



Mifflinburg Area School District

Dear Parent/Guardian,

Now that cold and flu season is upon us, and we have begun to see an increase in respiratory illness, please take the time to review reasons why your child should not come to school. As we all know, it is important to wash your hands often, cover your cough/sneeze with your elbow, avoid close contact with those who are sick when possible, and stay up to date on vaccines per your health care provider's guidance. The attached recommendations for when to stay home and when to return to school represent PA Department of Health guidelines that we are required to follow. Please call with any questions. Thank you for your partnership in keeping our schools as healthy and safe as possible.

Thank you,

Caitlin Cresswell M. Ed., BSN, RN, CSN

Melanie Kerstetter BSN, RN, CSN

Emily Ewing, LPN

Quinn Erdley, LPN

Mifflinburg Elementary & Intermediate Schools

Mifflinburg Middle & High Schools

I NEED TO STAY HOME IF...

					
FEVER	VOMITING	DIARRHEA	HEAD LICE	EYE INFECTION	RASH
Temperature of 100 or higher.	Vomiting within the last 12 hours.	Diarrhea within the last 12 hours.	Active, live head lice.	Redness and drainage or crusting from eye.	Rash with fever or behavioral change.

I AM READY TO GO BACK TO SCHOOL WHEN I AM...

Fever free for 24 hours without the use of fever reducing medication i.e. Tylenol, Motrin	Free from vomiting for at least 2 solid meals.	Free from diarrhea for at least 12 hours.	Treated with appropriate head lice treatment at home and proof is provided to the nurse.	Evaluated by a medical provider and have a note to return to school.	Free from fever for 24 hours. Evaluated by a medical provider if needed.
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