



Family Life Curriculum Scope & Sequence

***Tennessee Code Annotated Mandates That a Family Life Curriculum be taught yearly – TCA 49, Chapter 6 Part 13 (Abstinence Centered)**

Day & Topic	Houston High School Lifetime Wellness
Day 1 Building Healthy Relationships	-Summarize the benefits of abstaining from sex and/or ceasing to have sex. -Define “abstinence” and describe ways to develop healthy, lasting relationships. -Discuss benefits and barriers of talking with parents and other trusted adults.
Day 2 Let’s Hear the Facts	-Review the importance of developing healthy, intimate relationships. -Identify the 6 sexually transmitted infections that are most relevant to teens. -Identify abstinence as the most effective way to prevent STIs.
Day 3 The Many Facets of Intimacy	-Identify honesty and safety as key ingredients in a healthy relationship. -Review characteristics of intimacy in friendships and romances. -Summarize the importance of developing intimacy without having sexual intercourse.
Day 4 Know Your Limits & Avoid the Risks	-Cite statistics to establish abstinence as the norm for students. -Review the legal ramifications of sexual intercourse. -Understand the stages of physical intimacy and establishing personal boundaries. -Identify characteristics of risky situations and how to understand limit-setting behaviors.
Day 5 The Cost of Teen Pregnancy & Teen Parenting	-Identify legal responsibilities of parents for their children. -Predict how daily activities and relationships would be affected by caring for a baby. -Showcase the financial costs of a baby for the first year and for 18 years. *Meet Baby Olivia Video: Click Here
Day 6 Dating Violence *lessons 13 & 14 from packet	-Identify the beliefs society promotes regarding desired characteristics and expectations for males and females and how these beliefs impact behaviors in relationships. -Describe characteristics of an abusive relationship -Examine warning signs of an abusive relationship. -Apply skills and strategies to be used to deal with an abusive relationship.