

WE HELP KIDS FEEL THEIR BEST SO THEY CAN BE THEIR BEST

Psychology and Learning Center has partnered with multiple school districts to provide a range of school-based behavioral health services for children and their families.

The central purpose of this relationship will be providing students with increased access to mental health resources to address their social, emotional, and behavioral well-being.



CONTACT US

3428 Broadhead Road
Monaca, PA 15601

(724) 728 - 6670

www.psychlearning.org

SCHOOL BASED COUNSELING SERVICES

A GUIDE FOR PARENTS

PSYCHOLOGY
AND
LEARNING CENTER

Gary D. Koch, Ph.D. and Associates



SCHOOL-BASED COUNSELING THROUGH PSYCHOLOGY AND LEARNING CENTER

Psychology and Learning Center is an outpatient behavioral health facility located at the corner of Brodhead and Center Grange Road in Monaca, PA. Our partnership with Central Valley School District has allowed us to provide counseling services for children at the district within all of the school buildings just as if we were seeing these children at our facility. School-based counseling services offer numerous advantages for the child and parent including cutting out trips to an outpatient office after school, taking time off of work for appointments, and offering to see a child for counseling in an environment (school) where they already feel comfortable.

OUR PROCESS

1. Referral

Complete, sign, and return one of our referral forms to your child's school, and the school will then fax the form directly to Psychology and Learning Center. *Insurance information is necessary, as your health insurance will be billed for school-based counseling services.*

2. Intake

Psychology and Learning Center completes all intake interviews with parents and children 14 and older at our facility in Monaca. This is to ensure that we are able to collect all consents to treatment and insurance information prior to initiating services with your child at school.

Intakes are completed with one of our psychologists at our facility and not the counselor who will potentially be meeting with your child. At this initial meeting, the psychologist will review your child's history and help to determine the best course of treatment. Most often, this will include school-based counseling, which can begin soon after the intake is completed. However, other potential treatment options may include evaluation for conditions such as ADHD or Autism Spectrum Disorder, potential medication consultation, and more intense levels of care, such as a prescription for in-home services.

3. Regular Contact

If school-based counseling services are agreed upon, a counselor at Psychology and Learning Center will then meet with your child in school on a regular basis depending on his/her needs—usually, this is weekly or bi-weekly. Parents can expect regular communication from the counselor regarding your child's progress and their goals via email, though in-person and phone conferencing can be arranged, as needed, within the child's therapy session.

4. Length of Treatment

Counseling services typically end when concerns that prompted the start of treatment become manageable. However, parents may discontinue treatment at any time. Also, while school-based counseling services are offered in school during the school year because they are an outpatient service provided by the Psychology and Learning Center, the services can continue, as per need, throughout the summer months. *All services are contingent upon parents signing ongoing treatment plans (typically, ever 120 days) developed by the therapists.* Patient balances (per insurance company) must also continue to be satisfied in order for services to continue.