



**THE  
POSITIVITY  
PROJECT**

Dear Families,

This week, our school community will focus on the character strength of **Prudence**. Prudence means you plan for the future and achieve your goals by making careful everyday choices.

Prudence is about doing the right thing at the right time for the right reasons. It's a way of thinking ahead, setting goals, making plans, and having the discipline to follow through. It's more about using your head than your heart.

Prudence helps with managing yourself effectively. Whether aiming for a sports record, getting good grades, or saving for something special, you need to plan ahead and stay focused. Even with a plan, you must resist temptations that might distract you. Prudence gives you the wisdom to use the right strengths at the right time to achieve your goals.

To practice and encourage the character strength of prudence at home, please visit The Positivity Project's mobile-friendly P2 for Families (available in [English](#) and [Spanish](#)), where you will watch a video together and discuss a quote and three questions. Below are links to this week's P2 for Families lessons. Click on the grade level that best meets your child's needs.

<a href="#">Pre-K-K</a>	<a href="#">Grades 1-2</a>	<a href="#">Grades 3-5</a>	<a href="#">Grades 6-8</a>	<a href="#">Grades 9-12</a>
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Thank you for your support!