



Indian Hills High School

Weekly Bulletin

January 12-16



YOUR WEEK AHEAD

Monday 1-12	Tuesday 1-13	Wednesday 1-14	Thursday 1-15	Friday 1-16
Day 4	Day 1	Day 2	Day 3	Day 4



January 2026



NOTES

- Daily available food stations may vary.
- (V) indicates vegetarian friendly options
- Classic pizza, Cheeseburgers, Chicken sandwiches, Mozzarella sticks, Cold sandwiches & Salad bar offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		BKFAST: Menu Item Grill: Menu Item Entree: Menu Item Salad: Menu Item Tortilla: Menu Item Deli: Menu Item Pizza: Menu Item	1	2
5 Grilled Cheese & Tomato Soup	6 Nachos w/ Tostito Scoops	7 Cheesesteak Wrap	8 Orange Ginger Chicken Jasmine Rice	9 Rigatoni Pasta Bar Assorted Sauces & Toppings
12 Mac & Cheese Bar Assorted Toppings	13 Chicken Gyro	14 Wing Bar	15 Sweet & Sour Chicken	16 Beef & Cheese Burrito <small>Vegetarian Burrito Available Upon Request</small>
19 MARTIN LUTHER KING JR. DAY	20 Chicken or Cheese Quesadilla	21 Baked Potato Bar	22 General Tso Chicken	23 Chicken Parmesan Over Pasta
26 Burger Bar	27 Nacho Grande	28 Shredded BBQ Chicken Sliders	29 Orange Ginger Chicken	30 Grilled Cheese & Tomato Soup



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SUPPORT THE CLASS OF 2026!

Empanada Sale

Pre-order with the QR code below by January 28th at 3PM for a full selection of amazing flavors!

PICKUP IS FEBRUARY 3RD AFTER SCHOOL!

\$4 each
\$7 for 2
\$10 for 3

SCAN HERE!



Suggestions Needed

Feedback On Our Lunch Menu and Market.
Scan The QR Code Below To Share Your Thoughts.





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*Valentine's
Writing Contest*

Submit to: inscape@rih.org

Due 2/11!!

Categories:

- Romance
- Friendship
- Senior's Only

Questions? Reach out to...
i.brusco27@student.rih.org
a.manning27@student.rih.org

COAT DRIVE!

Interact is collecting coats for those in need. Please consider donating any coats (new or gently used). We will be collecting the entire month of January!

There is a bin located outside the main office at Indian Hills High School with a sign for the coat drive.

More Information or any questions:

Email: k.wrocklage26@student.rih.org



BADMINTON

ANYBODY INTERESTED IN INTRAMURAL BADMINTON WE WILL BE STARTING OPEN GYM BADMINTON IN THE LOWER GYM EVERY MONDAY AND WEDNESDAY AFTER SCHOOL AT 3:20 STARTING THIS MONDAY 1/12.

IF YOU'RE INTERESTED SEE COACH HILL.

IT'S A GREAT DAY TO BE A BRAVE!!!



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HEY RHS/IHHS!

**DON'T WAIT! REGISTER
 FOR RELAY FOR LIFE
 NOW!**

What is Relay? It's a community-based fundraising and awareness overnight event organized by the American Cancer Society. No running required!

Get your sports teams/clubs to join Relay! You can make your own Relay team, join somebody's team, or just show up as an individual! Use the link /QR Code:



NEXT WEEK'S SCHEDULE

Monday 1-19	Tuesday 1-20	Wednesday 1-21	Thursday 1-22	Friday 1-23
Schools Closed	Day 1	Day 2	Day 3	Day 4