

Subject: 2nd Semester PE – Important Updates for Physical Education

Dear Desert Sky Families,

As we prepare to begin the second semester, we are excited to share a few updates to our Physical Education program designed to support students in building healthy habits, personal responsibility, and readiness for high school.

PE Uniform Requirement

Starting this semester, all students who take PE will be required to wear either a *black Desert Sky Physical Education t-shirt (available for purchase for \$10 online below and at DSMS)* or a **PLAIN** black, grey, or yellow t-shirt each day in PE. Students who are not aligned with the PE uniform requirements will lose participation points and may be assigned an alternative written assignment for the day. In addition, students will be given 2 non-dress days that they can use per quarter. This helps promote consistency, safety, and a sense of school pride.

T-Shirt Purchase Link: <https://az-deervalley.intouchrecepting.com/> Log in directions are on the left side of the page right above the log in boxes. You will need your student's ID number and last name to log in.

Lockers & Locker Room Expectations

During the first week of the semester, each student will be issued a lock and assigned a locker. Students will have **7 minutes at the beginning and at the end of class** to use the locker room to change and use the restroom. We encourage students to keep essential items in their personal locker, such as deodorant, athletic shoes, and extra t-shirts. Learning to manage their time and belongings effectively is an important life skill and will help prepare them for high school expectations.

We appreciate your support in helping our students start the semester strong. If you have any questions, please feel free to reach out to your student's primary PE Teacher.

Thank you,

Desert Sky Physical Education Department