



**Belton Independent School District
School Health Advisory Council
November 3, 2025
Minutes**

The School Health Advisory Council met on Wednesday, November 3, 2025, at 12:00 p.m. at the administration building.

Members in Attendance:

Marylisa Fanning	Pete Ramirez	Jackie Snow
Tiffany Sommerfeld	Marissa Northrup	Allix Jackson
Cassandra Spearman	Lannette Wyrick	Wendy Taylor
Christopher Teager	Robert Rucker	Heidi Pike
		Sara Courson

Guests in Attendance:

Marissa Northrup

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- The meeting was called to order at 12:00 p.m. by Dr. Cassandra Spearman, Assistant Superintendent of Operations.
 - Dr. Spearman opened the floor for public comments. There were none.
 - The minutes from the August 27, 2025 meeting were reviewed. Motion to approve the minutes by Pete Ramirez. Second by Lannette Wyrick. All approved.
 - Dr. Spearman reviewed the wellness plan, which outlines goals and strategies for nutrition, physical activity, and other school based wellness activities designed to support both students and staff. A review of the changes to the plan from last year was also conducted. Next steps involve using the current wellness plan document as the central reference point for all future discussions and meetings. The evaluation of the wellness plan will be an ongoing process that accounts for both the specific items and objectives outlined within the plan itself.
 - Mrs. Sommerfeld discussed a proposal for a research backed, interactive vaping curriculum for high school students addressing the health, mental health, social pressures, and marketing of vaping. The curriculum has three sessions covering the real cost of vaping, mental health and social influences, and resisting peer pressure and marketing tactics. The next steps for the curriculum review involve a two pronged approach focusing on research and community input before the next meeting.
 - Dr Spearman went over Senate Bill 12 and other laws requiring parental consent for health and counseling services, opt-in for sex education, and prohibit instruction on sexual orientation and gender identity. The district requires parental consent for most services except life threatening situations and emergencies, and most families have opted in so far.
 - The meeting was adjourned by Dr. Spearman at 12:57 p.m
 - The next meeting is December 18, 2025.

Minutes derived from audio-recording submitted by: Mouneigh Pyatt, Executive Assistant