



register at
www.usyvl.org

volleyball starts here.™

Advanced Juniors

boys & girls, ages 12-18
intermediate & advanced players

what? US Advanced Juniors League

when? Monday, April 6, 2026
- Wednesday, June 10, 2026
Mondays: 5:30 PM - 7:00 PM
& Wednesdays: 5:30 PM - 7:00 PM

where? Natomas Middle School
3200 North Park Drive
Sacramento, CA 95835

price? \$550 until 01/01/2026
\$600 until 03/01/2026
\$650 until 04/01/2026

Please contact us with any questions at info@usyvl.org or 1 (888) 988-7985.

USYVL is not a program of the Natomas Unified School District and as such, NUSD accepts no liability or responsibility for this non-profit sponsored event.

**Sign up now for
Spring 2026
USYVL.org**

The Advanced Juniors program is designed for intermediate and advanced players to transition to indoor competition with a six player format. The goal of the Advanced Juniors program is to create a pathway for players to advance to a higher level of competition such as High School or Club volleyball.

Advanced Juniors Highlights:

- Designed for players that have the basic fundamentals of volleyball.
- Coed, boys and girls ages 12-18.
- Instructor with experience coaching at the club, high school or higher level
- Indoor 6-on-6 format.
- 10 week program.
- Two 90 minute practices per week.
- Games
- Uniform t-shirt provided.
- Skills assessment during the first four practices.