

Dear Students and Families,

As we look ahead to the upcoming week, I want to take a moment to share guidance and encouragement as our students prepare for midterm exams. Midterms are an important opportunity for students to demonstrate their learning, reflect on progress, and set goals for the remainder of the school year.

Preparing for Success
Students are encouraged to begin reviewing course materials now and to create a realistic study plan that spreads preparation over several days. Effective strategies include:

- Reviewing notes, assignments, and assessments from the semester
- Using study guides or review materials provided by teachers
- Studying in focused intervals with planned breaks
- Getting adequate sleep and maintaining healthy routines
- Scaffold projects and self-assess using rubrics to meet all requirements

Self-Care Matters
Academic preparation is most effective when paired with self-care. We encourage students to prioritize rest, nutrition, hydration, and balance during exam week. Managing stress and maintaining perspective are key components of success.

Communication with Teachers
Teachers remain an important resource during this time. Students should reach out proactively with questions, clarification needs, or concerns about course content or expectations. Open communication supports both confidence and readiness.

Exam Schedule and Attendance
Please be sure to carefully review the modified midterm exam schedule and attendance requirements that have been shared. Attendance during exams is critical, and understanding the schedule in advance will help families plan accordingly.

We appreciate your partnership in supporting our students during this important time. With preparation, communication, and care for well-being, our students will be well positioned to do their best.

Thank you for your continued support of our school community.

Sincerely,
Carrie Apanovitch
Principal

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	01/12/26	01/13/26	01/14/26	01/15/26 	01/16/26 
Schedule	**B Day**	**A Day**	**B Day**	**Mid Terms - ERD** A2: 7-45 - 9:45 Break A1: 10:05-12:10	**Mid Tern - ERD** B1: 7-45 - 9:45 Break B2: 10:05-12:10
Pride					
Meetings & Evening Events			B.O.E. Meting		
Other Home Events 	KHS Basketball Coed Unified Senior Night @ 6pm	JV Girls Basketball vs. NFA @ 4:30pm Varsity Girls Basketball vs. NFA @ 6:00pm	Boys Wrestling Met @ 6pm		Freshman Boys Basketball vs. Fitch @ 3:45pm JV Boys Basketball vs. Fitch @ 5:30pm Freshman Boys Basketball vs. Fitch @ 7:00pm

The next School Governance Meeting is February 10th at 2:30 pm. Please RSVP if you have not attended a meeting yet this year. Topics: Food Services, Cell Phone Policy, end

of year events. !

Killingly High School

Midterm Exam Schedule January, 2026

Thursday, January 15, 2026 **Period Exam Times** **A2 7:45-9:45** Intervention 1: 8:00-8:30 Intervention 2: 8:35-9:05 Intervention 3: 9:10-9:45 **Break/Snack 9:45-10:00** **A1 10:05-12:05**	**Friday, January 16, 2026** **Period Exam Times** **B1 7:45-9:45** **Break/Snack 9:45-10:00** **B2 10:05-12:05**
Wednesday, January 21, 2026 **Period Exam Times** **A3 7:45-9:45** **Break/Snack 9:45-10:00** **A4 10:05-12:05**	**Thursday, January 22, 2026** **Period Exam Times** **B3 7:45-9:45** **Break/Snack 9:45-10:00** **B4 10:05-12:05**
Friday, June 23, 2026 **Only for students who need to makeup exams and assignments** **Period Exam Times** **Makeup Period 1 7:45-8:45** **Makeup Period 2 8:50-9:45** **Snacks and Break 9:45-10:05** **Makeup Period 3 10:10-11:05** **Makeup Period 4 11:10-12:00**	**Monday, January 26, 2026** **Beginning of Semester 2** **Check your PowerSchool Schedule to ensure you know your new schedule. Email your school counselor if you have any questions.**

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CELEBRATE YOUR STUDENT

Brooks Streed

Brooks,
You have that great smile and great ambition. We are proud of your accomplishments and look forward to watching you graduate. Stay as sweet and true to yourself as you can.

Love,
Mom & Dad





Taylor Hagness

Taylor,
Music to my ears will be the day you graduate. Keep up the hard work and keep smiling!

Love,
Uncle Tim



Jamal Williams



Congratulations!
All you do and all you are is because of your talent and love for life.

Love,
Grandma
and Grandpa

Alex Cheng

Alex,
You have worked so hard over the last four years and deserve to enjoy every moment of your graduation. We are so proud of you and know you will do great things next year.

Love,
Dad and Angela





Sam Johnson

Sam,
You have that great smile and great ambition. We are proud of your accomplishments and look forward to watching you graduate. Stay as sweet and true to yourself as you can.

Love,
Mom, Josie and Jody





Carmen Garcia



Carmen,
I am so proud of you. I will always remember the way you would dance as a little girl and how you have turned into a beautiful and talented dance teacher. I am so glad you have found something to be passionate about and are willing to take risks to achieve your dreams.

Love, Mom



Evelyn Thompson



Ev,
We are so excited to see what life brings your way. Don't ever forget that you can come home as much as you want. We will always leave the porch light on for you.

It will be quiet around here without you singing morning, noon and night.

We look forward to visiting you next year and will be sure to bring your favorite homemade apple pie along with us.

Love, Mom and Dad

Roses are red
Violets are blue
You are very special
We are so proud of you.

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📣 Join the Killingly High School Governance Council!›

Are you passionate about making a difference at Killingly High School? Do you want to help shape decisions that impact students, teachers, and families? We're looking for students, teachers, and parents to join the Killingly High School Governance Council (SGC)!

What is the SGC? The School Governance Council is a collaborative team of students, educators, parents, and community members who work together to:

- Influence school policies and priorities
- Review and advise on school improvement plans
- Promote a positive school culture
- Help strengthen school-family partnerships

Why Join?

✅ Have your voice heard
✅ Collaborate on real decisions
✅ Gain leadership experience
✅ Make a lasting impact on our school community

Who Can Join? We're currently recruiting:

- **Students** (Grades 9–12) who are committed to representing their peers
- **Parents/Guardians** who want to be active partners in school success
- **Teachers & Staff** who are invested in continuous improvement

How to Get Involved: Interested? Click here and complete this form.

Let's work together to make Killingly High School the best it can be — your voice matters!