

## Tidehaven Powerlifting Schedule 2026



<b>Saturday Jan 17th</b>	<b>Palacios</b>	<b>Boys and Girls</b>
<b>Saturday Jan 24th</b>	<b>Dale Taska invitational</b>	<b>Boys and Girls</b>
<b>Saturday Jan 31st</b>	<b>Palacios</b>	<b>Girls Only</b>
<b>Saturday Feb 14th</b>	<b>Ganado</b>	<b>Boys and Girls</b>
<b>Saturday Feb 21st</b>	<b>Palacios</b>	<b>Boys Only</b>
<b>Saturday Feb 28th</b>	<b>Palacios</b>	<b>Girls Regionals</b>
<b>Saturday March 7th</b>	<b>Navasota</b>	<b>Boys Regionals</b>