FREEMAN ELEMENTARY SCHOOL

Lisa Phelan
Principal/Asst. Superintendent
lphelan@freemansd.org
Mike Allen
Principal Assistant
mallen@freemansd.org

Main Line: 509-291-4791
Attendance Line: 509-291-7425
Transportation: 509-291-5555

FESOffice@freemansd.org

Brianne Wineinger, FES Secretary
bwineinger@freemansd.org
Shayla Daniel,
Student Services/FES Secretary
sdaniel@freemansd.org

SCOTTIE SCOOP

JANUARY 9, 2026

UPCOMING DATES

JAN 13	2:45-5:15pm = Robotics (K8 MPR)
JAN 14	2:45-4:00pm = Bball Mini Cheer (FES Gym)
	2:45-4:00pm = Math is Cool (Lrg. Conf. Rm.)
	2:45-4:00pm = Girl Scouts (Comm. Clsrm.)
	5:30pm = PTSG Meeting (Comm. Clsrm.)
JAN 15	2:45-4:00pm = Bball Mini Cheer (FES Gym)
	2:45-5:15pm = Robotics (K8 MPR)
JAN 16	6:00pm = Mini Cheer Performance (FHS Gym)
JAN 19	Martin Luther King Jr. Day (No School)
JAN 20	2:45-5:15pm = Robotics (K8 MPR)
JAN 21	2:45-4:00pm = Math is Cool (Lrg. Conf. Rm.)
	2:45-4:00pm = Girl Scouts (Comm. Clsrm.)
JAN 22	2:45-4:00pm = Chess Club (Comm. Clsrm.)
	2:45-5:15pm = Robotics (K8 MPR)
JAN 26	4:00-6:00pm = FSD Board Mtg. (PRTC)
JAN 27	6:30pm = Mat Dawgs Info/Sign Up Mtg. (K8 MPR)

NEW WEBSITE!!

We're excited to announce the launch of our new Freeman School District website!

The new freemansd.org website is now live, and while we're thrilled for you to explore it, we also want to let you know that we are still fine-tuning a few areas and adding final touches to ensure everything works smoothly.

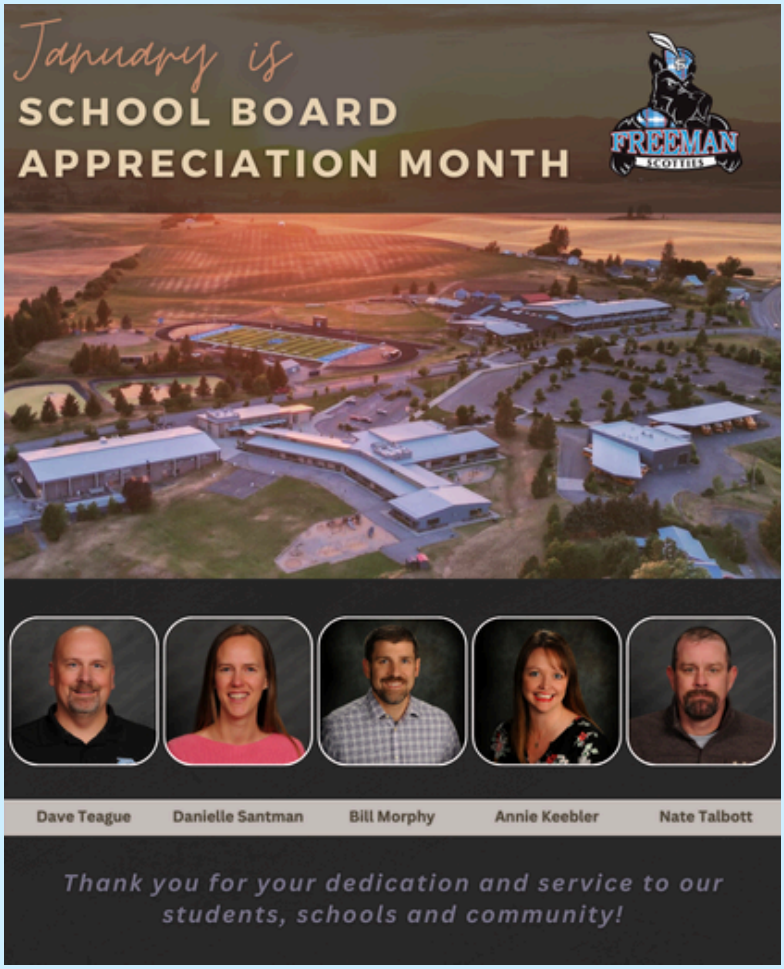
Thank you for your patience as we continue making improvements and improving functionality. Our goal is to strengthen communication and make it easier for you to find the information that matters most to your family.

NEW FES OFFICE E-MAIL

More and more of you are starting to use our FES Office e-mail address. Thank you for communicating your students' attendance, transportation changes and any other questions for the FES Office. The Attendance Voicemail is still available. We just want to provide another way for you to communicate with the us where both Shayla and I get the information to best assist you.
FESOffice@freemansd.org

ATTENDANCE LETTERS

Great news to celebrate! 🎉 80% of our FES students maintain good attendance (missing less than 10% of their school days), outperforming the statewide rate where only 72.7% of students attended regularly—thank you to our families and students for making attendance a priority! All students will bring home an attendance letter and personalized attendance report in their homework folder by the end of next week. If your student has a prearranged alternative schedule, you will not be receiving a letter.



FUN IN PE

Pulling out the classic Parachute this week for PE!

IT'S TIME FOR MAT DAWGS!

All interested wrestling families, please come to the Parent Informational/Sign Up Meeting! All experience welcome for ages 5-14 years old.
January 27th at 6:30pm
K8 MPR (K8 Cafeteria)
Coaches: Coach Crow and Coach Kegley
Questions? www.freemanmatdawgs@gmail.com

Join us for our annual

BAND ALUMNI NIGHT

@ Freeman Basketball

24 JAN

3:00pm

FHS Band Room

If you ever played an instrument while at Freeman, please consider joining the Freeman Pep Band on Saturday 1/24. Freeman Arts Boosters will pay your entry to the game and if you email Mr. Jydstrup (jjydstrup@freemansd.org) with your name, instrument and favorite pep song you will have your sheet music and practice recordings sent to you to prepare. If you need an instrument, no worries, just let Mr. Jydstrup know in the email and he will find you one. You will need to be in the high school band room at 3:00pm and we will be playing for both games and will be done around 7:30 -8:00pm We hope to see you there.

A VISIT FROM DEPUTY FELVARG!

Thank you Deputy Felvarg for coming to the 5th grade for a great discussion. We understand your job better now! It was a great discussion regarding bullying/cyberbullying, precautions with social media/internet, negative consequences of drug use and much more.

NUTRITION SERVICES

ELEMENTARY BREAKFAST: $2.20 ADULTS: $3.20

12	13	14	15	16
Breakfast Cookie --- Cereal & Goldfish --- Craisins Juice Variety Chocolate Milk White Milk	Dutch Waffle --- Cereal & Goldfish --- Juice Variety Chocolate Milk White Milk Gala Apple	Cocoa Bread --- Cereal & Goldfish --- Fresh Orange Juice Variety Chocolate Milk White Milk	Egg McFreeman --- Cereal & Goldfish --- Banana Juice Variety Chocolate Milk White Milk	Cinnamon Roll w/Icing --- Cereal & Goldfish --- Pear Juice Variety Chocolate Milk White Milk

ELEMENTARY LUNCH: $3.60 ADULTS: $5.00

12	13	14	15	16
French Toast Sticks Sausage Patty Pancake Syrup --- Alternate Lunch --- Chocolate Milk White Milk	Chili con Carne Cinnamon Roll --- Alternate Lunch --- Chocolate Milk White Milk	Popcorn Chicken Tater Tots Dinner Roll WG --- Alternate Lunch --- Chocolate Milk White Milk	Assorted Pizza --- Alternate Lunch --- Chocolate Milk White Milk	Hamburger --- Alternate Lunch --- Beans Baked Chocolate Milk White Milk

Please click on this MENU LINK if you would like to see full menus from our website.

Just a reminder: Please do not pack any caffeinated or energy drinks in your students' lunch.

JANUARY-WORLD CULTURES

While January doesn't have a specific "heritage" month to celebrate, many cities and schools celebrate different world cultures!

Some Fun World Culture Facts:

*Many people around the world greet each other differently – some bow, some wave, some shake hands.

*Music is important in every culture and helps tell stories.

*Food can tell us a lot about a culture's history.

FHS ATHLETIC AUCTION

4th Annual Freeman Athletics Auction and Dinner Fundraiser

We invite you to join us for a fun community evening raising funds to support student athletics at Freeman High School. The benefits of school athletics are profound and we are proud to provide high quality and equitable athletic experiences for over 275 student athletes on over 40 teams in the Freeman School District. In addition to the obvious physical benefits athletics provide, we feel strongly that being a student athlete helps to build and improve lifelong skills such as perseverance, patience, dedication, leadership, teamwork, time management, accountability and responsibility.

Click HERE for more information.

COUNSELING CORNER

with School Counselor
Kayleen Archibald
karchibald@freemansd.org

What is a Growth Mindset?
Having a growth mindset means believing that we can get smarter and better at things with practice. It's the opposite of a "fixed mindset," which is thinking we are either good at something or we're not. A growth mindset helps us try new things and never give up.

Try This: When your child is learning something new, talk about how their brain is getting stronger and making new connections.

SCOTTIE GEAR YEAR AROUND

The High School has opened a sideline store with BSN Sports where you can purchase Freeman Gear online all year long.

SCOTTIES SIDELINE STORE LINK

EXTRA ACTIVITIES AND OPPORTUNITIES!

See some attached flyers
*Winter Chess Club
*Freeman Band Alumni-BBall Game
*Mat Dawgs for ages 5-14
*FHS Athletic Auction

FSD TECHNOLOGY NEWS

October,2024

Dear Parent / Guardian,

As part of our commitment to your child's online safety, we want to let you know about an important update. Freeman School District has partnered with Qustodio, the world's leading provider of online safety solutions.

As devices play an increasing role in children's education it is crucial that we put safeguards in place. Your child already benefits from internet filtering technology which blocks inappropriate web content on their school-owned Chromebook. This is also mandated by US legislation.

Freeman School District is going one step further. We are granting every parent a free Qustodio Parental App account. Qustodio will give you important insights into your child's online activity on their school Chromebook. You can use it to review and manage activities on other devices in your home too.

With Qustodio, you'll be able to:

- Manage your child's screen time
- Supervise your child's online activity
- Access expert advice via **Freeman School Districts Online Safety Hub**

Qustodio is a valuable partner that prioritizes privacy, safety and rights of students and parents worldwide.

Activate Your Free Account
On the following page, you will find simple instructions to register your account. Please be sure to use the same email address we have on file for you when registering to connect to your child's device.

We are excited to work with you and Qustodio to help our students develop healthy and safe online habits. Please visit **Freeman School District's Online Safety Hub** for more information about Qustodio, access to expert advice and additional resources.

Freeman does not provide support for Qustodio; instead, Qustodio offers support for their own product. Please email inquiries to: myschool@qustodio.com

Freeman School District
Information Technology

myschool@qustodio.com https://freemansd.onlinesafetyhub.io

PRIDE | COMMITMENT | CARING

Opt-In from your mobile now!

Just send "Y" or "Yes" to 67587.

Information on SMS text messaging and Short Codes: SMS stands for Short Message Service and is commonly referred to as a "text message". Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as "short code" texting. This method is fast, secure and highly reliable because it is strictly regulated by the wireless carriers and only allows access to approved providers.

If you've ever sent a text vote for a TV show to a number like 46999, you have used short code texting.

*Terms and Conditions: Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See

FMS AND FHS NEWSLETTERS

Want to find out what's going on in the Middle School and/or High school? Check out their weekly newsletters as well!

Freeman Middle Scoop

FHS Friday Flyer

FREEMAN SCHOOL DISTRICT
PRIDE | COMMITMENT | CARING

WE ARE LAUNCHING DISTRICT-WIDE SURVEYS IN PARTNERSHIP WITH THE CENTER FOR EDUCATIONAL EFFECTIVENESS (CEE).

Who is participating, and when?

- Staff, October 17-29, 2025
- Students, October 20-29, 2025
- Families, Winter-2026

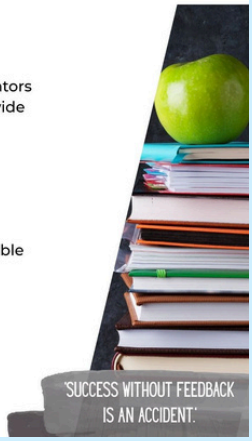
Why are we doing this?
Your feedback helps us:

- Strengthen our Strategic Plan
- Guide Professional Development for educators
- Shape the supports and resources we provide across the district

How does it work?
Surveys are confidential and take just a few minutes.

Family links will be shared by email and available on the district website.

cee
The Center for Educational Effectiveness



Linewize | Qustodio

TEAMWORK MADE EASY

App for Parents & Families

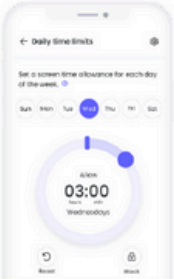
Technology makes a direct impact on children, their families, and their learning environment. For children to learn and grow as digital citizens in our increasingly connected world, we must first lay out the foundations of online safety, digital literacy, and wellbeing.

Through our school district's partnership with Linewize, our online safety and wellbeing provider, we are able to extend visibility and safeguarding controls on to parents and guardians.

- **Visibility on student activity and device insights**
- **Security coverage for in and out-of-school hours**
- **Expert advice and guidance on digital threats and trends**
- **Pause button to regulate digital activity**

Parents and guardians can also extend protection to personal devices with family-focused digital wellbeing features that adapt to different needs as their child grows:

- **Filter and block feature for content and apps**
- **Location tracking and panic button feature**
- **Visibility on browsing history, social media, and screen time**
- **Calls & messages tracking to monitor suspicious activity**
- **Time limits and screen-free schedules**
- **Tailored reports and alerts for inappropriate content**



Works on the following devices: Windows, Mac, Chromebook, Android, iPhone/iPad, Kindle

Multi-parent access and management available

Qustodio is COPPA compliant and does not share personal data with third parties.

How to get started

1. Scan the QR code or visit qustodio.com/my-school
2. Create your account using the email address your school has on file
3. Get real-time visibility

For any queries, contact us at **myschool@qustodio.com**

Freeman School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Randy Russell, rrussell@freemansd.org, (509) 291-3695, 15001 S Jackson Rd. Rockford, WA 99030 (Updated 2021)

Freeman School
CHESS CLUB

Sign up for Winter 2026 Grades 2-8

SCHEDULE: After School, Thursdays 3:00 – 4:00 pm
8 Weeks: Jan 22, 29 Feb 5, 12, 19, 26 Mar 5, 12

Professional Chess Coach Dennis Pirello provides lectures, videos, and exercises, then facilitates tournament play. Students compete for club tournament awards. The chess club also competes against other clubs in regional tournaments held on Saturdays (this is an optional activity). Qualifying students are encouraged to enter the WA State Elementary Chess Championship, April 25, 2026, Tacoma, WA.

TUITION ~ $90 for 8 weeks. ***Registration form below.***

Tuition pays for: **A.** coaching fees, **B.** coaching supplies, **C.** end of semester awards, **D.** insurance, coach development, and administration costs. Note: Inland Chess Academy does not contact children directly by phone, text, or email.

Installment payments are accepted and limited scholarships are available.

Parents are encouraged to attend chess club to learn and play (free of charge).

Cut > ----------

REGISTRATION for Freeman School Chess Club ~ Winter 2026

Student's name: _____ Grade _____ New to Chess Club? _____

2nd Student's name: _____ Grade _____ New to Chess Club? _____

Chess Skill: ___ Beginner ___ Intermediate ___ Advanced Played in tournament? ___Yes ___ No

ALLERGIES and/or SPECIAL ISSUES: _____

IMPORTANT: As required by safety best practice and school and insurance policy, parents are required to pick up students on time and must sign the check-out registry. Coaches have other teaching obligations and must not be delayed. Non-parental pick-up must be confirmed in writing.

Parent: _____ Phone: _____ eMail: _____
(or Guardian)
Parent: _____ Phone: _____ eMail: _____
(or Guardian)
Address: _____ City _____ WA ZIP_____

___ $90 Chess club tuition for 8 weeks. Partial payments are accepted. Scholarships are available.
___ $15 **OPTIONAL** Tournament style chess set for study and play a home.
___ $18 **OPTIONAL** Annual subscription to www.chesskid.com a child safe study and play website.
___ $22 **OPTIONAL** Annual subscription to Chess Magnet School, a child safe study website.

Total: $ _____ Make check payable to Inland Chess Academy. Mail registration to Inland Chess Academy, leave them with the school office, or bring them to first day of Chess Club.

Inland Chess Academy ~
920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800
chess@inlandchess.org www.inlandchess.org facebook.com/inlandchess

NOTICE to PARENTS: Scientific research proves the study of chess enhances academic performance, increases overall brain functions, and builds positive behavior. In order for students to realize the enormous benefits of chess, daily study is required. Research shows that a minimum of 20 minutes of daily study yields significant academic and behavioral benefits. Inland Chess Academy offers two optional child-safe websites programs for home study: Chess Magnet School and ChessKid, at discounted prices. Also available are home study workbooks. Please support chess study at home.

Contact chess@inlandchess.org or phone 509-822-9800

The Inland Chess Academy' s curriculum is built on research proven methods developed by chess masters and educators, and recommended by the United States Chess Federation (USCF).

Beginner - Beginners learn and demonstrate the basics of chess play, chess rules, and etiquette.

Intermediate - Students learn algebraic notation, playing with a clock, an understanding of strategies for opening a chess game, major tactical techniques, and basic endgame theory.

Advanced - Students develop advanced competitive strategies including an opening repertoire, positional strategies, tactical combinations, endgame play, and methods of applying sport psychology to their games.

All students gain knowledge of chess history, chess news, and grow their appreciation of chess. Students are encouraged to play in regional and state tournaments for individual and team awards.

The Inland Chess Academy is building a vibrant chess community:

~ Regional tournaments for students and parents, twice monthly on Saturdays.

~ Camps on holidays, spring break, and during summer.

~ Tutoring and special interest study groups.

Inland Chess Academy

920 N. Argonne Rd., Suite 120, Spokane Valley, WA 99212 509-822-9800

chess@inlandchess.org www.InlandChess.org facebook.com/inlandchess