



Nutrition Bites!



Celebrating the Season of Local Food and Community

As winter approaches, we'd like to pause and reflect on the exciting and meaningful kitchen events that made this fall so special in Odessa.

We kicked off Farm to School Month with a hugely successful Taste Washington celebration that highlighted the best of local foods and hands-on learning. Students enjoyed both breakfast and lunch made with Washington-grown ingredients, starting their day with a homemade parfait featuring local yogurt and honey, along with a colorful variety of Washington fruit.

Lunch continued the celebration with biscuits and homemade gravy, local roasted potatoes, a vibrant salad bar, and Washington's finest blueberries and cantaloupe. Adding to the experience, our friends from ESD 101 joined us for an engaging educational activity all about potatoes, helping students connect what's on their plate to where it comes from.

**"Taste WA Day reminds us that when students and staff connect with local farmers, they're not just eating fresh food—they're tasting the pride, hard work, and heritage of our Washington communities."
- Steve Fisk, Superintendent**

Thanks to our Farm to School grant, first awarded in December 2023, Odessa has continued to expand the use of local ingredients at both breakfast and lunch. These efforts reflect our commitment to serving meals that are nutritious, flavorful, and thoughtfully prepared—meals that help keep students energized, satisfied, and ready to learn.

As we head into the new year, we're excited to build on this momentum with even more scratch cooking and locally sourced foods whenever possible. Breakfast and lunch are carefully crafted to meet current nutrition standards while being made with care right here in our kitchens.

We invite every student to start their day strong and stay fueled through the afternoon with school breakfast and lunch—delicious, nourishing meals that support learning from the first bell to the last, and reflect our community's commitment to growing healthy kids.

