-00.00	2
6	Alex Alderman	SO	RACE	4-10.00	1
7	Lincoln Fulton	FR	RACE	4-08.00	
8	Dakota Robinson	SR	Vikings	J4-08.00	
9	Jacob Aguirre	SO	RACE	J4-08.00	
---	Nathan Roberts	SO	RACE	NH	
---	Lupillo Martinez		TRI	NH	
---	Gabe Hein	SR	BP	NH	

Boys Pole Vault

	Name	Yr	School	Finals	
Finals					
1	Cole Wangen	SO	BP	10-00.00	10
2	Brede Nelson	FR	Gmloks	9-00.00	8
3	Kolby Vigeland	JR	BP	9-00.00	6
4	Gage Mullenbach	SO	BP	8-06.00	4
5	Dylan Schultz	JR	Gmloks	8-06.00	1.5
5	Dylan Andring	SO	DOEY	8-06.00	1.5
7	Asher Moore	FR	Knights	7-06.00	
8	Teague Alden	SO	Gmloks	7-00.00	
9	Ryan LaCanne	FR	Knights	6-06.00	
---	Odear Granle	SR	Gmloks	NH	

Boys Long Jump

	Name	Yr	School	Finals	
Finals					
1	Jacob Schmoll	SR	RACE	18-06.75	10
2	Cohen Heins	JR	Vikings	16-07.50	8
3	Landon Nauman		TRI	16-06.50	6
4	Masyn Hanson	SO	Knights	16-05.00	4
5	Jesse Ehmke	FR	Vikings	15-10.00	2
6	Mason Noaeill		TRI	15-05.00	1
7	Myles Thompson	FR	Knights	15-04.50	
7	Bently Weirsma		Gmloks	15-04.50	
9	Tyler Anderson	FR	BP	15-03.00	
10	Jacob Cornell	SO	DOEY	15-01.75	
11	Grayson Bickler	FR	LP	15-01.50	
12	Asher Moore	FR	Knights	14-11.75	
13	Devon Bye	FR	DOEY	14-05.00	
13	Josiah Bransfield	SO	RACE	14-05.00	
15	Brede Nelson	FR	Gmloks	14-03.75	
16	Drew McGee	SR	BP	14-01.50	
17	Seth Aldorffer		Knights	x13-06.75	
18	Sam Johnson	JR	RACE	13-05.75	
19	Malachi Young	SO	Gmloks	13-05.25	

2023 GMLOKS Varsity Invite Meet - 4/27/2023

Grand Meadow High School

Results

Finals ... (Boys Long Jump)

	Name	Yr	School	Finals
20	Alan Ortiz		TRI	12-08.25
21	Colton Bryan	JR	Gmloks	x12-05.00
22	Noah Graves	FR	BP	11-08.00
---	Alexander Salazar	SO	Vikings	DQ

Boys Triple Jump

	Name	Yr	School	Finals	
Finals					
1	Ayden Howard	JR	Gmloks	38-10.50	10
2	Derek Kubicek	JR	BP	37-03.25	8
3	Andrew Frederick	JR	LP	36-09.50	6
4	Carter Glynn	FR	Gmloks	36-06.00	4
5	Cohen Heins	JR	Vikings	34-06.50	2
6	Grayson Bickler	FR	LP	34-05.50	1
7	Daniel Araoz	SO	RACE	33-09.00	
8	Isaac Potter	SR	RACE	33-08.75	
9	Jacob Pauly	SO	BP	32-10.25	
10	Nathan Roberts	SO	RACE	30-00.00	
11	Andre Cortez		Knights	29-10.50	
12	Jacob Aguirre	SO	RACE	x29-08.25	
13	Seth Aldorffer		Knights	29-07.25	
14	Alan Ortiz		TRI	27-09.50	
15	Marek Leif	7	LP	26-09.25	
16	Alexander Salazar	SO	Vikings	23-05.00	

Boys Shot Put

	Name	Yr	School	Finals	
Finals					
1	Lucca Sween	SR	Gmloks	45-00.00	10
2	Owen Krueger	SO	BP	43-10.00	8
3	Karson Steele	SR	Vikings	43-01.00	6
4	Nathan Schmidt	SR	LP	40-00.00	4
5	Cayden Hansen	SR	LP	36-04.00	2
6	Vincent Hernandez	SO	BP	36-00.00	1
7	Seth Howard	SO	Gmloks	35-08.00	
8	Obadiah Watson	SO	Gmloks	34-09.00	
9	Dylan Christianson	SO	LP	34-01.00	
9	Brady Staub		TRI	34-01.00	
11	Conner Popenhagen	SO	Gmloks	x33-08.00	
11	Rowan Sween	SO	Gmloks	x33-08.00	
13	Landan Hunemuller	FR	Gmloks	x33-03.00	
14	Craig Knutson		TRI	32-04.00	
15	Brady Bauer	JR	Knights	31-09.00	
16	Wyatt Arndt	FR	Vikings	31-06.00	
17	Micah Donnelly	SR	BP	31-04.00	
18	Andrew Wendt	JR	DOEY	30-09.00	
19	Cody Hyrkas	FR	Gmloks	x30-08.00	
20	Ben Short	SO	Knights	28-02.00	
21	Samuel Perry	SO	RACE	28-00.00	
22	Brady Hyrkas	FR	Gmloks	x27-07.00	
22	Josh Bednar	8	LP	x27-07.00	
24	Ben Crofton		TRI	27-06.00	
25	Jay Smith	SO	Knights	26-06.00	
26	Harry Sackett	JR	RACE	26-04.00	
27	Cameron Bryan	FR	Gmloks	x25-01.00	
28	Drew Adams	FR	DOEY	21-04.00	
29	Oliver Bryer	FR	Knights	x21-00.00	
30	Alex Tichy	FR	RACE	20-04.00	
31	Timothy Roduner	JR	RACE	x20-01.00	
32	Charlie Finley	FR	Vikings	18-06.00	

Boys Discus Throw

	Name	Yr	School	Finals	
Finals					
1	Lucca Sween	SR	Gmloks	139-11	10
2	Seth Howard	SO	Gmloks	122-03	8
3	Karson Steele	SR	Vikings	106-02	6
4	Craig Knutson		TRI	104-07	4
5	Vincent Hernandez	SO	BP	103-09	2
6	Obadiah Watson	SO	Gmloks	103-04	1
7	Conner Popenhagen	SO	Gmloks	x101-04	
8	Brady Staub		TRI	99-06	
9	Rowan Sween	SO	Gmloks	x94-08	
10	Buay Koak	SR	LP	93-00	
11	Nathan Schmidt	SR	LP	90-09	
12	Dylan Christianson	SO	LP	88-02	
13	Brady Bauer	JR	Knights	87-07	
14	Cody Hyrkas	FR	Gmloks	x85-05	
15	Samuel Perry	SO	RACE	81-10	
16	Brady Hyrkas	FR	Gmloks	x79-09	
17	Harry Sackett	JR	RACE	79-03	
18	Peter Kjos	JR	RACE	76-00	
19	Ben Short	SO	Knights	75-05	
20	Landan Hunemuller	FR	Gmloks	x75-04	
21	Steven Gillette	FR	Vikings	73-03	
22	Wyatt Arndt	FR	Vikings	71-07	
23	Cameron Bryan	FR	Gmloks	x68-02	
24	Jay Smith	SO	Knights	63-10	
25	Nathan Roberts	SO	RACE	x61-10	
26	Zach Watson	SR	DOEY	58-09	
27	Isaac Wendt	SO	DOEY	57-03	
28	Ben Crofton		TRI	57-00	
29	Jamie Hoffman	FR	Knights	x54-04	
30	Charlie Finley	FR	Vikings	x47-11	
31	Drew Adams	FR	DOEY	47-06	
32	Winston Walkup	SR	LP	x24-06	

Women - Team Rankings - 20 Events Scored

1)	GrandMeadow/LeRoy-Ostrander/Ki	231
2)	Triton	78
3)	Kenyon-Wanamingo	68
4)	RochesterAreaChristianEducator	64
5)	Blooming Praire	55
6)	Hayfield Vikings	48
7)	Lyle-Pacelli	33
8)	Dover-Eyota	28

2023 GMLOKS Varsity Invite Meet - 4/27/2023

Grand Meadow High School

Results

Men - Team Rankings - 20 Events Scored	
1) GMLOKS	187
2) Blooming Praire	110
3) RochesterAreaChristianEducator	101
4) Lyle-Pacelli	56
5) Dover-Eyota	42.5
6) Kenyon-Wanamingo	39.5
7) Triton	33
8) Hayfield Vikings	26