

# Parenting Book Club

## RAISING GOOD HUMANS

by Hunter Clark-Fields

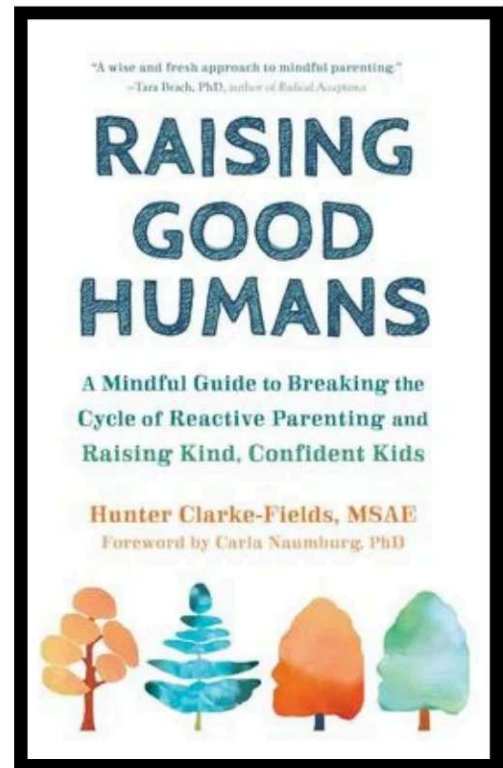
This group is best for families with children ages 0-6.

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Parenting can push every button you've got - and we're right there with you!

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Join PK McCoy, MS Early Childhood Educator & Parent Coach in this book study. You'll walk away with more confidence and renewed mindfulness as you navigate parenthood. Say goodbye to reactivity and hello to a happier chapter of raising kiddos.



6 sessions:  
Thursdays,  
February 5 - March 12  
11:00am -12:30pm  
@ Imagine Coffee,  
5460 Philomath Blvd,  
Corvallis, OR

Books will be provided to participants before the first meeting, so please: **REGISTER BY JANUARY 26** by contacting Lauri: [lauri.srf@ruralfamilies.org](mailto:lauri.srf@ruralfamilies.org) or at the SRF office (541) 929-2535



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