

IWYC/MV Family Resource Center and MV Youth Task Force invite you to:

GUIDING GOOD CHOICES

For parents & caregivers of pre-teens (8-14 years old)



SIX WEEKS
WEDNESDAYS
JAN. 21 - MAR. 11,
2026
3:30 - 5:00 PM

Childwatch and light dinner
provided.

Guiding Good Choices (GGC)

an evidence based program for parents and caregivers to learn specific actions that promote healthy development and reduce risky behavior in the teen years. Facilitated by IWYC's School Liaison Leah Littlefield and MV Youth Task Force Director Angela Knapp.

GGC aims to:

- strengthen and clarify family expectations for teen's behavior
- build strong family bonds, which motivate preteens to follow family guidelines
- teach skills that help children to resist substance use and other risky behavior successfully

"I am thankful for GGC and have shared the information with my partner. The group has been reassuring that we are all struggling with similar issues and are not alone!" - Vineyard Parent

PRE-REGISTRATION REQUIRED

Contact Leah to register or for more info:

Email: llittlefield@mvcommunityservices.org

Phone/Text/WhatsApp: 774-447-3072

