

ECE Campus Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken Schnitzel	Beef Bolognese	BBQ Pork Gua Bao	Baked Curry Fish	Shanghainese Lion Head
Allergen Content	G E	L	G L S	G S D	G S L E
STAPLE FOOD	Fusilli with Pesto Sauce	Spaghetti with Garlic & Olive Oil / Garlic Bread	Stir-Fried Rice Noodle	Penne with Garlic & Olive Oil	Vegetable Fried Rice
Allergen Content	G D	G D	L	G	
VEGETABLES	Steamed Broccoli Carrot and Baby Corn	Sautéed Broccoli & Cauliflower	Steamed Carrot, Corn & Peas	Steamed Broccoli	Stir-Fried Choy Sum with Garlic
Allergen Content			L		
VEGETARIAN DISH (On request)	Tofu Finger	Chickpea Bolognese	BBQ Vegetable Gua Bao	Baked Curry Chickpea & Vegetable	Fried Tofu Ball with Soy Sauce
Allergen Content	L	L	G L	G L D	G L
SIDE DISH	Egg		Egg		Egg
DRINKS	Milk	Milk, Yogurt	Milk	Milk, Yogurt	Milk
FRUITS	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit

*Allergen Content: **D** Dairy **E** Egg **G** Gluten **L** Legumes **S** Seafood

BASIL N LATTE