

Hongqiao Campus Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Tandoori Chicken	Beef Bolognese	Japanese Pork Stew	Chicken Schnitzel	Shanghainese Lion Head
Allergen Content	D	G D	G L	G E	S G L E
STAPLE FOOD	Naan	Spaghetti with Garlic and Olive Oil	Steamed Rice	Fusilli with Pesto Sauce	Vegetable Fried Rice
Allergen Content	G	G		G D	L
VEGETABLES	Sautéed Cabbage and Carrot	Steamed Broccoli and Cauliflower	Sautéed Chinese Cabbage	Sautéed Broccoli, Carrot and Baby Corn	Stir-Fried Choy Sum with Garlic
Allergen Content					
SPECIALTIES	Samosa	Garlic Bread	Taro Ball	Pepperoni Pizza	Scrambled Egg with Tomato
Allergen Content	G L	G D	G D	G D	E
SANDWICH BAR	Ham, Peanut Butter, Strawberry Jam	Chicken, Peanut Butter, Strawberry Jam	Egg Salad, Peanut Butter, Strawberry Jam	Lyoner, Peanut Butter, Strawberry Jam	Tuna Salad, Peanut Butter, Strawberry Jam
Allergen Content	N	N	E N	N	S N E
VEGETARIAN DISH (On request)	Tandoori Vegetable with Chickpea	Chickpea Bolognese	Japanese Chickpea and Vegetable Stew	Mushroom Schnitzel	Fried Tofu Ball with Soy Sauce
Allergen Content	D L	L G	G L	G E	G L
SALAD BAR	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
DRINKS	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Orange Juice
FRUITS	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit

*Allergen Content: D Dairy E Egg G Gluten L Legumes N Nuts S Seafood