



# MINUTE

## *A MINUTE TO SEE WHAT'S HAPPENING @ NMS*

**"Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved."**

VOLUME: 4/ ISSUE: 20

DATE: 1-9-26

### HEADLINES

WEEK AT A GLANCE

AFTER SCHOOL  
ACTIVITIES

UPDATES

KINDNESS CORNER

### ANNOUNCEMENTS

**PTO** the next PTO meeting is Friday, January 16th @ 9:15 am in the community rm and on Zoom.

**Late buses** and Late nights are Tuesday, Wednesday and Thursday. For more information about late buses see our [website](#)

### # TOGETHER WE MAKE A DIFFERENCE

#### Week at a Glance

- **Term II Ends (1/16)** -- Just a reminder, Term II report card grades will be posted to Aspen for parents to review on Friday, January 23rd. Parents and students should review the report card together to discuss the student's progress. Grades are a reflection of student achievement in content knowledge and skill development as measured by work accuracy, quality, and timely completion. No matter the grade for the term, students should be reflecting on their strengths and areas for growth.
- **Project 351 (1/17)** -- On Saturday, January 17th, Elisa Trebicka (NMS Project 351 Rep.) will go to Boston with the other representatives across the state to the Annual Launch & Service Day. I am thrilled to extend my heartfelt congratulations to Elisa on being selected as the Project 351 Ambassador for Norwell Middle School! Each year, one student is chosen from every school district across Massachusetts to participate in this prestigious program. (**16th Class of Ambassadors!**)
- **January 19th (Monday) -- No School / MLK Day**
- **Parent Coffee House (1/22)** -- The winter NMS Parent Coffee House is on Thursday, January 22nd at 9:30 am in the NMS Community Room. If you are interested in attending the winter parent coffee house, please email me ([james.dupille@norwellschools.org](mailto:james.dupille@norwellschools.org)).
- **Band and Chorus Concert (6th Grade) (1/22)** -- The sixth grade band and chorus will play at the NHS auditorium on January 22nd @ 7PM. Come see our students shine!



### BEFORE & AFTER SCHOOL ACTIVITIES

All activities will begin on their assigned day the week of January 12, 2026. Registration Form and Payment are due by Friday, January 9, 2026. Checks should be made payable to Norwell Middle School. If Activities reach capacity, they will be filled on a first come, first served basis. If there are not enough students signed up for an activity, it may not run and refunds will be issued.

## # TOGETHER WE MAKE A DIFFERENCE

### Coat Drive (Community Service Club)

Helping Our Community One Coat at a Time!

Stated by Grace Campbell, Maresa Weickum, and Valerie Wappett



## CALENDAR

January

16 Term II Ends

19 No School (MLK Day)

21 Fastbridge Testing (Math)

22 Parent Coffee House

22 Music Concert 6th Grade

23 Report Cards Issued

27 Fastbridge Testing (Reading)

28 Early Release Day (1/2 PD Day)

*"Identify your problems but give your power and energy to solutions."*

## Updates

**Substitutes** -- We are always looking for substitutes for teachers, aides, and nurses. Substituting offers flexible scheduling, allowing one to work on available days and at selected levels or schools. We even have half day spots to fill! If you or someone you know is interested, please apply at the Norwell Schools [NSD website](#)

**PTO** -- The next PTO meeting is on Friday, January 16th in the NMS cafeteria.

"...Perhaps we all need some measure of unmerited grace" - Bryan Stevenson

## KINDNESS CORNER



CLICK ON THE LINK BELOW TO FILL OUT THE NMS ACTS OF KINDNESS FORM:

[NMS ACTS OF KINDNESS](#)

# A Note from the Nurse



**Help Us Stop the Flu!** + cases of the flu are on the rise. Help us prevent the spread!

- ★ **Keep your child home** until they are **fever-free for 24 hours** *without fever-reducing meds* (Tylenol, ibuprofen) **and symptoms are improving**
- ★ **Cover coughs and sneezes** with a **tissue or elbow** — not hands
- ★ **Wash hands often** with soap and water for **at least 20 seconds**, especially after coughing or sneezing
- ★ **Avoid touching the face** (eyes, nose, mouth) — these are entry points for viruses
- ★ **Do not share personal items** (water bottles, chapstick, utensils, etc.)
- ★ **Rest, hydrate, and eat well** to keep immune systems strong

## **RESPECT EQUITY AND INCLUSION RESOURCES**

To enhance our kindness corner and promote positive behaviors we have decided that every name provided in the [NMS Acts of Kindness](#) form will be posted on the Kindness Corner bulletin board along with a hand made Peace Crane. Students are making these cranes for a variety of reasons and as a way to put some good into the world. Our goal is to get 1,000 cranes to represent 1,000 acts of kindness. Here is a short video that describes the Peace Crane Project: [Sadako Susaki & the Peace Cranes](#)





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Emails have gone home with sign up information or you can access the list on the [NMS Website](#)

### **Norwell Girls Youth Lacrosse**

It's not too late to sign up for spring lacrosse. Registration for the 2026 season is still open! See details below:

**Registration link-**[Registration for the 2026 Norwell Lacrosse season](#)

The registration fee for players in grades 5th—8th is \$350, and for players in grades 1st—4th, it is \$260. Please register soon to avoid any late penalties. Given league restrictions, we maintain a no-refunds policy.



Norwell Boosters Fundraiser

# DUMP YOUR JUNK

## JAN 10, 2026

Clear out all the clutter and make room for a clean 2026!

Stop by NORWELL HIGH SCHOOL and dump your junk. No need to rent a dumpster, we will provide it and you will be donating to a great cause. Start the year off clean!



**Car Load- \$75**

**SUV- \$85**

**Pickup- \$100**

First come first serve till it's full

**TROUPE**  
waste & recycling

Restricted Items:

- Consumer electronics, cell/smart phones, DVD/MP# players, pagers, PDAs and other devices
- Cathode Ray Tubes (CRTs)-found in TVs, computers, monitors, flat panel screens
- Freon appliances- refrigerator, freezer, air conditioner, and dehumidifiers
- Batteries, Tires, Mattresses, Box Springs, Yard Waste, Paint, and Hazmats
- Fluorescent light bulbs
- Non-freon appliances
- Construction/Demolition materials

**BUY NOW OPTION  
FOR \$150**

**5 spaces only**

*buy early and don't get  
spaced out*

president@norwellboosters.org  
(617) 645-0079



**9am-12pm**

**@Norwell High School**

# YOUTH DANCE CLINIC



**HOSTED BY NHS DANCE TEAM**



**Come experience what it's like to be a NHS  
Dancer! Learn a fun routine and perform with us  
at a NHS Basketball game.  
Grades 1-8 welcome!**

**CLINIC DATE:** Sunday 1/25 2-4pm in NHS Gym

**PERFORMANCE DATE:** Friday 1/30 game @ 6:30pm

**COST:** \$50 (includes clinic,  
performance, admission to  
game & Norwell Dance T-shirt)



**REGISTER HERE!**

**EMAIL NORWELLHIGHDANCETEAM@GMAIL.COM WITH ANY QUESTIONS/ FOR MORE INFORMATION**

# A message from the Norwell Sustainability & Recycling Committee

We A reminder about the program:  
have a box to donate writing used writing utensils at  
NMS.

Here is the update of what has been collected to date  
(district wide):

## WRITING TOOLS

6.2 lbs for recycling

1.6 lbs for re-use

## CRAYONS

13 lbs for recycling

8.2 lbs for re-use

That is another 29 pounds kept out of landfills. Let's  
keep up the good work.

Hey Parents!!!

# Flex Friday

Reading Initiative

Every  
Friday

Remind your student to pack a book for Flex Friday. During Flex Block, kids read a book they enjoy.

## How else can I help?

1. Bring your student to the local library or go online to help them download high interest books and audiobooks.
2. Keep it going at home. Encourage reading as a daily habit.