

Regulation

STUDENTS

7103.1

CONCUSSION MANAGEMENT PROTOCOL

- I. The Board of Education supports the following protocol that has been established in accordance to the National Federation of State High School Associations and the International Conference on Concussion in Sport, Prague 2004. In addition it has been fabricated in a collaborative effort with concussive experts within the Central New York area, the Slocum Dickson Sports Medicine staff and the Waterville Central School District's medical and administrative staff. As such, it is imperative to remember the safety of the student is the primary concern of the Waterville Central School District.

The information contained below is to be used as mere guidelines that are to be implemented in the time following a concussive event. This information is **not to be considered as all inclusive or all encompassing.**

- II. When a student shows **ANY** signs or symptoms of a concussion or is suspected to have sustained a brain injury after an evaluation by competent medical personal at the time of the incident:

1. The student **will not** be allowed to return to play in the current game or practice.
2. The student should not be left alone, and regular monitoring for deterioration is essential over the initial few hours following injury.

- III. Following the initial injury, the student **must** complete these steps:

1. Follow up with their primary care physician or Emergency Department within the first 24 hours (Doctor Visit One). The student **must have** the initial Physician Evaluation filled out completely, signed and dated when reporting to the School Concussion Management Team (CMT) Leader.
2. Follow up with their primary care physician when asymptomatic (or a concussion specialist if there is a history of previous concussion or if post concussion symptoms last more than seven days) to be cleared to begin the Return to Play Protocol (Doctor Visit Two). The student **must have** the second Physician Evaluation filled out completely, signed and dated when reporting to the School CMT Leader.
3. Return to play **must follow** a medically supervised process, including clearance by a physician (Doctor Visit Three) before step five, "Full contact training in practice setting." The student **must have** the Third Doctor Visit filled out completely, signed and dated when reporting to the School CMT Leader.

- IV. **Final clearance is at the discretion of the School Physician or Chief Medical Officer even if the student is cleared by another physician.**
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Waterville Central School District

Adopted: 09/11/12

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