



**Adult &
Continuing
Education**
at EdAdvance



NEWSLETTER

JANUARY 2026



January marks a fresh start - a time of new beginnings, renewed focus, and setting intentions for the year ahead. As we enter this new year, we leave behind the reflective close of the past year behind and embrace the energy that comes with resolutions, goal-setting, and growth in education. January invites us to recommit to learning, welcome new opportunities, and move forward with purpose. It is a month of motivation, possibility, and laying the foundation for a successful year of learning.

Inside This Issue:

- January Celebrations and Awareness 🎉
- Spring Registration - Now Open 📅
- Global Compliance Network (GCN) Trainings 💻
- ServSafe® Food Safety Manager Certification Classes 🍴
- Community Health in Torrington/Winsted Area 🏠
- American Job Center December Calendar 📅
- Course Locations 📍

EdAdvance Adult & Continuing Education

215 Hogan Drive
Torrington, CT 06790
(860) 567-0863
www.adulted.edadvance.org



Celebrations and Awareness

JANUARY 2026

<u>Day.</u>	<u>Event</u>
1	New Year's Day Celebrated worldwide as the start of the new year, a time for reflection, celebration, and setting goals for the year ahead.
4	World Braille Day Recognizes the importance of braille and promotes accessibility and inclusion for people with visual impairments.
13	Lohri / Maghi Lohri marks the end of winter with bonfires and celebration in North India; Maghi honors Sikh history and faith traditions.
14	Makar Sankranti A Hindu festival celebrating the sun's transition into Capricorn, symbolizing renewal, gratitude, and the harvest season.
19	Martin Luther King Jr. Day Honors Dr. King's leadership in the civil rights movement and his legacy of justice, equality, and nonviolence.
27	International Holocaust Remembrance Day Commemorates the victims of the Holocaust and reinforces the importance of remembrance, education, and preventing genocide.

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Scan to register:



REGISTRATION

IS NOW OPEN FOR SPRING 2026!

Offering FREE classes in:

High School Completion

GED® Preparation

English as a Second Language(ESL)

Citizenship

Adult Basic Education



(860) 567-0863 x 1133



www.adulted.edadvance.org



OSHA | HR | PROFESSIONAL DEVELOPMENT

ONLINE TRAINING

Through the Global Compliance Network (GCN) via EdAdvance Adult & Continuing Education



A LIFESAVER FOR DISTRICT AND SCHOOL ADMINISTRATORS!

So many mandated topics to cover, and so little time. The Global Compliance Network (GCN) unlimited tutorial license can help you efficiently address important and timely topics for all staff, including administrators, teachers, paraprofessionals, and maintenance personnel.

The GCN portal serves as a one-stop resource for Connecticut State Mandated Anti-Bullying (26 minutes) and Sexual Harassment Prevention (2-hour) trainings, along with many other topics relevant to your staff.

UNLIMITED ACCESS TO OVER 175 TUTORIALS

You can easily integrate the tutorials into staff meetings, use them in group settings, or assign them for independent completion during duty time (please consult your teachers' union). The system can generate certificates and track completion for each participant, and all tutorials are available on-demand, 24/7.

GCN's tutorials cover a wide range of OSHA, HR, and Professional Development topics. Each tutorial meets the minimum compliance standards mandated by state and federal laws and is regularly updated to ensure accuracy and relevance.

TRENDING TOPICS:

- Anti-Bullying | Cyber Bullying
- Sexual Harassment
- Transgender and Gender Non-Conforming Awareness in Schools
- Workplace Violence
- School Safety
- Social Emotional Learning
- Suicide Prevention
- Teen Dating Violence
- Bloodborne Pathogens
- Concussion Training
- Effective Leadership
- FMLA

Many more!

GETTING STARTED IS AS EASY AS 1, 2, 3!

GCN is designed to be intuitive and user-friendly, so you can begin using it quickly and efficiently. Reach out to learn more about our affordable pricing options, which are based on the number of users, and discover how simple the setup process is. We're happy to walk you through the features, answer any questions, and ensure you get the most out of GCN from day one.

**To learn more, contact Ray Byron, Director of Adult Education,
at (860) 567-0863 x1186 or byron@edadvance.org.**



SERVSAFE® FOOD SAFETY MANAGER CERTIFICATION



The ServSafe® Food Safety Manager Certification training, developed by the Educational Foundation of the National Restaurant Association is part of the ServSafe® risk management series. These programs equip food service managers and operators with the **knowledge and skills needed to prevent food, alcohol, and safety-related incidents that could cause illness or injury to customers, employees, or others.**

Certification & Requirements

- A final exam is administered during the last class session, with immediate results
- Since August 1997, Connecticut law has required that at least one employee per location hold this certification

What You'll Learn

- Hazard Analysis Critical Control Points (HACCP) – required by all public health departments
- Food Safety Basics – employee health and hygiene
- Safe Food Handling – preparation and service
- Proper Cleaning & Sanitizing

Course Includes:

- Instructor lead & video instruction
- Frequent quizzes to track progress
- Preparation for the certification exam

The class fee is \$250, which includes the textbook and exam fees.

Financial assistance may be available through the Workforce Innovation and Opportunity Act (WIOA). To check eligibility, call (860) 496-3500 for more information.

CLASS INFORMATION

Classes are available through EdAdvance Adult & Continuing Education at the EdAdvance Litchfield location. For convenience, one-day Saturday classes are offered for the exam. Students are required to review the textbook before attending class.

For class schedules, dates, and textbook details, call (860) 567-0863 x 1145!

SCAN HERE



(860) 567-0863 x1145



www.adulted.edadvance.org

Hartford HealthCare

Neighborhood Health

Start Here for Community Health

Hartford HealthCare
Neighborhood Health



Urgent Care Needs

- › Rashes, burns, cuts
- › Infections and wound care
- › Cough, runny nose, ear pain
- › Sexually transmitted infection
- › Back pain
- › AND MORE!



Basic Health Maintenance

- › Blood pressure check
- › Blood sugar check
- › Cholesterol check
- › Cancer screening referrals
- › Family planning
- › Primary care, dental, mental health referrals
- › AND MORE!



Vaccines

- › Seasonal flu/Covid
- › Pneumonia
- › Shingles
- › Tdap (tetanus)
- › Hepatitis B
- › Gardasil (HPV)
- › AND MORE!

We are here for you!

Walk-ins welcome. Open to all ages. Insurance accepted but not required.

For more information:

📞 Call 860.986.3078 ✉ Email neighborhoodhealth@hhchealth.org

🌐 Visit hartfordhealthcare.org/health-wellness/neighborhood-health or scan the QR code



Hartford Healthcare Neighborhood Health

Northwest Region American Job Center Affiliate

January 2026 Events Calendar

Torrington Career Center | 215 Hogan Drive, Torrington | (475) 233-4001

The Department of Labor is an equal opportunity employer with equal opportunity programs and auxiliary aids and services available upon request to individuals with disabilities.

To register for a DOL workshop >

<https://ctdol.jotform.com/CT1/requestemploymentservices> or call 203-437-3380!

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Scan the QR Code to be notified of hiring events & job postings</i> 		<i>To learn more about Veterans Services at the American Job Centers Contact: Michael Mariano, michael.mariano@ct.gov or Jonathan Bennett, jonathan.bennett@ct.gov.</i>	Holiday	1 Career Advancement Info Session (WIOA) Virtual 9:00-10:00 am Email info@nrwb.org to register
5 Interviewing Strategies & Techniques (DOL) 9-11:30 am Career ConneCT & Good Jobs Challenge Orientation In-Person at the Waterbury AJC 249 Thomaston Ave. Waterbury 11:00 am - 12:00 pm To register, email wade@careerresources.org	6 Fundamentals of Resume Writing (DOL) 9-11:30 am	7 Successful Job Search Strategies (DOL) 9-11:30 am Do What You Are (CRI) Contact Lacorya Jones 203-574-6971 ext. 463	8 NW Construction Careers 10-10:30 am Call (203) 574-6971 ext. 446 to register	9 LinkedIn (DOL) 9-11:30 am Career Advancement Info Session (WIOA) Virtual 9:00-10:00 am Email info@nrwb.org to register
12 Interviewing Strategies & Techniques (DOL) 9-11:30 am Career ConneCT & Good Jobs Challenge Orientation In-Person at the Waterbury AJC 249 Thomaston Ave. Waterbury 11:00 am - 12:00 pm To register, email wade@careerresources.org	13 Fundamentals of Resume Writing (DOL) 9-11:30 am	14 Successful Job Search Strategies (DOL) 9-11:30 am	15 NW Construction Careers 10-10:30 am Call (203) 574-6971 ext. 446 to register	16 Career Advancement Info Session (WIOA) Virtual 9:00-10:00 am Email info@nrwb.org to register
19 Holiday	20 Fundamentals of Resume Writing (DOL) 9-11:30 am BRS 8:30-11:00 am To schedule an appointment, call (203) 577-5319 or email audrey.stone@ct.gov	21 Successful Job Search Strategies (DOL) 9-11:30 am	22 NW Construction Careers 10-10:30 am Call (203) 574-6971 ext. 446 to register JOB FAIR 1:00 - 3:00 pm In-Person at the Waterbury AJC 249 Thomaston Ave., Waterbury	23 LinkedIn (DOL) 9-11:30 am Career Advancement Info Session (WIOA) Virtual 9:00-10:00 am Email info@nrwb.org to register
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NW AJC January 2026 Calendar

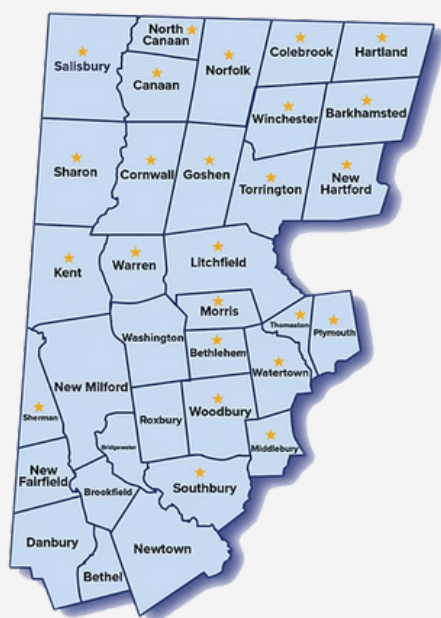
Workshop Calendar Descriptions





EdAdvance Adult & Continuing Education

EdAdvance Adult & Continuing Education is a state- and locally-funded program serving the following towns:



Region #1: Canaan, Cornwall, Kent, North Canaan, Salisbury, Sharon

Region #7: Barkhamsted, Colebrook, New Hartford, Norfolk, Winsted

Region #14: Bethlehem, Woodbury

Region #15: Middlebury, Southbury

Region #20: Goshen, Litchfield, Morris, Warren
Hartland

Plymouth/Terryville

Sherman

Thomaston

Torrington

Watertown

Winchester/Winsted

Academic & Enrichment Course Locations

Location	ABE	ESL	Citizenship	GED® Prep	CDP	Enrichment
EdAdvance Kitching Regional Learning Center (Torrington)		X	X	X	X	X
Housatonic Valley Regional High School (Falls Village)		X				X
CT State Northwestern Community College (Winsted)		X		X		
United Church of Christ (Southbury)		X				
Vogel-Wetmore School (Torrington)		X				
Watertown High School		X		X	X	X
Online	X	X	X	X		X