



Dragon Quests

Winter/Spring Example*

**Some quests repeat annually (chorus, theatre, etc.), some change every semester (flight academy, team handball, etc.)*

	Monday	Tuesday	Wednesday	Thursday	Friday
3:00-4:00	<p>Chess (Triangle Chess) 2nd-4th Grade (Building H- Spanish Room)</p>	<p>LS Chorus- (Musical Megan) 2nd-4th Grade (Building H- Music Room)</p> <p>Dream Big Drama (Vault Theatre) K- 1st Grade (Building H- Spanish Room)</p> <p>Team Handball (The Enrichment Collective) 2nd-4th Grade (LS Gym)</p>	<p>Flight Academy: Drones 101 (Drone Key) 2nd-4th Grade (3:15-4:15 pm) (LS Gym)</p> <p>Theatre Mischief (Vault Theatre) 2nd-4th Grade (Spanish Room)</p>	<p>Act! Sing! Dance! (Vault Theatre) 1st-4th Grade (Building H-Spanish Room)</p> <p>Tennis (RDU Tennis) K-4th Grade (Tennis Courts or LS/MS Gym)</p>	<p>LS Chorus- (Musical Megan) 2nd-4th Grade (Building H- Music Room)</p> <p>Soccer Shots (K-2nd Grade) (LS Field or TBD)</p> <p>Martial Arts (Chapel Hill Quest) K-2nd Grade (LS Gym)</p>
4:00-5:00	<p>Sports Variety with John Gaddy 3rd-4th Grade (LS Gym)</p>	<p>1st-4th Grade Chinese with Allen 1st-4th Grade (TBD)</p>		<p>Junk Journaling with Liz & Lena 2nd-4th Grade (Building J)</p>	

	PreK-K Chinese with Allen PreK & Kinder (4:00-4:50 pm) (TBD)			Viva la Cultura: Exploring Hispanic Traditions with Carolina K-4th Grade (Building H-Spanish Room)	
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Dragon Quests

Chess (2nd-4th)

Students will learn chess fundamentals and strategies that enhance learning skills and cognitive thinking. We will build confidence and compete against other local schools. Novice students and experienced players are encouraged to sign up. **This sign-up is for 2nd Grade through 4th Grade only.**

Location- Spanish classroom/building H

Days-Monday

Time- 3:00-4:00pm

Number of Sessions- 16

LS Chorus (2nd-4th)

Come sing with us!! Chorus students engage in making music as a team, singing a variety of tunes from classic rock and roll to country hits, along with folk songs, island vibes, rhythm and blues, jazz standards and pop anthems. Dancing and instruments included!!!

Please Note- This is for 2nd-4th Grade only.

Location- Music Room

Days-Tuesday and Friday

Time- 3:00-4:00pm

Number of Sessions- 16

Dream Big Drama (K-1st)

Young artists will unlock their imaginations and dream big in this interactive theatre class! Students will explore bigger than life stories and create dynamic characters to perform original scenes inspired by our favorite stories! This process fosters the imagination, nurtures self-confidence, and has each young actor working in an ensemble! Taught by Vault Theatre teaching artist, Katie Jo.

Location- Spanish classroom/building H

Days-Tuesday

Time- 3:00-4:00pm

Number of Sessions- 16

Team Handball (2nd-4th Grade)

Dive into the exciting world of Team Handball. This dynamic, fast-paced sport combines the best elements of basketball, soccer, hockey, and baseball. It is truly America's next great sport, and is a fantastic way to get active and have fun. The first segment of our program is a dynamic warm-up which focuses on developing fundamental passing, dribbling and shooting skills. The second segment is small-sided scrimmages where all students get lots of touches on the ball and build crucial life skills such as teamwork, strategic thinking, and constructive communication. It's the perfect sporting entry-point activity for kids who may be looking to improve their coordination, make new friends, and discover a love for a unique and exciting sport. <https://enrichmentcollectivenc.com/>

Location- LS Gym

Days-Tuesday

Time- 3:00-4:00pm

Number of Sessions - 16

Theatre Mischief (2nd-4th)

Get ready to stir up some serious laughs. In this fast-paced, comedy-focused class, young artists dive into improv games, zany characters, and hilarious scenes designed to flex their funny bones. Each week brings a new dose of theatrical mischief as we explore timing, teamwork, and the joy of making bold, ridiculous choices onstage. Come ready to play, perform, and cause just the right amount of chaos. Taught by Vault Theatre teaching artist, Lauren Sale.

Location- Spanish classroom/building H

Days-Wednesday

Time- 3:00-4:00pm

Number of Sessions - 17

Flight Academy: Drones 101 (2nd-4th)

At this immersive afterschool program, participants will fly into the world of drones through hands-on experiences. Students will master drone flight, tackle missions, and engage in project-based stem learning. From search and rescue operations to disaster recovery, they'll hone their drone skills. Alongside scavenger hunts and obstacle courses, drone flight simulations and many other activities, students will foster leadership, collaboration, and teamwork. Get ready to discover the thrill of drone piloting!

Location- LS Gym

Days-Wednesday

Time- 3:15-4:15pm

Number of Sessions - 17

Act! Sing! Dance! (1st-4th)

Get ready to move, sing, and shine! In this high-energy class, young artists will explore the core of musical theatre through acting, vocal work, and dance. Games, scene work, and choreography challenges keep every session lively, building creativity, confidence, and teamwork onstage. Taught by Vault Theatre teaching artist, Katie Jo.

Location- Spanish classroom/building H

Days-Thursday

Time- 3:00-4:00pm

Number of Sessions - 17

Tennis (K-4th)

RDUTennis will be offering a clinic with an emphasis on continuous stroke progression, learning proper scoring, and even some matchplay for older students during this fall session. Most importantly, a very fun path to learn the game that suits the complete beginner to intermediate/novice level student. Email Brian at brian@rdutennis.net with any questions.

Location- Courts or Gym

Days-Thursday

Time- 3:00-4:00pm

Number of Sessions - 17

Soccer Shots (K-2nd)

At Soccer Shots, our Premier program, designed for children ages 5 to 8, combines advanced soccer skills with an emphasis on character development, fostering teamwork, sportsmanship, and leadership.

Through our expertly crafted curriculum, children will:

- Build essential life skills like confidence, communication, and respect for others.
- Develop advanced soccer techniques such as dribbling, passing, and shooting.
- Learn teamwork and game strategies through small-sided scrimmages and collaborative activities.
- Stay active and healthy, improving fitness and coordination in a fun, structured environment.

Our trained and passionate coaches ensure every session inspires personal growth while keeping the game exciting and engaging for young players. Soccer Shots is more than just soccer—it's about developing well-rounded kids who can succeed on and off the field.

Location- Field or Gym

Days-Friday

Time- 3:00-4:00pm

Number of Sessions - 16

Martial Arts (K-2nd)

Martial Arts training is hands-down the best vehicle for teaching the skills that our children need in their lives. Confidence, balance, coordination, focus... martial arts practice teaches and reinforces all of these attributes and more all while being fun and motivating for your children. Duke School and Chapel Hill Quest Martial Arts have partnered to provide you with a convenient way to give your child a competitive edge.

Friday the Triangle's most experienced instructors will provide a To-Shin Do martial arts class for your child at Duke School. Help your child unleash their potential! Please visit www.chquestcenter.com for more information.

Location- LS Gyn

Days-Friday

Time- 3:00-4:00pm

Number of Sessions - 16

NEW! Teacher Lead- Dragon Quests

Viva la Cultura: Exploring Hispanic Traditions with Carolina (K-4th grade)

An engaging extracurricular cultural experience

Viva la Cultura is a fun and interactive after-school program where students explore the richness of Hispanic traditions through hands-on activities, music, movement, and simple food preparation. Each session provides opportunities for students to make connections with their Spanish vocabulary to cultural activities, foods, music, and traditions from different countries.

This program fosters creativity, confidence, and cultural awareness, helping students appreciate diversity in joyful and meaningful ways. Students will love the interactive, colorful, and energetic nature of every activity, making each session a lively and memorable cultural adventure.

Location- Spanish classroom/Building H

Days-Thursday

Time- 4:00 p.m.- 5:00 p.m.

Number of Sessions - 10

Junk Journaling with Liz & Lena (2nd-4th grade)

Students will embark on a creative “Junk Journaling” adventure where we create an upcycle. Through watercolor, zentangle, scrapbooking, collage, and more, we will explore a variety of artistic techniques. Each session includes a mini creative quest offering a chance to experience a new style of mindful creation. At the end of the series, students will have a completely unique journal. They will create all of the pages and bind the cover! This offering blends open-ended art, imagination, and gentle structure to support both creative risk-taking and fine-motor development.

Location- Liz and Lena’s Room/ Building J

Days- Thursday

Time- 4:00 p.m.- 5:00 p.m.

Number of Sessions - 10

Sports Variety with John Gaddy- (3rd-4th grade)

Students will be exposed to a plethora of games/skills used in popular sports as well as non-traditional games.

Location- Lower School Gym

Days- Monday

Time- 4:00 p.m.- 5:00 p.m.

Number of Sessions - 6

PreK-K Chinese with Allen. (PreK & K)

This exploration focuses on building foundational listening and speaking skills in Mandarin Chinese. Through interactive songs, stories, games, and simple conversations, your child will begin exploring a new language in a fun, low-pressure environment.

Location- TBD

Days- Monday

Time- 4:00 p.m.- 4:50 p.m.

Number of Sessions - 10

1st - 4th Grade Chinese with Allen. (1st-4th Grade)

This exploration focuses on building foundational listening and speaking skills in Mandarin Chinese. Through interactive songs, stories, games, and simple conversations, your child will begin exploring a new language in a fun, low-pressure environment.

Location- TBD

Days- Tuesday

Time- 4:00 p.m.- 5:00 p.m.

Number of Sessions - 10