

Social and Emotional Learning

How is social and emotional learning incorporated into student learning?

Teachers and counselors often use a mini-lesson model to help students make connections to social emotional skills and how to practice their skills. A mini-lesson may look like this:

Mini-Lesson	Sample Prompts for Instruction
<p>Connection & Welcoming Routines (1 minute) Welcome students to the learning time and support their emotional connection to the academic goal.</p> <p>Students learn why today's instruction is important to them as learners and how the lesson relates to their prior work</p>	<ul style="list-style-type: none"> • I am so glad you're all here today to help with our new learning. Remember, yesterday we were working on.... • Thinking back to yesterday.... • Yesterday you demonstrated/showed/practiced....
<p>Teaching Point (1 minute) Explicitly state what you plan to teach in the mini lesson.</p>	<ul style="list-style-type: none"> • Today I want to teach you that learners.... So they can.... One way they do this is by.... First we.... Then we.... Finally
<p>Teach (5-6 minutes) Show the students how learners go about doing whatever is being taught. Examples include:</p> <ul style="list-style-type: none"> • Modeling how and when learners use this strategy or concept • Teaching the skill step by step • Exploring ideas, meaning, and information through questions with more than one answer • Guided practice with teacher modeling followed by student practice with teacher feedback • Cooperative learning with students actively engaged with peers in developing new understandings 	<ul style="list-style-type: none"> • Listen to me as I think aloud.... • Let's read and think together.... • First....Then....Next...Finally... • Did you see how I.... • Watch how.... • With your partner, think about....to learn....
<p>Active Engagement (1-2 minutes) Provide students with an opportunity for guided practice as they try out what they learned in the teaching phase.</p> <p>Active engagement should wrap up with the teacher sharing what he/she noticed from students during this time.</p>	<ul style="list-style-type: none"> • Turn to a neighbor and talk about what we just learned... • Make a plan for how you might try this in your learning.... • Now it's your turn to try....
<p>Connection and Closure (1 minute)</p>	<ul style="list-style-type: none"> • Remember as you go off to your learning today....

Restate what the students have learned, doing so in a way that is transferable to another lesson, day, text, content, or real world purpose.

- Today we learned that we can ___ so....