



LMHS NEWSLETTER

January 2026

From The Principal's Desk

From all of us at LMHS, we hope you had a relaxing winter break and a healthy new year! As we look to finish up first semester, just a note that we have final exams coming up January 14, 15, and 16 (schedule is included in this newsletter).

This can be a stressful time for a lot of students while they deal with studying for exams, working on papers and finishing up group projects. Not only are students wrapping up academic responsibilities but they are also thinking about things in their personal life. With that being said, here are some tips to help your student stay healthy and feeling great during the last few weeks of the semester!



◆ **Make A Schedule** – Make sure you know when your finals are for each class and make a schedule of when you will start studying or working on projects ahead of time. It is good to start working on your finals two weeks ahead so you don't procrastinate. Make sure to manage your time and stay organized.

◆ **Get Sleep** – Getting more sleep can help your mind refocus, recharge, and rebalance. This can mean a quick nap, a night when you go to bed early, or a promise to yourself to stick with a regular sleep schedule.

◆ **Practice Stress Management Techniques** – Everyone is different on how they relieve stress. So try different techniques to see what works best for you:

✓ Stay Active - If exercising outside is not your thing because of the cold, the L-Cat Fitness Center is

open before and after school, Monday thru Friday.

✓ Try Stress Management Exercises - There are many great techniques to manage stress such as meditation, yoga, guided imagery or deep breathing. Search YouTube for great videos on each of these activities.

❖ **Disconnect From Technology** – Make an effort to shut down your computer, turn off your phone or stop watching TV for at least 15 minutes per day. This will allow you to socialize with friends, get outside to enjoy nature or to start studying for that upcoming exam. Technology can sometimes add more stress to your life. You don't need Facebook, Instagram, or Twitter 24/7.

It's a GREAT day to be an L-Cat!

Cale Vogel, Principal

January Calendar



- 5 - School Resumes
- 12 - Board of Education Meeting, LMHS LMC Lab, 6 PM
- 13 - Cocoa & Cram in the LMC, 3:15-4 PM
- 14 - First Semester Exams, Day 1 - Blocks 1, 2, and 4
- 14 - Cocoa & Cram in the LMC, 1:30-3 PM
- 15 - First Semester Exams, Day 2 - Blocks 1, 2, and 4
- 15 - Cocoa & Cram in the LMC, 1:30-3 PM
- 15 - Local Scholarship Application Available
- 15 - WCDA All-State Choirs in Eau Claire
- 16 - First Semester Exams, Day 1 Block 3 and Day 2 Block 3
- 16 - End of Second Quarter/First Semester
- 16 - WCDA All-State Choirs in Eau Claire

17 - WCDA All-State Choirs in Eau Claire

19 - No School, Inservice Day

20 - No School, In-Service Day

26 - Future Freshmen (8th Gr.) Orientation, Auditorium, 6:30 PM

First Semester Exam Schedule

Tuesday, Jan. 13

3:15 - 4 PM Link Crew Cocoa & Cram for Freshmen Exams in the LMC

*Wednesday, Jan. 14 - Day 1

7:50 – 9:23 AM Block 1

9:23 – 9:38 AM Break

9:38 – 11:09 AM Block 2

11:09 – 11:45 AM Lunch

11:45 – 1:16 PM Block 4

1:30 – 3:00 PM Link Crew Cocoa & Cram for Freshmen Exams in the LMC or Exam Make- Ups

*Thursday, Jan. 15 - Day 2

7:50 – 9:23 AM Block 1



9:23 – 9:38 AM Break
9:38 – 11:09 AM Block 2
11:09 – 11:45 AM Lunch
11:45 – 1:16 PM Block 4
1:30 – 3:00 PM Link Crew Cocoa & Cram for Freshmen Exams in the LMC or Exam Make- Ups

Friday, Jan. 16 - Block 3 Day

7:50 – 9:23 AM Day 1 Block 3
9:23 – 9:38 AM Break
9:38 – 11:09 AM Day 2 Block 3
11:15 – 3:00 PM Exam Make-Ups

*If school is canceled **PRIOR** to these dates, the Day 1 and Day 2 day designation may change.

In the event that school is canceled on one of the Exam Days, please check our school website at www.lakemills.k12.wi.us for an updated schedule.

Second Semester Fees

Second semester fees will show up on your student's account towards the end of January. Please be sure to pay them in a timely fashion by logging into your student's account. You can either pay online or pay in person at the high school.

Because of this reason and to avoid confusion, **statements will not be emailed or mailed out in January.**

LUNCH PAYMENTS - Please keep your lunch account in the positive!



LMHS Foreign Exchange Students

Lake Mills High School proudly continues its tradition of welcoming foreign exchange students from around the world each year. These students enrich our community, staying for either a full academic year or a semester. Upon their arrival at LMHS, they are immediately greeted by the friendly atmosphere, the curiosity of their new peers, and many welcoming smiles. Throughout the years, these exchange students have consistently left a positive mark on our school and forged many lifelong friendships.

This year, we are especially honored to host two fantastic students: Maite Nitsche and Abril Reina I Serrat. In the photo below, Maite is on the left and Abril on the right.

Abril Reina I Serrat is joining us from Spain. She is staying with the Chris and Susan Czerniak family. Abril enjoys reading and playing sports. She has always enjoyed soccer, but during her time at Lake Mills she learned how to play tennis and is managing the boys basketball team. The thing

she misses most about her home country is the food. Her favorite part of her stay here is traveling to new places and meeting new people.

Maite Nitsche is joining us from Germany and is currently staying with the Shelley Quandt family. Her favorite hobbies are skiing and gymnastics. Maite also joined tennis and is also managing the boys basketball team here in Lake Mills. When asked what she misses the most about her home country, she stated the food and of course her family and friends. She is most excited to meet new people and experience a new culture during her stay in Lake Mills.

The students and staff of Lake Mills High School are ecstatic that we have the pleasure of hosting Abril and Maite this year!



Check Out This Article About Mr. Lehr and LMHS Tech. Ed. Dept.



Tech. Ed. Article.pdf

Download

137.3 KB

2026-27 School Calendar



Early College Credit and Start College Now Deadlines



Early College Credit Program

Wisconsin's Early College Credit Program (ECCP) allows students in grades 9-12 to take post-secondary courses at a UW System school or a state participating private non-profit institutions of high education

Start College Now Program

Wisconsin's Start College Now Program allows students in Grades 11 & 12 to take post-secondary courses at a technical college.

For both of these programs, the school district pays for tuition and fees unless a comparable course is available in the district. The student is responsible for transportation. The school board must approve these course selections in advance. **Applications for the 2026 fall semester are due March 1, 2026 and applications for Spring 2027 are due October 1, 2026.**

For more information on either one of these programs, please contact School Counselors Mr. Harty (for students last names A-K) or Ms. Dickhut (for students last names L-Z).

Nominate a Teacher of the Month

The Lake Mills Rotary Club is proud to recognize and celebrate outstanding educators who make a meaningful difference in our schools. The Teacher of the Month program honors exceptional teachers, encourages excellence in education, and strengthens the connection between our schools and the Lake Mills community.

Recognition & Awards

Each Teacher of the Month will receive:

- A Certificate of Excellence from the Lake Mills Rotary Club
- Public recognition at a Rotary Club meeting (with the nominator invited to attend!)
- Lunch, \$200, an oil change, and various gift certificates as a small thank-you for their big impact

Do you know a teacher who goes above and beyond for students? Now's your chance to recognize their dedication and passion for education.

How to Nominate

Submit your nomination [online](#)—it's quick and easy!

Please Remember...



Please be sure that all your information in Skyward is current and up to date.

With the winter season upon us, or for any other school emergency, that is the information we (and the District Office) use to contact you.

To make changes, you can get the directions from our website (www.lakemills.k12.wi.us), select Families, then Forms and Information and then Family Access Instructions.

Please pay special attention to your phone numbers and email addresses as well as the Skylert information.

Your help in keeping your information current is MUCH appreciated!!

VERY IMPORTANT

Do you have an address change?? All address changes must be documented through Rebecca Crenshaw at our District Office.

You can either email her at rebecca.crenshaw@lakemills.k12.wi.us or call her at 920-648-2215.

School Closing Information

In the event of severe weather conditions that might require school to be closed or delayed, everyone can get information the following ways:

- Check our Facebook Page
- Check Twitter
- Go to the district website at lakemills.k12.wi.us
- Call the high school at 648-2355 and go to extension 500
- It will also be mentioned on some local television and radio stations
- Make sure all your information is correct in Skylert - we send texts and phone calls as well!





Nancy Renz

Nancy is using Smore to create beautiful newsletters