



SUMMER ON THE HILL

These summer camps are designed for students entering grades 5 – 8 in Fall 2026. They are instructed by Seattle Prep faculty, staff, and community members. Questions? Email summer@seaprep.org

After Care

Need some extra time for pick up? Our Summer Prep After Care program provides a safe, supervised environment where students remain engaged in a variety of on-campus activities until pick-up at 4:30 PM.

Baseball

Join the coaching staff and members of the current Seattle Prep team for a fun and competitive baseball camp. Campers will be grouped into teams and participate in showcase style workouts along with controlled and live game play. Designed for those with previous competitive baseball experience. For questions, please contact Program Head Wes Long at wlong@seaprep.org.

Basketball (Boys)

This camp serves as an opportunity for incoming 5th - 8th graders to have fun and receive instruction from the coaches and players of the tradition-rich Seattle Preparatory School basketball program. We believe it is a worthwhile experience for athletes of all skill levels and we look forward to sharing our enthusiasm for basketball with you and your son.

Skills Emphasized: mechanics of shooting – attacking with the dribble – position passing – perimeter play – defensive fundamentals – competitive games.

Basketball (Girls)

Come have fun and work on your game with the Seattle Prep girls' basketball team! This camp serves as an opportunity for participants to receive instruction from the coaches, players and alumni of Seattle Prep. We all share a passion for basketball and we look forward to including your daughter as a member of our team. Go Panthers!

Skills Emphasized: ball handling – shooting form – one-on-one moves – footwork – rebounding – defensive principles – competitive games.

Cross Country Running and More!

In this highly energetic camp, campers will learn to train like high school cross country runners. Taught by Prep Cross Country coaches and athletes, campers will receive instruction covering running mechanics, proper warmups, and nutrition while traveling to some of the hottest running spots in Seattle. Campers will run to the famous UW fountain, explore the Arboretum, take part in relay races on the Montlake track, navigate through Lower Woodland and finish the week with a fun mile race at Volunteer Park. Participants will also get a chance to conduct strength exercises in Prep's new mezzanine overlooking Portage Bay, tour the campus and come away with a newfound love of running!

**NOTE: Campers will meet at Seattle Prep each morning before taking a team bus to various locations each day.*

Dance Sampler – 4 Styles in 4 Days

This summer, dive into the dance techniques of Ballet, Tap, Jazz, and Contemporary! Each day students will explore the history and aesthetic of a different style. The dance sampler helps students unlock new movement patterns and experience a variety of dances. As an entry point to dance, it can help students understand which style they enjoy the most. For experienced dancers, they'll have the opportunity to connect with their peers and gain a deeper understanding of each style. A week of joyous dancing for all!

Day One: Ballet

Day Two: Tap

Day Three: Jazz

Day Four: Contemporary/Choreography

**Clothing must be suitable for movement (able to stretch) and abide by the Seattle Prep dress code. Socks or bare feet will be sufficient for Ballet, Jazz, and Contemporary. Clean athletic shoes required for Tap lesson. If students already own dance shoes associated with each style, they are welcome to bring them.*

Doctor, Doctor! Medical Dissection

Have you ever wanted to know what it is like to perform surgery? Are you interested in how your body works? Learn about the different body systems of animals and how they are like or unlike our own body systems. How does a cow eye compare to a human eye? How do exercise and posture impact blood pressure and heart rate? This exciting course will help foster an appreciation for science and human anatomy and physiology. It will include daily lab investigations using Vernier probes and other lab tools, X-ray analysis, along with brain, heart & eye dissection experiences.

Drawing Skills Studio

Have you ever wanted to learn how to draw realistically? In this class, you'll pick up the essential skills you need to draw the world around you—and the worlds you imagine! You'll experiment with pencil, charcoal, colored pencils, and ink as you explore a variety of drawing techniques. By the end, you'll understand how artists turn shapes, lines, and shading into amazing, finished artwork.

Football

The Panther Pride Youth Football Camp is staffed by Head Coach Aaron Maul, varsity assistant coaches, as well as current student-athletes in our football program. It is our staff's goal to provide each camper with a fun and exciting four days of football and fellowship. We will teach each camper the fundamentals & skills that are needed to play football through a variety of dynamic drills and football movements. Campers will also be introduced to our dynamic stretch routine and speed & agility techniques taught in our strength program. Most importantly, we will teach a winning attitude that will enable each camper to become the best individual & team player they have been created to be.

Campers should wear athletic shoes or field turf cleats, athletic clothing and bring a water bottle with their name on it. Apply sunscreen if needed. The camp is located at the Montlake Playfield.

Girls Flag Football

Join other girls interested in the newest varsity sport at Seattle Prep! Coaches and student-athletes will lead campers through a fun week of flag football action, where girls will learn the basics of the sport, develop key skills and compete in a variety of games and competitions. Participants should come with an open mind, a great attitude and plenty of water for what promises to be a great week. For questions, please contact Program Head Josh Mitchell at jmitchell@seaprep.org.

Fun with Graphic Design

This class is an introduction to Graphic Design. Students will learn the basics of Adobe Photoshop to create unique logos and stickers that they design. The class will also introduce the students to color theory and the elements of design to make their work dynamic. This class will utilize many media including digital design, illustration, painting, and drawing.

Lacrosse (coed)

The Seattle Prep Lacrosse programs are hosting a camp for rising 5th - 8th grade boys and girls lacrosse players. Players will be grouped by age and skill level and receive outstanding instruction in both individual and team skills. Students will be coached by Seattle Prep head coaches, as well as current and former varsity players. Though no experience will be required, players will need to have their own lacrosse gear to participate in the camp! For questions or assistance with accessing lacrosse gear, please contact boys coach Sam Bennett at sbennett@seaprep.org.

Leadership

Develop your leadership potential at Prep's Leadership Camp! This exciting, one-week camp is open to all rising 5th-8th graders who want to build confidence, collaboration, and communication skills. We will work with local organizations to learn about the different ways that leadership plays out in our communities. Join us for a transformative week of self-discovery and leadership training on Prep's campus and around town!

Lights, Camera, Action! Digital Video Production

In this exciting, engaging, movie making class, students will go from concept to final cut as they write scripts, sketch story boards, and shoot an edit video using state-of-the-art software. Students should have a basic understanding of computers, iMovie, and should bring their own digital video camera or phone with video recording capabilities.

There is a limited amount of equipment that can be borrowed – please contact summer@seaprep.org with questions.

Move it! The Science of Motion

What moves through your body cells? How does liquid blood flow compare to much larger moving objects, like marbles or even skateboards? Does electricity move in a similar way from a battery to a lightbulb? Each day we explore concepts of motion in all sciences -Biology,



Physics and Chemistry. Come experience Science at Seattle Prep with this hands-on camp designed to build lab skills, explore multi-disciplinary concepts, and connect to our everyday life. Imagine what your mouth cells can teach you, along with potatoes, marbles, batteries, & more...?!

Panther Performance (Strength & Conditioning)

Learn to enjoy training! Join our first Panther Performance camp and learn from our Strength and Conditioning Program Head during a week designed to teach young athletes some of the core principles behind training for top performance. Campers will learn Panther Activation - the pre-contest routine used by most of our Seattle Prep varsity sports - as well as train for both strength and speed in a fun and safe environment. For questions, please contact Program Head AJ Middleton at amiddleton@seaprep.org.

Paint & Create

Ready to dive into the world of painting? This class will teach you the basics you need to paint on both canvas and paper. You'll learn how to mix colors, build textures, and create depth in your artwork. Using watercolor and acrylics, you'll try out both realistic and abstract styles as you discover what kind of painter you want to be. Get ready to paint, play, and create!

Pop! Fizz! Chemical Reactions!

This is the perfect introduction to chemical reactions for curious middle school students! Students will spend a majority of their camp time conducting hands-on chemistry experiments and lab activities to learn about the chemical interactions of atoms and molecules. All materials will be provided, but students should wear clothes that are appropriate for lab activities.

Robotics (Building) – Mechanical Structures for VEX Robots

This hands-on engineering camp focuses on building structurally sound robots and mechanisms for competitive robotics. Students will learn engineering principles by designing, constructing and testing robots using the VEX V5 construction systems. Students will construct and operate simple robots to accomplish various tasks.

Note: while this class uses VEX IQ building system and the VEX IQ game no prior experience or participation in the upcoming season is expected.

Robotics (Coding) – Learning to Program VEX Robots

This camp introduces students to programming techniques that will allow them to write computer code to operate a robot and complete various tasks autonomously. Students will work with motors, sensors, and other simple electronics as part of writing and testing their code. During camp, students will learn to write code within the VEX V5 environment, which is based on the C++ coding language. No previous coding experience necessary.

Note: Morning and afternoon sessions can be taken stand-alone or as a full day session by signing up for both.

Rowing

Come experience the sport of rowing with the coaches and student-athletes of the Seattle Prep rowing team. This camp will be a fun introduction to the sport. Learn to row as a team and explore Lake Union at the same time. No rowing experience is required, however all participants must be strong swimmers and come with a completed a Seattle Parks & Recreation float test. Campers will meet at the College Club of Seattle each day - transportation to the Seattle Prep campus will be available for anyone participating in a different afternoon camp. For questions, please contact Program Head Mark Davis at mdavis@seaprep.org.

Snapshot! – Digital Photography

A picture tells a thousand words; what story will your photos tell? Capture your world through the magic of digital imagery. This class is designed as an introduction for students to the world of digital photography. All students will work on a small portfolio of ten photos. We will explore the techniques in photographing: action sequences, nature, portraits as well as conceptual photography. All students are asked to bring a digital camera (SLR preferred) as well as a thumb drive to class. All students will learn how light, contrast, composition, and shutter speeds work together to produce vibrant digital images. Improve your picture-taking skills and Photoshop editing techniques while creating a digital art masterpiece.

Softball

Join the coaching staff and members of the current Seattle Prep team for a fun and competitive softball camp. Campers will be grouped into teams and participate in showcase style workouts along with controlled and live game play. Designed for those with previous competitive softball experience. For questions, please contact Program Head Josh Magallanes at jmagallanes@seaprep.org.

A decorative header image showing a portion of a topographic map with contour lines, elevation numbers (12, 8, 216), and labels like 'park' and 'US Bureau of Fisheries'.

Volleyball

Join the Seattle Prep volleyball program for a week of fun and skill-building! Led by Head Coach Zoe Haywood, alumni players and current members of the program, this camp is for both beginners and advanced players. Participants will be grouped by age and skill level and receive outstanding instruction in both individual and team skills.

Skills Emphasized: Passing, setting, hitting, blocking, serving, individual defense, team defense, offensive systems & team competitions.

Writers Workshop: Creative Writing

Young authors will grow and practice their writing skills in this creative writing workshop. Students will use their life experiences, surroundings, and imaginations to inspire their writing. In this workshop, students will experience different types of creative writing, collaborate with their peers, write and receive feedback.