

SERVING ADULTS WITH DISABILITIES

SPRING 2026

# River Valley **PROJECT EXPLORE**



**SCHOLARSHIP INFO  
PAGE 14!**

Classes begin on March 1, 2026

Phone: 651-423-7931 | Email: [projectexplore@district196.org](mailto:projectexplore@district196.org) | [ce.district196.org/projectexplore](http://ce.district196.org/projectexplore)

# WELCOME

We would like to extend an invitation for you to take part in the variety of activities and services offered through River Valley Project Explore, a Community Education program serving adults with disabilities. The information provided here should give you a close look and better understanding of how our program works and where to acquire additional information that you may need. For 35 years, Project Explore has been a leader in providing options for adults with disabilities to participate in activities that are specifically designed to meet their diverse needs.

## FROM THE DESK OF THE COORDINATOR

Happy New Year!! With the start of the new year, we also welcome a new Program Coordinator for Project Explore, Shannon Murphy! Make sure to introduce yourself to Shannon at activities.

Project Explore continues celebrating the 35th year of programs and has many activities planned for you this spring. Two tours at the new Apple Valley Fire Station #2 in March will be held as you learn the latest state of the art firefighting technologies. The Theater Club is gearing up for two April performances of 'Fast Food', sure to be entertaining with a lot of laughs. A 'Dirty Soda' game night is happening in April and is sure to be a delicious way to spend time playing games, cards and puzzling with friends. Star Services is offering an evening 'Amplify Your Voice' class where you will learn self-advocacy tools and tips. The spring session ends with a trip to the Chanhassen Dinner Theatre for lunch and the performance of *Guys And Dolls*. Along with these, you will see many of the spring activities you've come to enjoy over the years. Please note that our Thursday Bowling league has changed times and is now being offered from 3:00-4:15pm.

As always, activities have been filling up quickly, so I hope you will take the time to register early! Please use the back page of the catalog to keep track of your registrations. We'll send you an email reminder too, so **make sure your contact information including a current email address is up to date when you register!**



## We love our Volunteers!

Project Explore Volunteers are very valuable. Through the generosity of volunteers, we are able to keep activity fees low, allowing individuals to participate in more classes. Project Explore is always looking for volunteers to help with activities. If you, your group or organization would like to volunteer, please let us know. You can send us an email – [projectexplore@district196.org](mailto:projectexplore@district196.org) – or call the office – 651-423-7931.

## Project Explore Staff

Coordinator ..... Shannon Murphy  
Instructors and Staff ..... Amanda Anderson, Jeanne Borchardt-VonHoltum, Sue Butzer, Delaney Cashin, Gabby Coggshall, Thomas Conrin, Jennifer Deviley, David Deviley, Kate Frost, Sofia Fornicoia, Anita Groen, Yaya Keptsu, Janet Larson, Emily Messick, Brittany Minnick, Eileen O'Hara, Connie Orman, Eric Pearson, Betsy Ritschel, Angila Schmidtke, Kari Schultz, Jen Soller, Carla Student, Rick Vance, Jeff VonHoltum



## Project Explore Advisory Council

Jane Anderson	Caroline Gettz	Kevin Johnson
Dave Modrynski	Sona Parker	Leah Paulson
Greg Paulson	Kelly Ruiz	Megan Schreiber
Carla Student	Teri Townsend	Patty Vance
Denise Weber	Dottie Woodruff	

## District 196 Community Education Staff

Barb St. Aubin      Shannon Murphy

Advisory Council members meet bi-monthly to discuss providing services and programming. They develop collaborations to benefit the ongoing educational, recreational and social needs of adults with disabilities living within the five school districts of the consortium. Interested in becoming part of the Council? Call the Project Explore office for information..

## RVPE Foundation

Our mission is to seek funding resources and effectively manage funds to support River Valley Project Explore. The Foundation will work cooperatively with the Project Explore Advisory Council and program staff to support advocacy and fundraising programs as well as the disbursement of funds that ensure the programs' ongoing success.

The Foundation is focused on expanding programs, classes and opportunities; providing needed equipment for activities, and scholarships for those needing financial assistance.

Board members include: Elaine Becker, Lisa Burns, Nick Cookas, Rick Cotterman, Suzanne Elwell, Jeanne Finch, Monica Jensen, Patty Vance, and Jeff VonHoltum.

# COOKING

## Chili & Cornbread

Warm up with this hands-on cooking class featuring two classic comfort favorites: hearty homemade chili and golden, tender cornbread. Participants will chop, simmer, season and bake their way through simple, flavorful recipes while learning helpful kitchen skills and techniques along the way. There will also be a tasty dessert to complete the meal. What a great way to spend a chilly March evening!

*You may only register for one class.*

**Monday, March 16**  
Valley Middle School



6:00-7:30 pm  
\$15 per person

**Monday, March 30**  
Valley Middle School

6:00-7:30 pm  
\$15 per person

*Note this class meets the same time as "Jeweled" Bugs Beetlemانيا.*

## Stir Fry and Potstickers

Dive into the fast, flavorful world of stir-fries and potstickers! In this hands-on class, participants will learn how to prepare two delicious Asian-inspired dishes from start to finish. We will have a variety of proteins and vegetables for you to choose. This class is fun, interactive and perfect for cooks of all skill levels. Come ready to chop, fold, sizzle and enjoy a tasty meal you made yourself!

*You may only register for one class.*

**Monday, April 6**  
Valley Middle School



6:00-7:30 pm  
\$15 per person

**Monday, April 13**  
Valley Middle School

6:00-7:30 pm  
\$15 per person



## The Project Explore Theater Club Presents

### "Fast Food"

When you are hungry for hilarity, but short on time and tight on budget, where do you turn? FAST FOOD! From crazy customers to screwy staff, to hamburger horseplay, and of course the ever-broken shake machine, this vignette style collection of scenes will satisfy your craving for fast food fun!



**Friday, April 17 at 7:30pm**  
**Saturday, April 18 at 7:30pm**  
**Falcon Ridge Middle School**  
**Free!**  
**Registration not needed**

## Grilled Chicken Sandwiches

Fire up your appetite in this delicious hands-on class where we'll build the perfect grilled chicken sandwich and a fresh, flavorful pasta salad to go with it! Participants will season and grill tender chicken, prepare tasty toppings and assemble a sandwich that's stacked with flavor. We will finish the meal with a delicious dessert!

*You may only register for one class.*

**Monday, May 11**  
Valley Middle School



6:00-7:30 pm  
\$15 per person

**Monday, May 18**  
Valley Middle School

6:00-7:30 pm  
\$15 per person

## CRAFTS



### Shamrock Wreath

Join us for a festive St Patrick's Day class and create your own lucky shamrock wreath. You will build your wreath using different ribbons and tulle. This will bring a little St Patrick's cheer into your space!

**Wednesday, March 4**  
Southview Elementary

6:30-8:00 pm  
\$12 per person

*Note this class meets the same time as Move & Groove.*

### Spring Decoupage Eggs

Join us for a relaxing and creative craft session where we transform simple wooden eggs into beautiful, decorative keepsakes using the art of decoupage! In this class, you will layer napkin designs onto eggs to create vibrant, textured works of art. You will apply decoupage for a polished finish. Whether you prefer bold florals, whimsical patterns, or delicate pastels, you'll leave with a set of stunning, personalized eggs perfect for spring décor, gifts or display. Come enjoy an hour and a half of creativity, conversation and "egg"cellent results!

**Thursday, March 12**  
Southview Elementary

6:30-8:00 pm  
\$12 per person

*Note this class meets the same time as Theater Club.*



# CRAFTS

## Decoupage Flowerpots

Bring in spring with a beautiful flowerpot. In this class you will transform plain flowerpots into beautiful and colorful custom pieces of art. We will use fabric and Mod Podge® to create your floral masterpiece.

**Wednesday, March 18**  
Valley Middle School

**6:30-8:00 pm**  
**\$12 per person**

## Springtime Wreath

Get ready for springtime holidays with a festive wreath. In this fun hands-on experience, you will use greenery, ribbons, eggs and other themed accents to create a festive spring decoration.

**Wednesday, April 1**  
Valley Middle School



**6:30-8:00 pm**  
**\$12 per person**

## Sock Bunny & Decorative Eggs

In this class you will transform a simple sock into a cute stuffed rabbit. We will also be making decorative eggs using yarn and other materials. These will make great keepsakes or gifts.

**Wednesday, April 15**  
Valley Middle School

**6:30-8:00 pm**  
**\$12 per person**

## Button Flower Bouquet

Get ready to brighten your day with a charming and colorful craft project—creating your own button flower bouquet! In this hands-on class, you will learn how to transform buttons, wire and simple embellishments into whimsical flowers that never wilt. You'll learn techniques for shaping wire stems, mixing and matching button colors and sizes, and arranging your finished flowers into a cheerful bouquet in a surprising, fun vase. Come for creativity and leave with something truly delightful for gifting or adding a pop of joy to any room!



**Thursday, April 16**  
Valley Middle School

**6:30-8:00 pm**  
**\$12 per person**

*Note this class meets the same time as Theater Club.*

## Fiesta Wreath

In this class you will create a vibrant, colorful wreath inspired by the lively spirit and traditions of Cinco de Mayo. We will make them using flowers, bows and other festive accents.

**Monday, May 4**  
Valley Middle School



**6:30-8:00 pm**  
**\$12 per person**

## T-Shirt Painting

Come to one of our favorite classes and paint a Project Explore t-shirt. The design is already printed on the shirt; all you have to do is use your creativity and color it! Please fill in your t-shirt size when you register. You must register by April 10 for this activity so your t-shirt can be ordered and printed prior to the class.



**Thursday, May 7**  
Southview Elementary

**6:30-8:00 pm**  
**\$15 per person**

## Bird Houses

Join us for a fun hands-on project where participants will build and decorate a bird house. You will transform precut wood pieces into a home for feather friends. Then we will finish by painting and decorating them.



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SPRING 2026

**Wednesday, May 13**  
Valley Middle School

**6:30-8:00 pm**  
**\$12 per person**

*Note this class meets the same time as Move & Groove*

## Colorful Q-tip Painted Dragonfly

Create a vibrant work of art using the simplest tools! In this hands-on class, you paint a colorful dragonfly using Q-tips as brushes. We'll explore easy dot-painting techniques and experiment with bright color combinations to bring each dragonfly to life. By the end, each participant will leave with a cheerful, frame-ready dragonfly painting and the confidence to use everyday items as creative tools. Join us for a fun, relaxing session that sparks imagination and celebrates creativity!

**Thursday, May 14**  
Southview Elementary

**6:30-8:00 pm**  
**\$12 per person**



## "Jeweled" Bugs Beetlemania

Learn the parts of a bug. Find out how bugs and beetles make the world a better place. Create stunning "jeweled" bugs using aluminum foil relief.



**Monday, March 30**  
Valley Middle School

**6:30-7:30 pm**  
**\$12 per person**

*Note this class meets the same time as Chili & Cornbread.*

## Air Painting

Put your lungs to good work. Push acrylic paints with air on clear polycarbonate film using different sizes of straws. Use your breath to push air onto paint blobs, directing it to create shapes and lines. Experiment with different airflow strengths and directions to see how the paint moves. Design monsters, fireworks and other abstract designs.

**Monday, April 20**  
Valley Middle School

**6:30-7:30 pm**  
**\$12 per person**



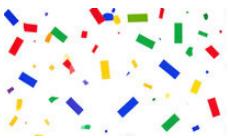
# SCIENCE

## DIY Confetti Lanterns

You will use a mason jar for your beautiful creation in this activity. Mod Podge® tissue paper confetti onto Mason jars. Add bead handles and a battery-operated tea light to make pretty lanterns with a colorful glow. Explore color and light science.

Thursday, May 28

Southview Elementary



6:30-7:30 pm  
\$12 per person

# DANCES



## St. Patrick's Dance

Wear green and come on out to celebrate the annual Irish holiday called Saint Patrick's Day! It's sure to be a wonderful evening with friends, fun and a lot of green!! There may even be a leprechaun or two at the dance!

Friday, March 6      6:30-9:00 pm  
Valley Middle School \$8 per person

## Spring Dance

The flowers are blooming and the weather is warming up. Say good-bye to winter as you celebrate the season of spring.

Friday, April 3

Valley Middle School

6:30-9:00 pm  
\$8 per person



## Prom/Spring Formal

You are invited to our annual spring formal dance. Put on your dancing shoes and dress up to impress. Bring your housemates, friends or maybe that special someone and make this a night you won't forget.

Friday, May 1

Valley Middle School

6:30-9:00 pm  
\$10 per person

# ENTERTAINMENT

## Karaoke Night!

Calling all singers! Plan for a great evening of karaoke as you sing favorite songs with friends. Make sure to include the name of the song you want to sing when you register for this activity. We'll have beverages to keep you hydrated.



6:30-8:00 pm  
\$5 per person

6:30-8:00 pm  
\$5 per person



Monday, March 2  
Valley Middle School

Wednesday, April 8  
Valley Middle School

Note this class meets the same time as Move & Groove.



## Game Night

Come on out and spend the evening playing games with your friends, both old and new! We'll have all the usual board games, card games like UNO®, SkipBo®, Go Fish and more along with a variety of puzzles. There is something for everyone! If you have a favorite game to share, feel free to bring it along. There will be beverages and snacks for you to enjoy while you play.



Wednesday, March 11  
Southview Elementary



6:30-8:00 pm  
\$5 per person

## Movie Night

Get out of the house and join your friends for a fun evening of refreshments and a movie! Check-in time is 6:00-6:10pm and the movie will begin promptly at 6:15pm to make sure we are done by 8:00 pm.

Thursday, March 19  
Valley Middle School

6:00-8:00 pm  
\$5 per person

Note this class meets the same time as Theater Club.

Monday, April 27  
Valley Middle School

6:00-8:00 pm  
\$5 per person

Thursday, May 21  
Valley Middle School

6:00-8:00 pm  
\$5 per person



## Is your diet Gluten free?

Call the office if you are gluten free at least one week prior to the **Bowling Banquet** and **Bingo & Pizza** so we can make sure to have gluten free food options available for you. Unless noted, cooking classes may not have gluten free options. Make sure to read the class description for details or call the office.

# ENTERTAINMENT

## Word Search Challenge

Do you enjoy solving word searches? If so, this class is for you! You'll be challenged to see how many hidden words you can find in several puzzles. Remember the words can be hidden backwards, forwards and diagonally. Each participant will receive a word search book to take home. Refreshments will be served.

**Friday, April 10**  
Southview Elementary

6:30-8:00 pm  
\$8 per person



## Bingo & Pizza

Let's meet up for a delicious pizza lunch followed by bingo! What a great way to spend a Saturday afternoon with friends. There will be lots of great prizes for you to choose from as your bingo prize.

**Saturday, April 11**  
Valley Middle School

12:00-2:00 pm  
\$9 per person / \$5 per person

**Saturday, May 9**  
Valley Middle School

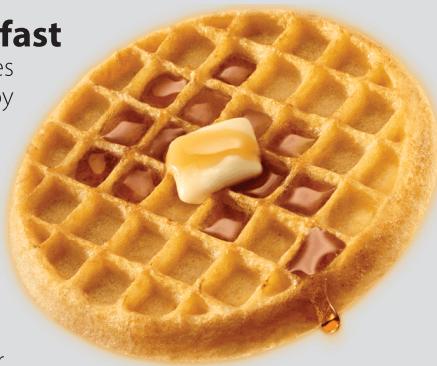
12:00-2:00 pm  
\$9 per person / \$5 per person

## Waffle Breakfast

Dad's Belgian Waffles are back again! Enjoy an all-you-can-eat waffle meal served with sausage, fruit and beverage. The mouth-watering aroma of the waffles will greet you as you walk in the door! Bring your family and invite a friend or two to join you for a delicious meal and help raise money to keep Project Explore program costs down.

**Saturday, April 25**  
Messiah Lutheran Church

8:30-11:00 am  
\$12 per person



## Dirty Soda & Game Night

Spend the evening hanging out with friends, playing games and trying a refreshing dirty soda from Made 4 More! Dirty soda is a fun, flavored soda drink mixed with syrups and a splash of cream — and you'll get to sample a couple of tasty combinations. It's sure to be a tasty treat! We'll have plenty of games, cards and puzzles available. Bring a favorite game if you'd like!

**Thursday, April 30**  
Southview Elementary

6:30-8:00 pm  
\$8 per person



## Bowling Banquet

Enjoy a delicious meal as you spend an evening off the bowling lanes having some fun and socializing with your teammates and other bowlers. Please indicate your t-shirt size when you register. Registration for the banquet closes on April 24th.

**Friday, May 15**  
Messiah Lutheran Church

5:30-7:30 pm  
\$12 per person

## Game Night & Root Beer Floats

Join your friends for some fun playing games and enjoying delicious root beer floats. What a great way to end the month of May after the Memorial Day holiday weekend! We'll have some of your favorite games like Sorry®, Trouble®, Battleship®, cards, and puzzles; but feel free to bring your favorite to share with friends.

**Friday, May 29**  
Southview Elementary

6:30-8:00 pm  
\$6 per person

# HEALTH AND WELLNESS

## Yoga

Join us for a relaxing evening of stress reduction and meditation through gentle yoga. You will learn breathing techniques and poses to promote strength and wellness. This class is for all levels and abilities. It can be adapted for those with limitations. Wear comfortable clothing, bring a yoga mat or towel along with a water bottle to keep hydrated. *Note that some of these classes meet the same night as other activities. Check the catalog so you do not register for multiple activities at the same time.*

**Tuesday, March 3**  
Valley Middle School

6:30-7:30 pm  
\$5 per person

*Note this class meets the same time as Theater Club.*

**Tuesday, March 31**  
Valley Middle School

6:30-7:30 pm  
\$5 per person

*Note this class meets the same time as Theater Club.*

**Tuesday, April 14**  
Valley Middle School

6:30-7:30 pm  
\$5 per person

*Note this class meets the same time as Theater Club.*

**Tuesday, April 21**  
Valley Middle School

6:30-7:30 pm  
\$5 per person

**Tuesday, May 19**  
Falcon Ridge Middle School

6:30-7:30 pm  
\$5 per person

**Tuesday, May 26**  
Valley Middle School

6:30-7:30 pm  
\$5 per person

*Note this class meets the same time as Amplify Your Voice.*



# HEALTH AND WELLNESS

## Move & Groove

Join us for stretching and moving to music. We'll also use some hand weights for more muscle toning. This easy exercise class is so much fun you will forget it is good for you! Wear comfortable clothing and tennis shoes. Bring a water bottle and hand weights if you have them. *Note that some of these classes meet the same night as other activities. Check the catalog so you do not register for multiple activities at the same time.*

**Wednesday, March 4**  
**Nicollet Middle School**

*Note this class meets the same time as Shamrock Wreath.*

**Wednesday, March 25**  
**Nicollet Middle School**

**Wednesday, April 8**  
**Nicollet Middle School**

*Note this class meets the same time as Karaoke.*

**Wednesday, April 22**  
**Nicollet Middle School**



**Wednesday, May 13**  
**Nicollet Middle School**

*Note this class meets the same time as Bird Houses.*

**Wednesday, May 20**  
**Nicollet Middle School**

**6:30-7:30 pm**  
**\$5 per person**

## Guided Sound Meditation

JoAnn and Tim, Certified Practitioners of Sound and Vibration, offer a transformative one-hour meditation session designed to promote deep relaxation, reduce stress and support overall health and well-being. JoAnn and Tim will guide you through a quiet meditation using the spoken word and instruments including crystal singing bowls, Tibetan bowls, chimes and drums. Come to this safe space with your intention to allow the healing power of sound and vibration guide you to a peaceful state that calms the mind, restores balance and nurtures both body and spirit. Bring a mat and pillow if you want to lie down during class.

**Monday, March 9**  
**Falcon Ridge Middle School**



**6:30-7:45 pm**  
**\$5 per person**

**Thursday, April 23**  
**Scott Highlands Middle School**

**6:30-7:45 pm**  
**\$5 per person**

**Tuesday, May 5**  
**Falcon Ridge Middle School**

**6:30-7:45 pm**  
**\$5 per person**

*Note this class meets the same time as Taco Tuesday.*

## Open Swim (Adults with Disabilities)

Enjoy the many benefits of a warm water pool. The water temperature is a relaxing 88 degrees which can soothe sore muscles, offer stress reduction and will feel great! As you move in the pool your body is supported while providing gentle resistance, improving your overall body strength without any joint strain. The pool is reserved just for us for a fun afternoon. Lifeguards will be on duty. Bring your swimsuit, towel, and goggles if desired. If you can't swim or need assistance in the pool, make sure a staff person is able to get into the pool with you.

**Saturday, March 14**  
**McGuire Middle School**



**2:10-3:10 pm**  
**\$5 per person**

**Saturday, April 18**  
**McGuire Middle School**

**2:10-3:10 pm**  
**\$5 per person**

**Saturday, May 2**  
**McGuire Middle School**

**2:10-3:10 pm**  
**\$5 per person**

## Fire Station Tour

Visit Apple Valley Fire Station #2 for an informative evening. The night will focus on fire prevention and education. You will have a tour of the new station, including a truck tour. You will learn about the tools used, turnout gear and how AVFD responds to emergencies. Be prepared and bring your questions for the firefighters. You may register for one evening only. **Caregivers need not pay the fee but must register.**

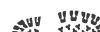


**Tuesday, March 24**  
**Apple Valley Fire Station #2**

**6:00-8:00 pm**  
**\$5 per person**

**Thursday, March 26**  
**Apple Valley Fire Station #2**

**6:00-8:00 pm**  
**\$5 per person**



## For Hikes and Strolls:

Please wear sturdy walking shoes, dress for the weather and arrive at least five minutes before strolls and 10 minutes before hikes. Hikers must be able to stay with the group or have staff with them. In case of inclement weather, the instructor will contact you to reschedule. Afterwards we will enjoy some refreshments and have time to visit.

## Hike Alimagnet

We'll take about a two-mile hike and then have refreshments and social time. Meet in the parking lot by dog park.

**Saturday, April 4**  
**Alimagnet Park**

**10:00-11:30 am**  
**\$5 per person**

## Hike Moir Park

We'll hike a nice path along scenic Nine Mile Creek. Meet by the parking lot prior to start of our hike.

**Saturday, April 18**  
**Moir Park**

**10:00-11:30 am**  
**\$5 per person**

## Stroll & Roll Sunset Pond

We'll walk around Sunset Pond (1.75 miles). If the parking lot is full, please park next door in the office parking lot.

**Tuesday, April 28**  
**Sunset Pond Park**

**6:30-7:30 pm**  
**\$5 per person**

## Stroll and Roll Day Park

Take a nice walk around the paved path and look for geese, ducks and other wildlife. Wear sturdy shoes and dress for the weather. The path is suitable for wheelchairs, mostly flat, but there may be some small hills. Meet on the grass by the parking lot to sign it.

**Friday, May 8**  
**Day Park**

**6:30-7:30 pm**  
**\$5 per person**



# HEALTH AND WELLNESS

## Hike Whitetail Woods Regional Park

This is Dakota County's newest park, and it is very pretty! Meet at the picnic pavilion. We will take a nice two-to-three-mile hike around the lake.

**Saturday, May 16**  
**Whitetail Woods Regional Park**

**10:00-11:30 am**  
**\$5 per person**

## Amplify Your Voice

Ever wish the people in your life understood you a little better—like what you love doing or who you enjoy spending time with? Come learn a fun, creative way to share the things that matter most to you, without having to use words. You'll get to make your own one-page description that shows off who you are! Get ready to draw, collage and write as you create a personal snapshot that celebrates you and helps others get to know you better. Bring photos of yourself, magazines and anything that can be added to your page! This activity is presented by Erin Martin from Star Services and her colleagues.

**Tuesday, May 26**  
**Valley Middle School**

**6:30-8:00 pm**  
**\$5 per person**

# MUSIC & DRAMA

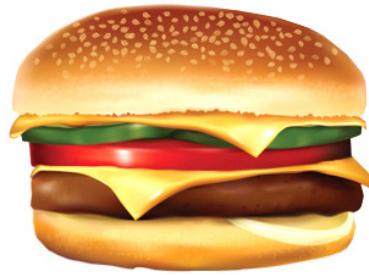


## Theater Club - "Fast Food"

When you are hungry for hilarity, but short on time and tight on budget, where do you turn? Why, the brand new one act play, FAST FOOD, of course! From crazy customers to screwy staff, to hamburger horseplay, and of course the ever-broken shake machine, this vignette style collection of scenes will satisfy your craving for fast food fun! Join Eileen for a wonderful six weeks of theater practice followed by two performances. Practice dates are Tuesdays and Thursdays March 3, 5, 10, 12, 17, 19, 31 and April 2, 7, 9, 14, 16. Performances are Friday and Saturday evenings, April 17 and 18.

**March 3 - April 16**  
**Falcon Ridge Middle School**

**6:30-8:00 pm**  
**\$65 per person**



# MUSIC & DRAMA

## "Billie Jean" Line Dance

The magic is still here! Let your inner dancer out and on to the dance floor with this iconic Michael Jackson song. No partner needed for a great evening of dance with Monica.



**Tuesday, March 17**  
**Southview Elementary**

**6:30-7:30 pm**  
**\$9 per person**

*Note this class meets the same time as Theater Club.*

## "Sweet Caroline" Line Dance

Come on out to sing along and dance with Monica! This song is so good! So Good! So Good! So Good! And...so fun! No partner needed to have a blast!

**Tuesday, April 7**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$9 per person**

*Note this class meets the same time as Theater Club.*



## "Fireball" Line Dance

Join Monica for this Pitbull classic. Fireball is a sassy routine with super fun moves that will have you out on the floor, belting out the lyrics and dancing the night away!

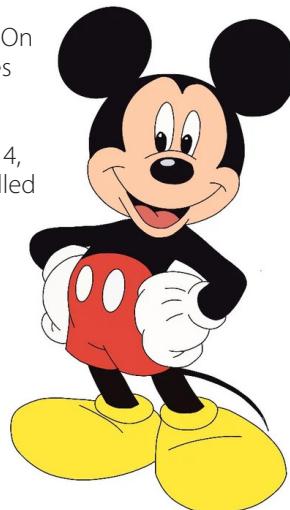
**Wednesday, May 6**  
**Valley Middle School**

**6:30-7:30 pm**  
**\$9 per person**

# OUT ON THE TOWN

## Disney On Ice

Hit the road to adventure when Disney On Ice presents Road Trip Adventures skates into Target Center! See Mickey, Minnie, Donald, Goofy and stars from Aladdin, Moana, Frozen, The Lion King, Toy Story 4, and more. It will be a great adventure filled with your favorite Disney characters! The performance begins at 2:30pm. Bus departs from Valley Middle School at 1:00pm so we'll have plenty of time for pre-show shopping and getting in our seats. **Caregivers must register and purchase a ticket for this event. Registration closes February 13 or until tickets have sold out. Transportation is provided for this activity.**



**Sunday, March 1**  
**Valley Middle School**

**1:00-5:30 pm**  
**\$35 per person**

# OUT ON THE TOWN



## Taco Tuesday!

Celebrate Cinco de Mayo with us at Casper's Cherokee in Eagan with friends, all you can eat tacos and fun! This price also includes soda pop and water. **Caregivers need to register and pay for dinner.**

**Tuesday, May 5**  
**Casper's Cherokee Room**  
5:00-7:00 pm  
\$14 per person

Note this class meets the same time as Guided Sound Mediation.



## Guys and Dolls

For the first time in 35 years, Chanhassen Dinner Theatre brings you a thrilling and electric staging of Guys and Dolls! From the gritty streets of New York to colorful cafes of Havana, Guys and Dolls is a true crowd-pleaser! It features songs like "Luck Be a Lady," "A Bushel and a Peck" and "Sit Down You're Rockin' the Boat." Lunch starts at 11:00am and will be served at 11:30am. The performance begins at 1:00pm. **Caregivers must register and pay to attend this event. Registration closes May 7 or once the event is sold out. Transportation is provided for this activity.**

**Saturday, May 30**  
**Valley Middle School**  
10:15 am-4:15 pm  
\$86 per person



# OUT AND ABOUT

## Lunch Bunch

Let's meet for lunch and some socializing! It's a great time to enjoy lunch, see old friends and make some new friends. If you're available, we hope you can join us! Remember to bring money for your meal.

**Friday, March 20**  
**QDOBA - Apple Valley**  
11:00 am-12:15 pm  
no fee

**Thursday, April 23**  
**Pizza Ranch Lakeville**  
11:00 am-12:15 pm  
no fee

**Tuesday, May 12**  
**Carbone's Pizza Rosemount**  
11:00 am-12:15 pm  
no fee



## SPORTS

### Spring Bowling Leagues

Our bowling leagues meet at Bogart's Entertainment Center. Join your friends for a fun time of bowling and visiting. If you are hungry, arrive before bowling and enjoy a meal in the Back Alley Tavern.

You receive a free beverage with your meal purchase, when eating **before** our league start time.



Bowling sessions fill up quickly! You must pre-register to have a lane assigned. **Please respect Bogart's guidelines of NO OUTSIDE FOOD OR DRINKS!**

Bogart's does have food and beverages for sale on site.

**Please indicate on your registration if you need lane bumpers and/or bowling ramp.**



#### Monday Morning Bowling

**Mondays, March 16 – May 18**  
Bogart's Entertainment Center  
10:00-11:15 am  
\$55 per person

#### Monday Afternoon Bowling

**Mondays, March 16 – May 18**  
Bogart's Entertainment Center  
4:00-5:15 pm  
\$55 per person

#### Wednesday Bowling

**Wednesdays, March 18 – May 20**  
Bogart's Entertainment Center  
4:00-5:15 pm  
\$55 per person

#### Thursday Bowling – **NOTE NEW TIME!!**

**Thursday, March 19 – May 21**  
Bogart's Entertainment Center  
3:00-4:15 pm  
\$55 per person

# VOLUNTEER CORNER

## Feed My Starving Children

Come join us and make a big difference in the lives of children around the world! We will help pack food and label bags at Feed My Starving Children to feed children around the world. At the end of the session, we will find out exactly how many meals we produce to eliminate hunger in the world.



Please leave your jewelry at home so no loose items end up in the food.

**Tuesday, March 24**

**Feed My Starving Children**

**9:30-11:15 am**

**no fee**

**Friday, March 27**

**Feed My Starving Children**

**5:00-6:30 pm**

**no fee**

## Waffle Breakfast Set-up

Come and help set up our annual Waffle Breakfast. We'll set up tables and chairs first. Then add tablecloths and centerpieces. Your help will be greatly appreciated!



**Friday, April 24**

**Messiah Lutheran Church**

**5:30-6:30 pm**

**no fee**

## Bowling Banquet Set-up

Come and help set up our annual bowling banquet. We'll set up tables and chairs first. Then add tablecloths, settings, decorations and gifts. Your help will be greatly appreciated!



**Thursday, May 14**

**Messiah Lutheran Church**

**5:30-6:30 pm**

**no fee**

## Adopt A Park

Help keep our community clean and beautiful. Project Explore has adopted Valley Middle Park on the northern border of Valley Middle School. We'll meet to pick up litter. Tools are provided, bring work gloves if you'd like and dress for the weather.



**10:00-11:00 am**

**no fee**

## ZOOM CLASSES

### Book Club - "Wish"

Eleven-year-old Charlie Reese has been making the same secret wish every day since fourth grade. She even has a list of all the ways there are to make the wish, such as cutting off the pointed end of a slice of pie and wishing on it as she takes the last bite. But when she is sent to the Blue Ridge Mountains of North Carolina to live with family she barely knows, it seems unlikely that her wish will ever come true. That is until she meets Wishbone, a skinny stray dog who captures her heart, and Howard, a neighbor boy who proves surprising in lots of ways. Suddenly Charlie is in serious danger of discovering that what she thought she wanted may not be what she needs at all. The Zoom link will be sent every morning of Book Club. Make sure the Project Explore office has your current email address.

**Tuesdays, March 3-31**  
**Online**

**4:00-5:00 pm**  
**\$15 per person**

## ZOOM CLASSES

### Book Club - "Diary of a Wimpy Kid"

Filled with laugh-out-loud hilarious text and cartoons, the Diary of a Wimpy Kid series follows Greg Heffley as he records the daily trials and triumphs of friendship, family life and middle school where undersized weaklings have to share the hallways with kids who are taller, meaner and already shaving! On top of all that, Greg must be careful to avoid the dreaded CHEESE TOUCH! A Zoom link will be sent every morning of book club meeting. Make sure the Project Explore office has your current email address.

**Tuesdays, April 7-28**

**Online**

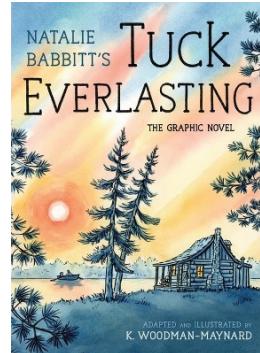
**4:00-5:00 pm**

**\$12 per person**



### Book Club - "Tuck Everlasting"

What if you could live forever? In this timeless story young Winnie Foster learns of a hidden spring in a nearby wood and meets the Tuck family, whose members reveal their astonishing discovery of the spring's life-changing power. Now Winnie must decide what to do with her newfound knowledge—and the Tucks must decide what to do with her. But it's not just the curious girl who is interested in their remarkable tale. A suspicious stranger is also searching for the Tucks, and he will stop at nothing until he finds them and uncovers their secret. The Zoom link will be sent every morning of Book Club. Make sure the Project Explore office has your current email address.



**Tuesdays, May 5-26**

**Online**

**4:00-5:00 pm**

**\$12 per person**

## PROJECT EXPLORE POINTS OF INTEREST

### Walk-in Activities

We allow walk-ins for dances and evening Bingo ONLY. Cash and checks are accepted. No credit cards.

**No Walk-ins for Bingo & Pizza, Cooking Classes, Craft Classes or activities where a meal is being served.** Please be considerate as we need to order food and may not have enough if you are not registered. We may not have additional craft supplies for walk-ins. Prevent disappointment by registering before an activity.

### Wish List

To help keep our fees low we love donations for Bingo Prizes. Great ideas are:

**Beanie Babies, Fuzzy Posters, DVDs, Shampoo, Body Lotions, Bath Wash, Crayons, Coloring Books, Word Find Books, Games, Liters of Pop and Snack foods.**

# PROJECT EXPLORE GUIDELINES FOR PARTICIPATION

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Project Explore promotes inclusion of adults with developmental, sensory, cognitive and physical disabilities in a variety of Community Education programs and makes reasonable accommodations to provide an enriching experience for all participants. Your cooperation in following the guidelines listed below helps to make the classes and trips run smoothly and safely.

1. Pre-registration is required for all classes, activities and trips. Walk-ins will be accepted for dances and Bingo, but prepayment and reservations are appreciated.
2. The instructor or staff is in the classroom no earlier than 30 minutes prior to class. Check in with the Project Explore staff and confirm the best time to return and pick up the participant; this needs to be at least 15 minutes prior to the end of class.
3. Participants who require personal assistance for physical and/or behavioral issues must be accompanied and supervised for all activities and events by their caregiver.
4. All participants must be accompanied for field trips, unless they are their own guardian. Call the office with any questions.
5. Any participant with an active seizure disorder must be accompanied and supervised at all Project Explore activities by their caregiver.
6. All Project Explore programs are school district sponsored, so there is no smoking on school grounds. All programs are alcohol free.
7. Transportation to and from all activities is the responsibility of the participant. Exceptions are for "Out On The Town" activities where a bus is provided.
8. Instructors are not expected to, nor are trained to provide the level of assistance often required by people with disabilities. Instructors are not familiar with all the personal, physical or behavioral needs of the participants.
9. Any individuals attending any of our activities on their own are asked to carry emergency contact information with them.
10. If you do not wish for the image and likeness of you to be used for Project Explore or ISD 196's promotional materials and publications, contact the Communication Department at [communityed@district196.org](mailto:communityed@district196.org) or call 651-423-7701.
11. Please do not bring any outside food or drink to non-meal events. It may cause inappropriate behavior from some participants. We appreciate your help.
12. Arriving Late: Participants that arrive at an activity 30 minutes or more after the start time may not be permitted to complete all projects, activities or the event.
13. Inclement Weather: In case of inclement weather check the ISD 196 website and our outgoing voice message. We will make every effort to contact you.

**If unable to meet these guidelines, please call the program office.**

## WEB RESOURCES

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### River Valley Project Explore: [ce.district196.org/projectexplore](http://ce.district196.org/projectexplore)

**The Project Explore brochure and pictures from events can be viewed on our website.**

**Here are some other websites that provide a variety of services to people of all ages and abilities in Minnesota.**

- **Arc of Minnesota:** [www.TheArcOfMinnesota.org](http://www.TheArcOfMinnesota.org)  
Advocacy and support for people with developmental disabilities and their families.
- **GoDakota:** <https://www.co.dakota.mn.us/Transportation/GettingAround/Pages/default.aspx>  
Transportation services for Dakota County residents.
- **Find Love Safely:** [findlovesafely.com](http://findlovesafely.com)  
A first-of-its-kind personalized matchmaking service for adults with intellectual and developmental disabilities (IDD). The service offers adults with IDD a chance to build genuine connections — romantic or platonic — in a safe, supportive environment. Find Love Safely is **not an app**. It's **personalized, offline matchmaking** with real humans guiding the process. Visit their website to learn more.
- **True Friends:** [www.truefriends.org](http://www.truefriends.org)  
True Friends is a non-profit agency that creates unique educational, recreational and social opportunities for people of all ages with mental and physical disabilities.
- **Metropolitan Center For Independent Living:** [www.mcil-mn.org](http://www.mcil-mn.org)  
MCIL is dedicated to the full promotion of the Independent

Living philosophy by supporting individuals with disabilities in their personal efforts to pursue self-directed lives. Contact them at 651-603-2007 for more information on classes and services they offer.

- **Pacer Center:** [www.pacer.org](http://www.pacer.org)  
The mission of PACER is to expand opportunities and enhance the quality of life of children and young adults with disabilities and their families. They promote parents helping parents.
- **Search Beyond Adventures:** [www.searchbeyond.com](http://www.searchbeyond.com)  
Provides escorted travel tours for adults with disabilities.
- **Wilderness Inquiry:** [www.wildernessinquiry.org](http://www.wildernessinquiry.org)  
Our mission is to make adventure travel accessible to everyone, regardless of age, background or ability.
- **Disability Linkage Line:** [www.minnesotahelp.info](http://www.minnesotahelp.info)  
The disability Linkage Line is a free statewide information and referral resource. It provides Minnesotans with disabilities and chronic illnesses a single access point for all disability related questions. Contact them at 1-866-333-2466 for more information.
- **InControl:** [www.incontrolmn.com](http://www.incontrolmn.com)  
InControl is a company dedicated to promoting wellness at home and improving the quality of life of adults with disabilities. The four key pillars are: Physical, Emotional, Social and Nutrition.

# DID YOU KNOW?

## Transportation News

Metro Mobility has recently added two premium on-demand options:

Care Pool  
UZURV

These along with Transportation Plus offer same day ride requests. You must be a Metro Mobility member with a current ID. If you are interested in more information or becoming a member call 651/602-1111 or check online at [metromobility.org](http://metromobility.org)

## Housing News

Housing and roommate opportunities are available in Eagan and Apple Valley for adults with disabilities looking for more independence.

Staff are ready to help you explore options, apply for funding, and navigate the housing process.

You can get support with daily living skills, building community, and settling into your new home.

If interested contact Tenika Smykalski at New Challenges Inc. 651-600-3475 for more information.

# ADDITIONAL COMMUNITY SERVICES

## Special Olympics

Whether you are interested in participating at practices or competing at Area Games and State Meets, you are sure to make new friends and have fun in a healthy and well managed environment. There are many sports offered including track & field, swimming, basketball, bowling, bocce, poly hockey, tennis, gymnastics, softball, soccer and powerlifting.

Burnsville Area:

Brian Petrich – [bkpetrich@gmail.com](mailto:bkpetrich@gmail.com); 612-760-2362

Rosemount-Apple Valley-Eagan area:

[info@theravesp.com](mailto:info@theravesp.com) or [www.theravesp.com](http://www.theravesp.com)

## Community Education Integration Opportunities

Interesting and fun classes are offered through Community Education Programs. The sponsoring districts will make every effort to provide reasonable accommodation so your experience is successful. To request a catalog, call the following Community Education Departments:

Burnsville:	952-707-4150
Farmington:	651-460-3200
Lakeville:	952-232-2170
Randolph:	507-263-2151
Rosemount:	651-423-7920

## Local Community Meals:

- All Saints Catholic, Lakeville located at 19795 Holyoke Ave, Lakeville 2nd Thursday, 6:00-7:00 pm
- Easter Lutheran by the Lake located at 4545 Pilot Knob Road, Eagan Drive-Thru – Monday-Thursday, 5:30-6:30 pm

# FACILITY ADDRESSES

### Alimagnet Park

1200 Alimagnet Parkway  
Burnsville, MN 55337

### Apple Valley Fire Station #2

13995 Galaxie Avenue  
Apple Valley, MN 55124  
Park in the smaller lot of 140th and west of the fire station or in the lot on Galaxie just north of Upper 139th St W.

### Bogart's Entertainment Center

14917 Garrett Avenue  
Apple Valley, MN 55124

### Carbone's Restaurant

14550 S Robert Trail  
Rosemount, MN 55068

### Casper's Cherokee Room

4625 Nicols Road  
Eagan, MN 55122

### Day Park

14625 County Road 5  
Burnsville, MN 55306

### Falcon Ridge Middle School

12900 Johnny Cake Ridge Road  
Apple Valley, MN 55124

### Feed My Starving Children

990 Lone Oak Road #136  
Eagan, MN 55121

### McGuire Middle School

21220 Holyoke Avenue  
Lakeville, MN 55044

### Messiah Lutheran Church

16725 Highview Avenue  
Lakeville, MN 55044

### Moir Park

10320 Morgan Avenue S  
Bloomington, MN 55431

### Nicollet Middle School

400 E. 134th Street  
Burnsville, MN 55337

### Pizza Ranch

16995 Kenyon Avenue  
Lakeville, MN 55044

### QDOBA

15052 Gleason Path  
Apple Valley, MN 55124

### Scott Highlands Middle School

14011 Pilot Knob Road  
Apple Valley, MN 55124

### Southview Elementary School

1025 Whitney Drive  
Apple Valley, MN 55124

### Sunset Pond Park

3398 W. Burnsville Parkway  
Burnsville, MN 55337

### Valley Middle Park

1040 Baldwin Drive  
Apple Valley, MN 55124

### Valley Middle School

900 Garden View Drive  
Apple Valley, MN 55124

### Whitetail Woods Regional Park

17100 Station Trail  
Farmington, MN 55024

# REGISTRATION FORM (ONE PER PERSON)

Online Registration:  
ce.district196.org/projectexplore

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Zip: \_\_\_\_\_ Email Address: \_\_\_\_\_

Please check if new address or phone number Contact Person: \_\_\_\_\_

Service Provider: \_\_\_\_\_ Group Home Name: \_\_\_\_\_

Special Information & Accommodations:  Wheelchair  Food Allergies, please specify \_\_\_\_\_

Please check if you do not wish for your photo to be used for publicity purposes or social media

## Participant Events – Spring 2026

### Cooking Classes

Chili & Cornbread

March 16

\_\_\_\_\_ \$15

March 30

\_\_\_\_\_ \$15

Stir Fry and Potstickers

April 6

\_\_\_\_\_ \$15

April 13

\_\_\_\_\_ \$15

Grilled Chicken Sandwiches

May 11

\_\_\_\_\_ \$15

May 18

\_\_\_\_\_ \$15

### Craft Classes

Shamrock Wreath

\_\_\_\_\_ \$12

Spring Decoupage Eggs

\_\_\_\_\_ \$12

Decoupage Flowerpots

\_\_\_\_\_ \$12

Springtime Wreath

\_\_\_\_\_ \$12

Sock Bunny & Decorative Eggs

\_\_\_\_\_ \$12

Button Flower Bouquet

\_\_\_\_\_ \$12

Fiesta Wreath

\_\_\_\_\_ \$12

T-Shirt Painting

\_\_\_\_\_ \$15

T-shirt Size

\_\_\_\_\_ \$12

Birdhouses

\_\_\_\_\_ \$12

Colorful Q-Tip Painted Dragonfly

\_\_\_\_\_ \$12

### Science Classes

"Jeweled Bugs Beetlemania

\_\_\_\_\_ \$12

Air Painting

\_\_\_\_\_ \$12

DIY Confetti Lanterns

\_\_\_\_\_ \$12

### Dances

St. Patrick's Dance

\_\_\_\_\_ \$8

Spring Dance

\_\_\_\_\_ \$8

Prom/Spring Formal

\_\_\_\_\_ \$10

### Entertainment

Karaoke

March 2

\_\_\_\_\_ \$5

Song Request

April 8

\_\_\_\_\_ \$5

Song Request

Game Night

\_\_\_\_\_ \$5

Movie Night

March 19

\_\_\_\_\_ \$5

April 27

\_\_\_\_\_ \$5

May 21

\_\_\_\_\_ \$5

Word Search Challenge

\_\_\_\_\_ \$8

Bingo & Pizza

April 11

\_\_\_\_\_ \$9

May 9

\_\_\_\_\_ \$9

Waffle Breakfast

\_\_\_\_\_ \$12

Dirty Soda & Game Night

\_\_\_\_\_ \$8

Bowling Banquet

\_\_\_\_\_ \$12

T-shirt Size

\_\_\_\_\_ \$6

Game Night & Root Beer Floats

\_\_\_\_\_ \$6

### Health and Wellness

Move & Groove

March 4

\_\_\_\_\_ \$5

March 25

\_\_\_\_\_ \$5

April 8

\_\_\_\_\_ \$5

April 22

\_\_\_\_\_ \$5

May 13

\_\_\_\_\_ \$5

May 20

\_\_\_\_\_ \$5

Yoga

March 3

\_\_\_\_\_ \$5

March 31

\_\_\_\_\_ \$5

April 14

\_\_\_\_\_ \$5

April 21

\_\_\_\_\_ \$5

May 19

\_\_\_\_\_ \$5

May 26

\_\_\_\_\_ \$5

### Guided Sound Meditation

March 9 \_\_\_\_\_ \$5

April 23 \_\_\_\_\_ \$5

May 5 \_\_\_\_\_ \$5

### Open Swim

March 14 \_\_\_\_\_ \$5

April 18 \_\_\_\_\_ \$5

May 2 \_\_\_\_\_ \$5

### Fire Station Tour

March 24 \_\_\_\_\_ \$5

March 26 \_\_\_\_\_ \$5

Hike Alimagnet \_\_\_\_\_ \$5

Hike Moir Park \_\_\_\_\_ \$5

Stroll & Roll Sunset Pond \_\_\_\_\_ \$5

Stroll & Roll Day Park \_\_\_\_\_ \$5

Hike Whitetail Woods \_\_\_\_\_ \$5

Amplify Your Voice \_\_\_\_\_ \$5

### Music & Drama

Theater Club – "Fast Food" \_\_\_\_\_ \$65

"Billie Jean" Line Dance \_\_\_\_\_ \$9

"Sweet Caroline" Line Dance \_\_\_\_\_ \$9

"Fireball" Line Dance \_\_\_\_\_ \$9

### Out on the Town

Disney On Ice \_\_\_\_\_ \$35

No Bus \_\_\_\_\_ \$29

Taco Tuesday! \_\_\_\_\_ \$14

Guys and Dolls \_\_\_\_\_ \$86

No Bus \_\_\_\_\_ \$79

### Out & About

Lunch Bunch

Mar 20-QDOBA Apple Valley \_\_\_\_\_ No Fee

Apr 23-Pizza Ranch Lakeville \_\_\_\_\_ No Fee

May 12-Carbonne's Rosemount \_\_\_\_\_ No Fee

### Sports

Spring Bowling Leagues (10 weeks)

Monday Morning \_\_\_\_\_ \$55

Monday Afternoon \_\_\_\_\_ \$55

Wednesdays \_\_\_\_\_ \$55

Thursdays \_\_\_\_\_ \$55

I need lane bumpers

I need a bowling ramp

### Online Activities

Book Club

"Wish" \_\_\_\_\_ \$15

"Diary of a Wimpy Kid" \_\_\_\_\_ \$12

"Tuck Everlasting" \_\_\_\_\_ \$12

### Volunteer Corner

Feed My Starving Children

March 24 \_\_\_\_\_ No Fee

March 27 \_\_\_\_\_ No Fee

Waffle Breakfast Set-Up \_\_\_\_\_ No Fee

Bowling Banquet Set-Up \_\_\_\_\_ No Fee

Adopt A Park \_\_\_\_\_ No Fee

Participant Total \_\_\_\_\_

Credit Voucher \_\_\_\_\_

Enclosed \_\_\_\_\_

Check # \_\_\_\_\_

## Caregiver Events – Spring 2026

**This portion of the registration form must be completed when there is a fee charged for the caregivers to attend an activity with the participant(s).**

### Dances

St. Patrick's Dance \_\_\_\_\_ \$8

Spring Dance \_\_\_\_\_ \$8

Prom/Spring Formal \_\_\_\_\_ \$10

### Entertainment

Bingo & Pizza

April 11 \_\_\_\_\_ \$5

May 9 \_\_\_\_\_ \$5

Waffle Breakfast \_\_\_\_\_ \$12

Bowling Banquet \_\_\_\_\_ \$12

(no T-shirt size needed)

### Health and Wellness

Fire Station Tour

March 24 \_\_\_\_\_ no fee

March 26 \_\_\_\_\_ no fee

### Out on the Town

Disney On Ice

\_\_\_\_\_ \$35

No Bus \_\_\_\_\_ \$29

Taco Tuesday \_\_\_\_\_ \$14

Guys and Dolls \_\_\_\_\_ \$86

No Bus \_\_\_\_\_ \$79

Caregiver Total \_\_\_\_\_

Credit Voucher \_\_\_\_\_

Enclosed \_\_\_\_\_

Check # \_\_\_\_\_

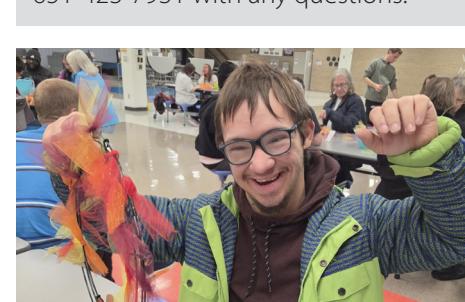
**Complete and mail your registration form and check to:**

River Valley Project Explore

15180 Canada Avenue

Rosemount, MN 55068

Payment is due with your registration. Make checks payable to School District 196 (ISD196). Call 651-423-7931 with any questions.



# EASY WAYS TO REGISTER

## 1. By Mail

Complete one registration form per person and mail it with a check to:  
River Valley Project Explore  
15180 Canada Avenue  
Rosemount, MN 55068  
**Make check payable to ISD 196**

## 2. Online

Visit [ce.district196.org/projectexplore](http://ce.district196.org/projectexplore) to register online.

## 3. Phone

Use your Visa, MasterCard, American Express or Discover card and call 651-423-7931.

## 4. In Person

Walk in registrations can be made at the office between the hours of 8:00 am and 4:00 pm, Monday through Friday.

## 5. Drop Box

Drop off your registration in our secure drop box 24/7, located at our offices. You'll find the large white mailbox/drop box on the south side of the building.

## Are You In?

Yes! Unless you are notified, assume that you are enrolled in the activity and that it will be held at the time and place indicated.

## Cancellation and Refund Policy

- Full refunds will be given if classes are cancelled by Project Explore.
- Refund requests received five (5) working days prior to a class qualify for a refund.
- Requests received less than five (5) working days before class start may not receive a refund.
- Exceptions are made due to serious illness or family emergencies.
- Once tickets are purchased for "Out On The Town" events, refunds will not be made unless there is someone on our waiting list.



# HELP WITH PAYMENT

## Scholarship Information

• Clients may request scholarship support for Project Explore sponsored activities. The annual maximum scholarship amount is \$100. Questions can be directed to the Project Explore program coordinator.

**Scholarships are provided by the RVPE Foundation.**

**Save the Date!**  
**Our Summer catalog opens**  
**for registration on Monday,**  
**April 13, 2026.**



# PERSONAL REGISTRATION RECORD



Name: \_\_\_\_\_

Check the classes you have registered for!

**Sunday, March 1**

- Disney on Ice  
1:00-5:30 pm  
Valley Middle School

**Monday, March 2**

- Karaoke Night!  
6:30-8:00 pm  
Valley Middle School

**Tuesday, March 3**

- Book Club – “Wish”  
4:00-5:00 pm  
Online
- Theater Club – “Fast Food”  
6:30-8:00 pm  
Falcon Ridge Middle School
- Yoga  
6:30-7:30 pm  
Valley Middle School

**Wednesday, March 4**

- Move & Groove  
6:30-7:30 pm  
Nicollet Middle School
- Shamrock Wreaths  
6:30-8:00 pm  
Southview Elementary

**Friday, March 6**

- St. Patrick’s Dance  
6:30-9:00 pm  
Valley Middle School

**Monday, March 9**

- Guided Sound Meditation  
6:30-7:45 pm  
Falcon Ridge Middle School

**Wednesday, March 11**

- Game Night  
6:30-8:00 pm  
Southview Elementary

**Thursday, March 12**

- Spring Decoupage Eggs  
6:30-8:00 pm  
Southview Elementary

**Saturday, March 14**

- Open Swim  
2:10-3:10 pm  
McGuire Middle School

**Monday, March 16**

- Monday Morning Bowling  
10:00-11:15 am  
Bogart’s
- Monday Afternoon Bowling  
4:00-5:15 pm  
Bogart’s
- Chili & Cornbread  
6:00-7:30 pm  
Valley Middle School

**Tuesday, March 17**

- “Billie Jean” Line Dance  
6:30-7:30 pm  
Southview Elementary

**Wednesday, March 18**

- Wednesday Bowling  
4:00-5:15 pm  
Bogart’s
- Decoupage Flowerpots  
6:30-8:00 pm  
Valley Middle School

**Thursday, March 19**

- Thursday Bowling  
3:00-4:15 pm  
Bogart’s
- Movie Night  
6:00-8:00 pm  
Valley Middle School

**Friday, March 20**

- Lunch Bunch – QDOBA  
11:00 am-12:15 pm  
QDOBA - Apple Valley

**Tuesday, March 24**

- Feed My Starving Children  
9:30-11:15 am  
FMSC – Eagan

**Tuesday, March 24**

- Fire Station Tour  
6:00-8:00 pm  
Apple Valley Fire Station #2

**Wednesday, March 25**

- Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

**Thursday, March 26**

- Fire Station Tour  
6:00-8:00 pm  
Apple Valley Fire Station #2

**Friday, March 27**

- Feed My Starving Children  
5:00-6:30 pm  
FMSC – Eagan

**Monday, March 30**

- Chili & Cornbread  
6:00-7:30 pm  
Valley Middle School
- “Jeweled” Bugs Beetlemania  
6:30-7:30 pm  
Valley Middle School

**Tuesday, March 31**

- Yoga  
6:30-7:30 pm  
Valley Middle School

**Wednesday, April 1**

- Springtime Wreath  
6:30-8:00 pm  
Valley Middle School

**Friday, April 3**

- Spring Dance  
6:30-9:00 pm  
Valley Middle School

**Saturday, April 4**

- Hike Alimagnet  
10:00-11:30 am  
Alimagnet Park

**Monday, April 6**

- Stir Fry and Potstickers  
6:00-7:30 pm  
Valley Middle School

**Tuesday, April 7**

- Book Club – “Diary of a Wimpy Kid”  
4:00-5:00 pm  
Online
- “Sweet Caroline” Line Dance  
6:30-7:30 pm  
Valley Middle School

**Wednesday, April 8**

- Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

**Thursday, April 9**

- Karaoke Night!  
6:30-8:00 pm  
Valley Middle School

**Friday, April 10**

- Word Search Challenge  
6:30-8:00 pm  
Southview Elementary

**Saturday, April 11**

- Bingo & Pizza  
Noon-2:00 pm  
Valley Middle School

**Monday, April 13**

- Stir Fry and Potstickers  
6:00-7:30 pm  
Valley Middle School

**Tuesday, April 14**

- Yoga  
6:30-7:30 pm  
Valley Middle School

**Wednesday, April 15**

- Sock Bunny & Decorative Eggs  
6:30-8:00 pm  
Valley Middle School

**Thursday, April 16**

- Button Flower Bouquet  
6:30-8:00 p.m.  
Valley Middle School

**Saturday, April 18**

- Hike Moir Park  
10:00-11:30 am  
Moir Park
- Open Swim  
2:10-3:10 pm  
McGuire Middle School

**Monday, April 20**

- Air Painting  
6:30-7:30 pm  
Valley Middle School

**Tuesday, April 21**

- Yoga  
6:30-7:30 pm  
Valley Middle School

**Wednesday, April 22**

- Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

**Thursday, April 23**

- Lunch Bunch – Pizza Ranch  
11:00 am-12:15 pm.  
Pizza Ranch – Lakeville
- Guided Sound Meditation  
6:30-7:45 pm  
Scott Highlands Middle School

**Friday, April 24**

- Waffle Breakfast Set-Up  
5:30-6:30 pm  
Messiah Lutheran Church

**Saturday, April 25**

- Waffle Breakfast  
8:30-11:00 am  
Messiah Lutheran Church

**Monday, April 27**

- Movie Night  
6:00-8:00 pm  
Valley Middle School

- Stroll & Roll Sunset Pond  
6:30-7:30 pm  
Sunset Pond

**Tuesday, April 30**

- Dirty Soda & Game Night  
6:30-8:00 pm  
Southview Elementary

**Friday, May 1**

- Prom/Spring Formal  
6:30-9:00 pm  
Valley Middle School

**Saturday, May 2**

- Open Swim  
2:10-3:10 pm  
McGuire Middle School

**Monday, May 4**

- Fiesta Wreath  
6:30-8:00 pm  
Valley Middle School

**Tuesday, May 5**

- Book Club “Tuck Everlasting”  
4:00-5:00 pm  
Online
- Taco Tuesday!  
5:00-7:00 pm  
Casper’s Cherokee Room

- Guided Sound Meditation  
6:30-7:45 pm  
Falcon Ridge Middle School

**Wednesday, May 6**

- “Fireball” Line Dance  
6:30-7:30 pm.  
Valley Middle School

**Thursday, May 7**

- T-Shirt Painting  
6:30-8:00 pm.  
Southview Elementary

**Friday, May 8**

- Stroll and Roll Day Park  
6:30-7:30 pm  
Day Park

**Saturday, May 9**

- Bingo & Pizza  
Noon-2:00 pm  
Valley Middle School

**Monday, May 11**

- Grilled Chicken Sandwiches  
6:00-7:30 pm  
Valley Middle School

**Tuesday, May 12**

- Lunch Bunch – Carbone’s  
11:00 am-12:15 pm  
Carbone’s - Rosemount

**Wednesday, May 13**

- Birdhouses  
6:30-8:00 pm  
Valley Middle School
- Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

**Thursday, May 14**

- Bowling Banquet Set-Up  
5:30-6:30 pm  
Messiah Lutheran Church
- Colorful Q-Tip Painted Dragonfly  
6:30-8:00 pm  
Southview Elementary

**Friday, May 15**

- Bowling Banquet  
5:30-7:30 pm  
Messiah Lutheran Church

**Saturday, May 16**

- Hike Whitetail Woods Regional Park  
10:00-11:30 am  
Whitetail Woods Regional Park

**Monday, May 18**

- Grilled Chicken Sandwiches  
6:00-7:30 pm  
Valley Middle School

**Tuesday, May 19**

- Yoga  
6:30-7:30 pm  
Falcon Ridge Middle School

**Wednesday, May 20**

- Move & Groove  
6:30-7:30 pm  
Nicollet Middle School

**Thursday, May 21**

- Movie Night  
6:00-8:00 pm  
Valley Middle School

**Saturday, May 23**

- Adopt A Park  
10:00-11:00 am  
Valley Middle Park

**Tuesday, May 26**

- Yoga  
6:30-7:30 pm  
Valley Middle School
- Amplify Your Voice  
6:30-8:00 pm  
Valley Middle School

**Thursday, May 28**

- DIY Confetti Lanterns  
6:30-7:30 pm  
Southview Elementary

**Friday, May 29**

- Game Night & Root Beer Floats  
6:30-8:00 pm  
Southview Elementary

**Saturday, May 30**

- Guy and Dolls  
10:15 am-4:15 pm  
Valley Middle School

A Community Education  
Consortium Representing:

**Burnsville (#191)**  
200 West Burnsville Parkway  
Burnsville, MN 55337

**Farmington (#192)**  
20655 Flagstaff Avenue  
Farmington, MN 55024

**Lakeville (#194)**  
17630 Juniper Path, Suite A  
Lakeville, MN 55044

**Randolph (#195)**  
29110 Davisson Avenue  
Randolph, MN 55065

**Rosemount-Apple Valley-  
Eagan (#196)**  
3455 153rd Street W  
Rosemount, MN 55068



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## HOLIDAY FUN!

