

BELLMONT MIDDLE SCHOOL

WRESTLING

(6TH, 7TH, AND 8TH GRADE)

First Official Practice

MONDAY, DECMEBER 15, 2025

BMS Auxiliary Gym---3:15 P.M.-5:15 P.M.

You will need:

Shirt, Shorts, Clean Shoes

MUSTS

***ALL physicals, waivers and medicals forms must be signed and uploaded to FinalForms before you may participate.

BMS Office hours are Monday thru Friday 7:30 A.M. to 3:30 P.M.

DO NOT bring your eligibility forms to the coach at practice.

No medical insurance to complete a physical? Please contact the BMS Office or Mrs. Oliver olivert@nadams.k12.in.us

Any questions please call

Bellmont Middle School Athletic Department 724-3137

Head Coach: Luke Binegar 260-223-1050 or binegar99@gmail.com

Assistant Coach: Daniel Gunsett 260-223-5368 or gunsettdaniel@yahoo.com