



Cooking for Adults

Spring Fresh, Tuesday, April 21, 6:00-7:30 pm

High School Room #1232—enter door #9 Activity Code: C300.303, \$35R/\$45NR

Instructor, Vicki Karwacki, Retired Corporate Wellness Director

Roll up your sleeves and join us for a fun, hands-on cooking experience! This class is perfect for adults of all skill levels who enjoy good food and want to learn new techniques in a re-laxed, social setting. Each session features a themed menu, step-by-step guidance from our instructor, and plenty of opportunities to chop, stir, season, and sample. Come hungry and leave inspired—with recipes, tips, and the confidence to recreate dishes at home. All materials provided.

Class will feature the following:

Risotto w/asparagus and mushrooms
Chicken Piccata Meatballs
Spring Salad
Lemon Curd Parfait
Green Monster Smoothie

